

Connecting Dreams Foundation Aryabhatta Chapter

Society Outline

2017 - Present

Overview

Here at CDF Aryabhatta, we are a group of like-minded youths working together to provide for the underprivileged sections of the society with an opportunity to empower them by enhancing their entrepreneurial skills in economically, socially, and environmentally sustainable ways. That's where the moniker "Connecting Dreams" rings true as we help convert their dreams into a reality by connecting them with appropriate resources.

We aim to bring about sustainable change by working alongside the 17 Sustainable Development Goals given by the United Nations. Our college society has been a part of various ventures throughout the years, focusing on issues that affect different strata of our society. CDF Aryabhatta was started in 2018 by former student Chirag Sharma and so far we have had 45+ changemakers in our team. We have taken up 5 projects and won 7 awards. On average, we have collected 1300+ dreams (problem identification in different communities) and impacted 4000+ lives.

This report contains a brief information about all projects running under CDF Aryabhatta, along with the details on the initiatives undertaken and the events conducted.

Project Transformation

was started in 2018 and targets SDGs 1, 5, 8 and 10. It was initiated with the vision of empowerment, inclusion, and acceptance of the LGBTQIA+ community, it functions as a two-fold project focussing on employment and sensitization. Over the years, Project Transformation has had 45 members in total, since its inception.

Activities Undertaken

- 1. Twelve members of Trans-formation, CDF Aryabhatta set out on a field visit to Khirki Extension in Malviya Nagar, for project specific dream collection. They even went to Noida and Hauz Rani as well in 2018-19.
- 2. We met with different eminent and successful personalities from the community and designed a model that we called Transformation Talk. We Held 9 Transformation Talks with Miss. Reena Rai, Akkassh K Aggarwal, Bonita Rajpurohit, Nithu RS, and Naaz Joshi as the speakers and 7 members engaged in hosting and conducting the same. It was started in 2018 and went on till 2020.
- 3. 10 members of the team were involved in collaborating with Accenture and directly impacted 1000+ people and sought their assistance to help the members of the community for managing CVs as well as providing direct employment in 2019.
- 4. The team conducted skill building workshops for the members of the community to increase their chances to increase acceptance rates. 10 members were involved in this initiative held in 2020.
- 5. Team Trans-formation got a great opportunity on 22nd February, 2020 when they volunteered for RISE, one of Asia's biggest employment fair for the LGBTQIA+ community by the Pride Circle. 20 members of our team assisted them in the organisation in February 2020.
- 6. Launched our Spotify podcast focusing on the queer student experience. It also focused on bringing in perspective from the young queer community in India. 3 members of the team had hosted these podcasts till 2020.
- 7. On our Instagram page, we ran a queer art campaign, where we promoted upcoming LGBTQ+ artists and helped them give a platform where they could express themselves in a safe space and full of love in 2020. We got entries from more than 11 LGBTQIA+ artists and showcased them on our page. 8 members from the team helped in outreach and organisation.
- 8. We ended the campaign with a webinar on literature and queer literature and it's importance in leading the pride movement in India and across the globe. The speakers

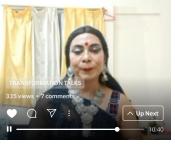
- were Rajorshi Das who's a research scholar in the Department of English at University of Iowa and Debolina Dey, Assistant Professor of Department of English at Ramjas College, Delhi University. 8 members were engaged in the hosting in October 2020.
- 9. We also collaborated with Deepardhanareshwar Foundation for fundraising opportunities for the community by organising an open mic. 10 members of the team helped in planning this event held in 2020.
- 10. Over a span of 6 months in 2021 the team has held 14 Sensitization Workshops all over the college as well as with collaborations with other colleges such as ARSD college, DU.10 members have actively participated in conducting these workshops along with interacting with the students, sensitising them on a deeper level.
- 11. 10 members engaged in Designing a Kilkari Teaching Module for Gender Neutral and Inclusive education and it was even presented to Manish Sisodia sir for inclusion of LGBTQIA+ sensitization in school curriculum by one of the members in 2021.
- 12. We have held Empathy Sessions for 30+ LGBTQIA+ members and allies alike in 2021, where the participants were provided a safe space so that they can talk about their own challenges and struggles prevalent in the society. 10 members started this initiative and were engaged.
- 13. We collaborated with NSS ARSD for a series of webinars to celebrate Pride Month 2021 that saw eminent personalities such as Ankit Bhuptani, Riju roy, Navya Singh and Reena Rai who spoke on a range of topics from LGBTQIA+ expression to entrepreneurship and brand management and rights of the community. 10 members from our team were involved in organising that involved outreach, hosting, and marketing.
- 14. The team also conducted 'Indian Queer History Month' Campaign and 'Become An Ally' Campaign on their social media pages. This initiative involved 8 members and was conducted in 2021.
- 15. The team launched an inclusive and safe peer space on Discord for LGBTQIA+ students of Aryabhatta College. It saw a number of students, both out and closeted, who engaged in various activities such as movie nights, game nights and jam sessions. 10 members helped in launching this space for the community in 2021.
- 16. The team collaborated with CDF India to organise a Cancer awareness workshop for Transgenders in Uttam Nagar. 6 members went down there and helped in covering the entire workshop in 2021.
- 17. The Project went under a Corporate engagement program by KPMG and worked on 2 sectors of the project, Advocacy and Entrepreneurial. The team helped individual transformation fellows setup platforms for their freelancing ventures and helped brands run by other fellows in marketing, outreach and logistics. 7 members along with 9 members of the KPMG team were actively engaged in this program held in 2021.
- 18. The team organised BONZA a fashion event under CDF India's Global Changemakers festival 2021 to promote Gender inclusive and sustainable fashion that saw over 50 people as audience and 10 participants.10 members helped conduct this event.

Transformation Talks









Queer Art Campaign





Webinar On Queer Literature and Representation

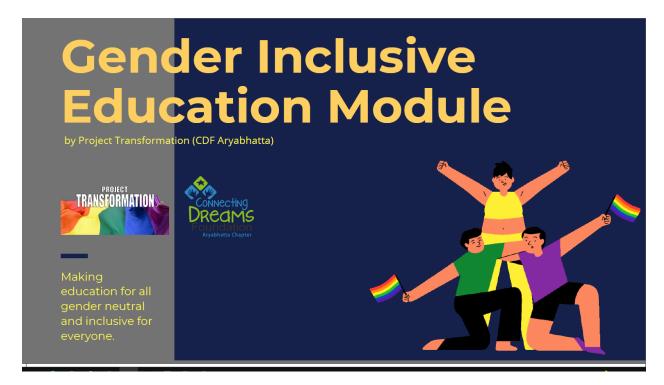


Indian Queer History and Become An Ally Campaign





Kilkari Module



Discord Server



Spotify Talks



Collaboration with NSS ARSD



Sensitisation Workshop



RISE-Job Fair



Dream Collection

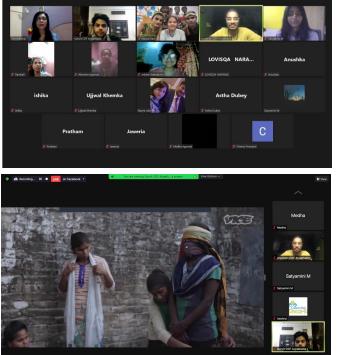




Cancer Awareness Workshop



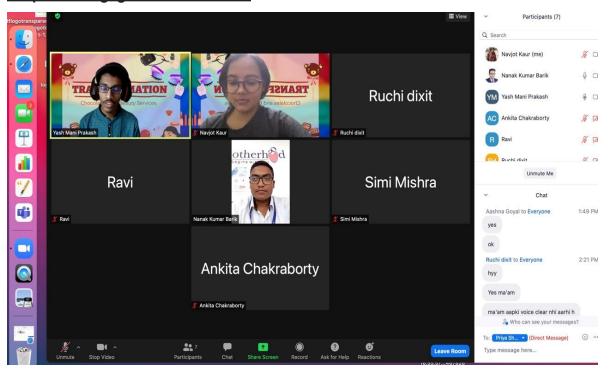
Bonza- Fashion Event





Corporate Engagement with KPMG

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Project Kaavish

was started in 2018 and targets SDGs 1, 5, 8, 12, 13 and 10. It is a determined effort to improve the living standards of unemployed women and their families and help them take steps towards financial independence. Over the years Project Kaavish has had 40 members in total, since its inception.

Activities Undertaken

- Field visits to Satya Niketan and Okhla Phase-II for idea of bag making and skill development initiative alongside dream collection. 12 members went on field visits in 2018.
- 2. Upliftment of underprivileged women and upliftment of the environment through the production of recycled paper bags which were then sold in the market. A total of 10 members worked for the same in 2018.
- 3. Denim donation drives were carried out to start making denim bags and 10 members were responsible to carry out the task in 2019.
- 4. The model of bag making was remodelled after critical analysis and production was shifted to make upscale trendy denim bags with higher profit margin. 10 members were engaged and 30+ people impacted in 2019.
- 5. Employed semi-skilled underprivileged women in mask making business during the heights of COVID-19 pandemic during 2020, remunerating them with the earnings from selling the masks online. 5 members worked for the project and 2 beneficiaries were engaged.
- 6. A Ketto fundraiser for funding the mask making business was started online in 2020. The fundraiser raised around 20,000 rupees and a total of 5 members were involved in the entire process.
- 7. Dream collection field visit to slums of Okhla Phase-II, for ideation of new projects and to distribute masks in slums. 10 members went for the visit in 2021.
- 8. Initially looked for learning centres/NGOs giving vocational training, eventually contacted and collaborated with Deepalaya Learning Centre in Okhla.10 members aided the task in 2021.
- 9. Field visit to the NGO along with the women, enrolment of women to their desired courses. 2 members were in charge of contacting the women and learning about their interests, this was held in 2021 May.

- 10. No physical vocational training at the learning centre due to lockdown. Ideation for immediate financial relief of women as well as stranded working class people was also carried out.
- 11. Food donation drive titled AAHAR, in collaboration with CDF society of Sri Venkateswara College and Pranyas Development Foundation, planning of online events for fund-raising, field visits to the slums to contact women and food donation sites. 37 members were engaged, 5 beneficiaries were involved and 1500+ people impacted during the campaign held in June 2021.

Food donation drive under Aahar







<u>Distributing masks to underprivileged people</u>



Field visit to slums of Okhla phase-2





Field visit for ideation



Paper Bag making



Denim bags made from old denims





Denim Donation Drive



Masks made under the initiative



Fundraiser for mask making



Fundraiser for AAHAR



Fun workshops, games, open mic, and two humanitarian causes. Your participation would not only be fun for you but also help people in need. Register for AAHAR fundraiser events (2-4 July) at the link in @cdfaryabhatta's bio!

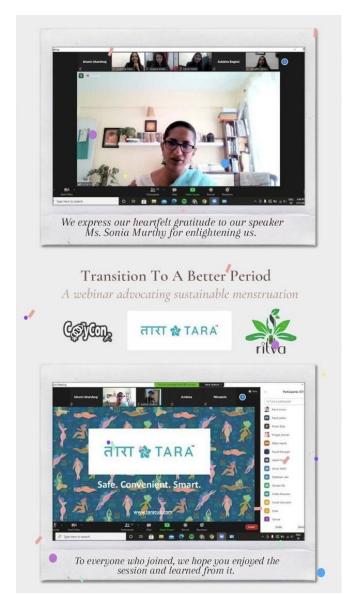
Project Coycon

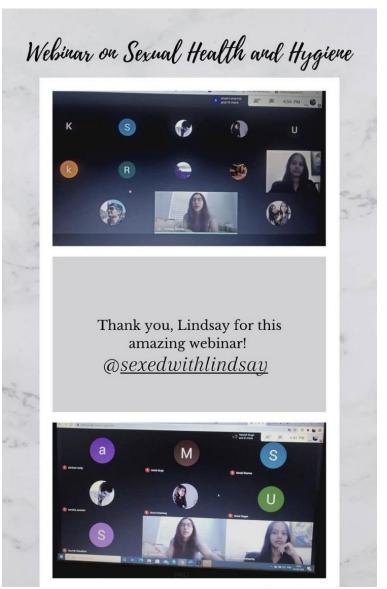
was started in 2020 and targets SDG 3, 4 and 5. It is aimed at comprehensive sex education and destigmatization of sexual health and pleasure, became functional in March 2020. The project was built on the model of communicating the need for sex education and creating awareness regarding various tabooed topics through interactive workshops with experts. Project Coycon has 15 members in total.

Activities Undertaken

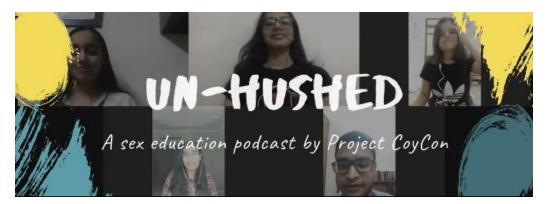
- Research and surveys done with Ms. Pankhuri Sehgal as mentor during the initial days
 of planning and executing the project CoyCon. Through these need assessment surveys
 we found that there was a need for sex education. Ten members participated in this
 initiative.
- 2. Webinars- Fifteen members participated in this initiative
 - 1. With Ms. Sonia Murthy, on the topic of means of sustainable menstruation in collaboration with various societies in different colleges under University of Delhi
 - 2. Four with Ms. Lindsey Michelle, on the topic of sexual health and hygiene.
- Podcast series- A podcast where the college going students have a discussion on topics related to Sex Education. It was started in January 2021 and a total of 15 members were a part of this. Some of the topics covered were: Menstruation, Masturbation, Body Positivity, and The Talk
- 4. Informative series: A series of social media posts spreading awareness on topics related to Sex Education. It was started in June 2020 and 15 members of the team were involved. The topics covered were:
 - 1. Human anatomy
 - 2. sexually transmitted diseases
 - 3. Contraception
 - 4. breast cancer
 - 5. menstruation. Other interactive series include quizzes and myth-busting series.
- 5. Campaign- Beauty Beyond Bias Body positivity campaign which included a series of informative social media posts, a quiz, a survey and a podcast. The aim was to foster self love, to improve mental health and to challenge social media beauty standards. 15 members participated in this initiative and it was held in February 2021.

Webinars on sex education topics





Podcast series



Beauty beyond bias campaign

Series of posts





Project Kilkari

was started in 2018 and targets SDGs 4 and 10. It served as an opportunity to provide education to the children from underprivileged backgrounds. The children's learning curve motivated us to be passionate teachers and even better students of life. Project Kilkari is a modular project by CDF India, our team consisted of 20 members in total.

Activities Undertaken

- 1. Taught the children of construction laborers working in the Aryabhatta College campus, but due to the lockdown had to discontinue the initiative. 10 members from the team joined in the initiative in 2018.
- 2. The project was resumed in 2021 and we got the opportunity to teach 40+ children aged 6-15 at an underprivileged colony near Kalkaji, New Delhi using the kilkari module. Ten of our team members were involved in teaching the children weekly.
- 3. Organized extracurricular activities like dance and art competition for them and also introduced festive themes which were incorporated in the weekly sessions itself in 2018 and 2021.
- 4. The team members followed the CDF India Kilkari teaching module to disseminate basic education in English, Hindi, Math, Environmental Studies, and Moral Values in 2018 as well as 2021.

Kilkari classroom



Classroom Visit





Holi celebrations



Generation C Magazine features

Riwaaz campaign





KPMG feature



BONZA session



President Feature

MY JOURNEY OF CHANGEMAKING

By Gayathri Vemuri, President, Aryabhatta Chapter, CDF





The Dream Collection helped me better understand the concept of SDGs and I volunteered for the research workshop conducted by CDF India where I got an in-depth knowledge of the same.

I was always a student who was very focused on academics and never joined any extracurricular clubs so that I don't waste any time on "things that don't matter". else furn you have promise of a free juice box and biscuits along with the character is sit in an air-conditioned room in college ultimately led me to become the President of CDF Aryabahts.

Starting out as a member of Project Transformation, I was always in awe of the change that my seniors were bringing about as college students, that too concerning such a sensitive issue. Their commitment to the cause had always pushed me to do my best, and I'm eternally grateful to them for giving me challenging tasks, even though I was a newcomer with very few skills relevant to the field.

The first time I interacted with the trans-community is a memory that is etched into my brain. Though I was not trans-phobic, I was very hesitant, thanks to certain preconceived notions. The interaction only reinforced the reality - they are human like us and have needs akin to ours. These needs weren't met due to the discrimination they faced. This was the first time that our project's purpose really hit me. Since then, there was no looking back. I worked on several aspects of Transformation - sponsorthps, tech and content.

The Dream Collection helped me better understand the concept of SDGs and I volunteered for the research workshop conducted by CDF India where I got an in-depth knowledge of the same. This was my first proper interaction with CDF India and I couldn't have asked for a better platform to not only understand SDGs and challenges faced by people in semi-urban spaces but also explore my passion for data analytics.

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Blast from the Past- Alumni

BLAST FROM THE PAST: ALUMNI FOCUS

Interviewed by Vasu Gupta; Article by Shrianshi





Mincy Lakhmani on her journey with CDF

Alumna, Connecting Dreams Foundation Aryabhatta Chapter

Mincy, a member of CDF. Aryabhata Alumna, joined us for an interview, sharing her valuable experiences and learnings at CDF. She is now the Founder at her valuable experiences and learnings at CDF. She is now the Founder at Ayodhya. Her key social-interest areas are related to woman, childrein and animals. She was associated with CDF for 2 years during her graduation. On being asked about her first impression of CDF, she replied that she believed it was related to a few social work projects but CDF turned out to be a whole-some institution of change-making, which she realized after joining it. She stated that it was Project Kilkari by CDF that caught her attention. She also describes her journey in CDF to be very transformative for her as it instilled the time management skill in her, she experienced huge responsibility as well as enjoyed the process of creating the impact. She worked for Project Transformation which provided her personal growth and a better perspective. She also talked about challenges that she faced i.e., interacting and building a rapport with the community, rigorous research and convincing people to trust the team and process, etc. Mincy shares that while working at CDF, she learnt the skills of project planning along with analysing and executing it. She learnt the skills of project planning goals, creating vision and pre-planning. She still uses those skills in her surrent routine which helps her to work on her daily tasks, and CDF, she was inspired to embrace heavel and learn about expressing ideas, a key aspect to deal with the members of the team. On being asked how did her team helped her to grow. Mincy stated that her team was very supportive and were very helpful in every task and helped her in many ways including time management.

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Expert Speaks

EXPERT SPEAKS IN CONVERSATION WITH ANKIT BHUPTANI



Ankit Bhuptani is a LGBTQI+ Rights
Activist, D&I leader and Founder at Queer
Hindu Alliance.
In an interview with CDF, Ankit shared the

Extract from the Interview

Interviewer: We're here today to talk about queer representation, how is the queer community talked about, how is it represented in the media, and what it means to be queer in India? And is it any different than being, let's say, a white queer male in the United States?

Ankit: So, there are no templates to queer representation and nobody decides what queer representation should be because queerness is as diverse as it can get. We have a cis-gender male person, like me, who is queer. We can have a non-binary female or male or a fluid person; all these people are also beautiful parts of queerness. We can have an effeminate gay man and a masculine lesbian women who can also be queer. Having said that, a typical representation of queerness in media is shown as a gay man who is effeminate and is used as a tool of comedy, again and again, by storytelling platforms such as movies and TV shows. At times even written platforms like novels and short stories and So on and so forth create a particular narrative of what it means to be queer.

When you don't have any real-life examples to counter that narrative around you, many individuals may pursue that as the absolute truth and think that this is what it means to be queer, which is incorrect information. So, the way an effeminate gay man can be a part of the queer community, the same way cispender and masculine gay men are also part of the community, it is as diverse as it can get, and nobody can decide what it means to be queer and what it means to represent queerness.

Interviewer: So, like you said, being queer is very diverse and the commultaelf is very diverse, but sometimes, like let's say, in, in the media and books, of fictional narratives, queer representation gets limited. Do you think there as a around it, or do you think there's a way to counter those stereotypes in a way?

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Project Coycon

PROJECT COYCON: NORMALIZING



Today, more than ever, sex education stands to be the need of the hour. With the growing number of sexual crimes, teenage pregnancies, overpopulation, STDs, body image issues, LGBTGIA+ issues among other socially stigmatized issues, sex education proves to be the one-stop solution to remedying all these problems in many parts of the world, sex education programs and school curricula have proven to be effective in reducing sexual crimes and creating awareness in adolescents transitioning to adulthood.

The team kickstarted Project Coycon in the first week of March 2020, with a survey collecting attudes of college students about sex education and whether they deemed it necessary. To their surprise, 99 out of 100 responses to the survey considered sex education extremely important. That was all the push the team needed to embark on this journey.

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Changemaker Lab in Focus







<u>Our Vice- President 2021-22 (Aryaman) was one of the Panellist at CDF India's Global</u> <u>Changemakers festival in a Panel discussion</u>



<u>Our President and Project Head of Transformation as a panellist at CDF India's Dream</u> <u>Awards, 2020-21</u>



<u>Presented Project Transformation at an International platform with MasterPeace Kosovo in</u> 2020



Other Initiatives

1. RIWAAZ - Diwali Campaign 2021

As a part of the diwali campaign we conducted a Cloth Donation drive and Stationery distribution for 60 underprivileged kids and then went to Lakshayam Ngo to spend the day with the children and celebrate the festival with them by playing games and organising drawing competitions. We also conducted an Online Campaign for spreading awareness on how to celebrate sustainable diwali in 2021. We also conducted a survey at Lodhi Garden on issues like Local products, Sustainable fashion and Green Crackers to inform the sample population about these topics. A total of twelve team members were overall involved in the whole campaign.

2. Global Changemakers festival 2021

CDF Aryabhatta team participated by organising a Fashion Styling Event by the name of BONZA. We were awarded the **Most Impactful Session Award.** The event included Documentary Screening on need for Sex Education in India and the judges for the event were eminent people from the Trans Community in India. Ten team members were part of the organising team for the event along with support from CDF India Team and Four eminent judges were invited, they were Ms. Simi Mishra, Ms. Ramkali, Ms. Piya Kapoor and Mr. Akassh K. Agarwal.

3. Dream Collection 2017-21

As per the CDF India guidelines, the changemaking process involves three steps first of which is Dream Collection which basically refers to the problem identification in different communities. This procedure is carried out by team members visiting different areas and conducting surveys to understand the communities better. It is carried out at the starting of every tenure and at various locations. The data collected is then used to formulate project ideas. Some of the locations we have covered are RK Puram, Vasant Kunj, Malviya Nagar and Satya Niketan. The whole team is a part of this activity.

Global Changemakers Festival 2020-21





RIWAAZ- Diwali Campaign





Dream Collection





Achievements

1. 1st Runner Up, Dream Team of the Year, 2019-20



2. <u>1st Runner Up, Dream Campaign for Social Awareness, Project CoyCon,2019-20</u>



3. Best Dream Team Award, 2nd Runner Up, 2018





4. Best Dream Project Award, 1st Runner Up, Project Transformation, 2018-19



5. Best Dream Ambassador Award, Mehak Khanna, 2018-19



6. Special Recognition Award for exemplary performance, Chirag Sharma, 2018-19



7. <u>Presented Project Transformation at an International platform with</u>
MasterPeace Kosovo in 2020



8. Most Impactful Session Award, Global Changemakers Festival 2021

