

### Criteria 5.3.3

#### **Reports of Cultural and Sports Activities Students have Participated in the last 5 years organized by the institution.**

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## Aryabhata College Annual Day Functions

### 7<sup>th</sup> Annual Day 2021 and Prize Distribution Function

The Governing Body, Principal, Staff & Students of Aryabhata College (University of Delhi) organized the 7th Annual Day and Prize Distribution function (2020-2021) on Tuesday, 28th September 2021 at 03:50 pm.

Prof. P.C. Joshi, Hon'ble Vice-Chancellor, University of Delhi, was the chief guest. Prof. Balaram Pani, Dean of Colleges, and Dr. Vikas Gupta, Registrar, University of Delhi, were the Guests of Honour of the event, presided by Mr. Vikram Bhatnagar, Chairman, Governing Body, Mr. Devki Nandan, Convenor, and Prof. Manoj Sinha, Principal.

The Governing Body, Principal, Staff & Students of  
**Aryabhata College**  
(University of Delhi)  
cordially invite you to the  
**7<sup>th</sup> Annual Day & Prize Distribution Function**  
(2020 - 2021)  
on  
**Tuesday, 28 September 2021**  
**03:50 p.m.**

**Chief Guest**  
Prof. P. C. Joshi  
Hon'ble Vice-Chancellor, University of Delhi

**Guest of Honour**  
Prof. Balaram Pani  
Dean of Colleges  
University of Delhi

**Guest of Honour**  
Dr. Vikas Gupta  
Registrar  
University of Delhi

**Presided by**  
Mr. Vikram Bhatnagar  
Chairman, Governing Body

**Mr. Devki Nandan**  
Convenor

**Prof. Manoj Sinha**  
Principal

Stream Link: <http://stream.meet.google.com/stream/af46353c-641e-4ae1-8039-ceacb72de48d>

**7<sup>th</sup> Annual Day & Prize Distribution Function**

**Aryabhata College**  
**Tuesday, 28 September 2021**  
**03:50 p.m.**

**PROGRAMME SCHEDULE**

03:50 p.m. Log in  
04:00 p.m. Lamp Lighting  
04:02 p.m. Saraswati Vandana  
04:05 p.m. Felicitation of Guests  
04:10 p.m. Release of Magazines  
04:15 p.m. Presentation of Annual Report by the Principal  
04:30 p.m. Announcement of Academic Awards  
04:40 p.m. Speech by Chief Guest  
04:50 p.m. Announcement of Extra-Curricular Awards  
05:00 p.m. Address by Dean of Colleges  
05:10 p.m. Address by Registrar  
05:20 p.m. Address by Chairman, Governing Body  
05:30 p.m. Vote of Thanks  
05:32 p.m. National Anthem

R.S.V.P.  
ARYABHATA COLLEGE, Benito Juarez Road, New Delhi - 110021  
Phone: 011-24110490, 011-24117284  
Email: [admin@aryabhatacollege.ac.in](mailto:admin@aryabhatacollege.ac.in)  
Website: [aryabhatacollege.ac.in](http://aryabhatacollege.ac.in)

The event commenced at 4:00 p.m. with the Lamp Lighting, followed by Saraswati Vandana and the Felicitation of guests. The releases of magazines by Departments and Societies was one of the highlights of the event. This was followed by the main event of the program – “Presentation of the annual report and the announcement of academic awards” by the principal, Prof. Manoj Sinha and Ms. Nidhi Sharma respectively.

Academic Awards					
B.A. (H) POLITICAL SCIENCE			B.A. (H) PSYCHOLOGY		
NAME	YEAR	CGPA	NAME	YEAR	CGPA
TENZING CHOGEN JHUTHA	I	8.34	SAMA BARSHAR	I	9.05
SUPRIYA YADAV	II	8.07	RUGHANI JEET SITUNIRAJ	II	8.71
AKSHAT MISHRA	III	7.38	MUSKAN GUPTA	III	9.00
AKSHAT MISHRA	III (OVERALL)	7.56	MUSKAN DATTA	III (OVERALL)	8.47

The prize distribution program was followed by an address from the Chief Guest, Prof. P.C. Joshi, VC, Delhi University.




The address by VC, Delhi University, was followed by the felicitation of extracurricular awards. The extracurricular awards announcements were followed by an intriguing address by Prof. Balaram Pani, Dean of Colleges. He motivated and Appreciated everyone.



This was followed by address given by the Dean of Colleges Dr. Vikas Gupta, Registrar, University of Delhi and Mr Vikram Bhatnagar, Chairman, Governing Body. Eventually, the event culminated with a special Vote of Thanks and the National Anthem.

### 6<sup>th</sup> Annual Day 2020 and Prize Distribution Function

 <p>The Governing Body, Principal, Staff &amp; Students of <b>Aryabhata College</b> (University of Delhi)</p> <p>cordially invite you to the</p> <p><b>6<sup>th</sup> Annual Day &amp; Prize Distribution Function</b> (2019-2020) (Virtual Mode)</p> <p>on <b>Sunday, 09 August 2020</b> <b>1:50 p.m.</b></p> <p><b>Chief Guest</b> Prof. R.B. Solanki Vice-Chancellor, CBLU, Jind, Haryana</p> <p><b>Presided by</b> Mr. Prakash Nanda Chairman, Governing Body</p> <p><b>Mr. Devki Nandan</b> Convenor</p> <p><b>Dr. Manoj Sinha</b> Principal</p> <p>Live Streaming Links: <a href="https://facebook.com/aryabhatacollegeofficial/live/">facebook.com/aryabhatacollegeofficial/live/</a> <a href="https://youtube.com/watch?v=gjsE6roXDeg">youtube.com/watch?v=gjsE6roXDeg</a></p>	<p><b>6<sup>th</sup> Annual Day &amp; Prize Distribution Function</b></p> <p><b>Aryabhata College</b> <b>Sunday, 09 August 2020</b> <b>1:50 p.m.</b> (Virtual Mode)</p> <p><b>PROGRAMME SCHEDULE</b></p> <table border="0"> <tr> <td>01:50 p.m.</td> <td>Log in</td> </tr> <tr> <td>02:00 p.m.</td> <td>Lamp Lighting</td> </tr> <tr> <td>02:02 p.m.</td> <td>Saraswati Vandana</td> </tr> <tr> <td>02:05 p.m.</td> <td>Felicitation of Guests</td> </tr> <tr> <td>02:10 p.m.</td> <td>Release of Newsletter &amp; Srijan Magazine</td> </tr> <tr> <td>02:15 p.m.</td> <td>Presentation of Annual Report by the Principal</td> </tr> <tr> <td>02:30 p.m.</td> <td>Announcement of Academic Awards</td> </tr> <tr> <td>02:40 p.m.</td> <td>Speech by Chief Guest</td> </tr> <tr> <td>02:50 p.m.</td> <td>Announcement of Extra-Curricular Awards</td> </tr> <tr> <td>03:00 p.m.</td> <td>Address by Chairman, Governing Body</td> </tr> <tr> <td>03:10 p.m.</td> <td>Vote of Thanks</td> </tr> <tr> <td>03:12 p.m.</td> <td>National Anthem</td> </tr> </table> <p><b>R.S.V.P.</b> ARYABHATTA COLLEGE, Benito Juarez Road, New Delhi - 110021 Phone: 011-24110490, 011-24117284 Email: <a href="mailto:admin@aryabhatacollege.ac.in">admin@aryabhatacollege.ac.in</a> Website: <a href="http://aryabhatacollege.ac.in">aryabhatacollege.ac.in</a></p>	01:50 p.m.	Log in	02:00 p.m.	Lamp Lighting	02:02 p.m.	Saraswati Vandana	02:05 p.m.	Felicitation of Guests	02:10 p.m.	Release of Newsletter & Srijan Magazine	02:15 p.m.	Presentation of Annual Report by the Principal	02:30 p.m.	Announcement of Academic Awards	02:40 p.m.	Speech by Chief Guest	02:50 p.m.	Announcement of Extra-Curricular Awards	03:00 p.m.	Address by Chairman, Governing Body	03:10 p.m.	Vote of Thanks	03:12 p.m.	National Anthem
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## 5<sup>th</sup> Annual Day 2019 and Prize Distribution Function



The Governing Body, Principal, Staff & Students of  
**Aryabhatta College**  
(University of Delhi)

Cordially Invite You to the

### 5<sup>th</sup> Annual Day & Prize Distribution Function

On Tuesday, 16<sup>th</sup> April, 2019 at 4:00 P.M.

in the Amphitheatre, R.L.A. College

#### Chief Guest

**Dr. Sachchidanand Joshi**

Member Secretary, INGCA

**Shri Shantmanu**

Development Commissioner (Textiles), Ministry of Textiles

will preside over the function

Dr. Narender Kumar  
Convener

Dr. Manoj Sinha  
Principal

R.S.V.P.  
ARYABHATTA COLLEGE, Benito Juarez Road, New Delhi-110021  
Phone: 011-24110490, Telefax: 011-24117284  
Email: [admin@aryabhatacollege.ac.in](mailto:admin@aryabhatacollege.ac.in)  
Website: [www.aryabhatacollege.ac.in](http://www.aryabhatacollege.ac.in)

NOTE: ENTRY FROM RAM LAL ANAND COLLEGE GATE

### Programme

*Lighting of Lamp*

*Saraswati Vandana*

*Felicitation of Guests*

*Annual Report by Principal*

*Address by Chief Guest*

*Address by Presiding Officer*

*Prize Distribution*

*Vote of Thanks*

*National Anthem*

*High Tea*

### 3<sup>rd</sup> Annual Day 2017 and Prize Distribution Function



### Department of Business Economics

### Reports of Academic Year 2020-2021

#### ● ROISTER'21: REJUVENATING MENTAL HEALTH

#### “Pull Up Your Socks Masks”

**Date of the event:** 18th-21<sup>st</sup> February 2021

Roister is an annual inter college team building sports event organized by the Department of Business Economics, Aryabhatta College, University of Delhi. All the ten colleges under University of Delhi which offer BA (Hons.) Business Economics as a course participate in this four-day long fun filled extravaganza.



This year, our focus was more towards mental health than physical. After an uneventful year which induced lethargy and anxiety, Roister'21 was a breath of fresh air. It successfully fulfilled our aim of bringing students out of the shell while maintaining all the safety norms. Like every year, all the participants were enthusiastic and more than ready to participate in different sports and team building games. Although, there were many challenges due to the ongoing pandemic but the event was smoothly conducted keeping in mind the safety precautions. The entry of participants in the college premises was strictly regulated with proper social distancing and minimum physical contact even while playing. It was definitely a new experience and the diligent and consistent work rendered by the students of Department of Business Economics of Aryabhata College made this event a success. The students of the other colleges who attended this event expressed their satisfaction and gratitude at the conclusion of this event for the warm hospitality offered by the organising team. More than just a successful event, the overall winner's trophy was also bagged by Aryabhata College.





## Department of Business Economics

### Reports of Academic Year 2019-2020

#### ● **Roister2020- Play for the Purpose**

‘Roister 2020’, an annual sports and team building event, was hosted by the Department of Business Economics, Aryabhata College, from 16th-19th January 2020 at the college campus. The tagline ‘Play for a Purpose’ was cautiously picked up to spread the awareness about ongoing environmental issues and the importance of sustainable living practices. Mr Ajay Mehra (Commentator and Former Indian Cricketer) and Mr Prem Kumar Singh (Mountaineer) graced the opening ceremony. The 4-day long inter college event, was organised to build strong bonds, strengthen sportsmanship and instill unity amongst all the students pursuing B.A. Honours Business Economics from 10 different colleges of University of Delhi, by the means of sports. Over 1000 Business Economics students represented these 10 colleges with large contingents to participate in ‘Roister2020- Play for the Purpose’. The event consisted of several core sports events like ‘Athletics’, ‘Football’, ‘Volleyball’, ‘Basketball’, ‘Badminton’, ‘Chess’, ‘Carrom’, ‘Cricket’, ‘Table- Tennis’, etc. apart from various mini events planned ardently over the course of these four days. On 16th and 17th January 2020, ‘filler games’ consisting of ‘PUBG’ tournament, ‘IPL’ Mock Stock, Treasure Hunt and FIFA tournament were organised, and for remaining two days i.e. on 18th and 19th several Team-Building Events were scheduled.



- **Industrial Visit to Parle Factory, Bahadurgarh**

The Department of Business Economics, Aryabhatta College organized an industrial visit to Parle Agrovet Factory in Bahadurgarh, Haryana on 13th February 2020. Five teachers and twenty-seven students were part of this visit.

The students assembled at the factory at 10:30 in the morning. The visit commenced with a short film about the history of Parle, its products, and how the company evolved. After the film, the students were ushered inside the factory. The first manufacturing line shown was of Monaco Biscuits and Krackjack Biscuits, where the biscuits were being cooled and packed. Second, the students watched the packing of Parle Chips and its variants. In total, five Parle products were being manufactured in the Bahadurgarh plant. It was a new and interesting insight for the students.

Ms. Hanisha Dalal, senior management executive, held an interactive session with the students. All students participated in the discussion. Questions regarding Parle's product positioning competitive strategy were raised. She gave a detailed insight into how Parle made its market, expanded its manufacturing and product portfolio to stay in tune with the market. With shift to biodegradable packaging, questions on Parle's future strategies were also asked. At the conclusion of the visit, students were handed out Parle candies and chips.



- **Nag Tibba Trek 2020**



This expedition organized by the Adventure society of college was a winter snow trek to Nagtibba near Mussourie followed by a day-long adventure activities camp. The 60 participants successfully completed the expedition from 26 February to 1 March 2020. Two teachers, Shri. Harish Dhawan and Ms. Gayatri Yadav, escorted both the groups.



### Department of Business Economics

### Reports of Academic Year 2018-2019

#### **ROISTER'19- The Annual Sports and Team Building Event by Business Economics Department**

The Department of Business Economics ,Aryabhatta college organized its annual sports and team building event '**Roister-19 : UnleashTheGame**' from 24<sup>th</sup> January 2019 to 27<sup>th</sup>January 2019. Prof. Vijay Kaul, Head of Business Economics Department of Delhi University was the Chief guest for the event. The four day event included more than ten games, various team building events and filler events which focused on augmenting team spirit and coordination amongst students.

Despite heavy rains on the first day of the event and the deteriorated ground conditions, the entire department came forward to revamp the whole event and displayed immense sportsmanship and coordination. Teams from all the BBE colleges participated with full enthusiasm and sportsman spirit. All the teams gave neck to neck competition to other teams. The overall winner for this

year was Gargi College. Boys trophy and girls trophy was bagged by Shivaji College and Gargi College respectively.

ROISTER '19 was an extremely successful event and we received immense appreciation from all college teams. We are very grateful for all the support and encouragement the department and college gave us.

### **Non-Competitive Adventure Sport: Trek to Gidara Bugyal**

Aryabhata is one of the few colleges in University of Delhi that has done trekking and the only college that has done so uninterruptedly for the last 25 years. The ADVENTURE SOCIETY organized this Himalayan expedition in Bhatwari district of Uttarakhand where 25 participants including two 2 teachers (Mr. Harish Dhawan and Ms. Gayatri Yadav) trekked 6 days from Barsu village to the hot springs at Gangnani crossing over the Gidara bugyal (high altitude meadow).



## Department of Business Economics

### Reports of Academic Year 2017-2018

- **ROISTER TEAM BUILDING EVENT**

**(18/1/2018-21/1/2018)**

Roister 2018, Aryabhata College lived upto the hype and saw full strength participation from all BBE colleges. The four day event turned out to be an enriching experience for the participating students and organizers who learned the spirit of team effort and hard work. Gargi College clinched the overall winners trophy.



## First TEDx Session at Aryabhata College a great Success

TEDxAryabhataCollege successfully held the first edition of its TEDx event on 15th February 2018 at Akshara Theatre. With the aim “ideas worth spreading”, TEDxAryabhataCollege is a local, independently organized event that strives to re-create the unique experience found at TED where the world’s leading thinkers and doers come together to share expertise. The conference was centred on the theme, “Rediscovering Zero” which aimed to provide a platform where the smartest thinkers, greatest visionaries, and most fascinating entrepreneurs will be inspired and will have the opportunity to inspire others.

TEDxAryabhataCollege boasted incredible speakers and performers, and it attracted large crowds from various colleges and universities.

The various speakers were:

1. Mr. KV Gautam- a political cartoonist, bestselling author and motivational speaker
2. Mr. Mahesh Mhatre- Deputy Managing Editor at News18 Lokmat TV and a global media figure
3. Mr. Sajjan Abrol- Founder at Clothes Box foundation, that aims to put discarded clothes to use.
4. Mrs. Anju Dhawan- Founder of Sashakt, an NGO that aims towards education and empowerment of specially-abled children.
5. Dr. AmanBathla- Fastest Pianist in the world, and breaker of countless world records.
6. Mr. Anil Aggarwal- Entrepreneur whose doesn’t let old books go to waste.
  
7. Mr. Sohail Hashmi- Historian, Academician and Film Maker and conducts popular Heritage Walks in Delhi.
8. Mr. Jamal Siddiqui- A transman, blogger & vlogger who is a strong supporter of queer feminism.

To entertain the crowds, there were extraordinary performances from Rangmanch: The Dramatics Society, The North East Students Society, and Winner of the Great Indian Laughter Challenge, Mr. Abhishek Walia.





Due to the overwhelming response from the public and participants, the event was satisfactorily successful.

## TREK

The Adventure Society of Aryabhatta college had yet another successful year and conducted two trek expeditions, introducing the students to the serenity of nature and the spirit of team work. The

first expedition involved a trek to Darwa Pass via Dayara meadow and Dodital Lake in Bhatwari-Uttarkashi district in Uttarakhand. The trek was organised between the dates of 27 September, 2017 to 5 October, 2017 and a participation of 48 students was seen for the same.



The second expedition took place from 16 March, 2018 to 21 March 2018. A group of 74 students went for this expedition. The expedition involved a trek to Tungath- Chandrashila via Chopta and Ukhimat in the Rudraprayag district of Uttarakhand. The two expeditions were successful and highly appreciated by the participants.

### **Heritage walk**

The Business Economics department in association with The Adventure Society organized a Heritage Walk in the majestic streets of Old Delhi on 6 March, 2018. The walk was led by renowned historian Mr. Sohail Hashmi who led the group towards the treasure hidden within the architectural marvels in the area.





## **Department of Business Economics**

### **Reports of Academic Year 2016-2017**

#### **Roister 2.0: The Game Reloaded**

“It’s intimidating to hear chants of another team on your home ground,” said a player of the Aryabhata College’s Football Team walking off the pitch after a nail-biting defeat in the penalty

shootout to Shivaji College's Football Team in "Roister 2.0: The Game Reloaded." Such was the participation from colleges like Gargi College, SGTB Khalsa College and Shivaji College in the Team Building Exercise organized by Aryabhata College's Business Economics Students. Roister was introduced in the year 2009 as a Team Building Initiative by the students of then Ram Lal Anand Evening College inviting Business Economics students from all the colleges. It was unfortunately stopped after 2 editions. This year, it made a comeback. Over 150 students pursuing Business Economics in Aryabhata College took the initiative of bringing back the Annual Team Building Exercise featuring 13 events namely Athletics, Carrom, Chess, Cricket, Dodgeball, Football, Futsal, Kabbadi, Kho-Kho, Table Tennis, Tug of War, Volleyball and the most interesting; Team Building Events from the 12th to 15th of January, 2017. The organizers ensured the absence of bias by declaring the event brackets a month prior to the commencement of Roister along with a prospectus specifying the basic rules for all the events. Necessary events were recorded in slow-motion to check for fouls and violations during the matches, using slow-motion recording came handy as almost all track events were extremely close. The participating colleges marched into the sports field through the front gate of the college carrying their team flags to kick-off the event and left the college post-sunset on the 15th of January after a very social high tea. The Chief Guest of the closing ceremony was Professor V.K. Chaudhary (Head of Department of Biochemistry, University of Delhi) who has played a huge role in the formation of Aryabhata College and it's maintenance appreciated Roister's revival said he was "proud to see Roister 2.0 happening in Aryabhata College" and committed himself to help make Roister bigger in its forthcoming editions.







Aryabhatta College was denied the Men's Championship at the last minute by as she lost the finals of Men's Football which was also the closing game of this year's edition. However, Aryabhatta College's women's team helped the college fetch both the Women's and Overall Championship. Gargi College placed second in Women's Championship after placing in the Top 3 in nearly all events. Shivaji College's Team featured National Level Players in Chess and Women's Table Tennis events, the college sent off Aryabhatta College's cricket team on a boat taking four wickets in the first over of the semi-final and subsequently defeated SGTB Khalsa College's Cricket Team in an intense final to become the Men's Champions. SGTB Khalsa College's highlight was Harsh Awasthi's knock against Bhim Rao Ambedkar College in which he scored 94\* to take his team to a total of 160 runs. SGTB was also in a hard-fought battle in the Men's Volleyball Final in which Aryabhatta College emerged as the winner. Their Men's Table Tennis players Chaitanya and Anmol too put up a commendable performance against Shivaji College in the final. Gargi College's Sanchita managed the farthest put in the Shotput event (including men) at 8.3 metres. The College of Vocational Studies, Sri Guru Gobind Singh College of Commerce and Maharaja Agrasen College also showed up in big numbers to participate in the 13 events organized by the college exclusively for Business Economics

Undergraduates, students from all across the University of Delhi took part in additional Team Building Events such as the Gaming Event which featured games such as Call of Duty: Black Ops, Tekken and EA Sports FIFA in which Vipul Mehto and Bawa Singh of Motilal Nehru College emerged as winners. Pratibha Yadav of Aryabhatta College fetched most gold medals in the women's games majorly in Track Events facilitating her team's victory in the Women's Segment despite the resounding presence of the Gargi College Team. Akash Sharma and Raghav Budhreja of Aryabhatta College had the highest gold medal count with 5 gold medals each in the men's tally.

Despite the grit and determination showed by all athletes who participated in Roister 2.0, the Business Economics family came together on occasions like the Lohri night to celebrate the passing of the winter solstice. Roister 2.0 will return soon, bigger, better and more organized. We hope to increase the size of positive feedback from our participants and we will certainly have more team building experiences for all students of the University of Delhi irrespective of the course they pursue.

### **Trekking Expedition to Nagtibba**

The Business Economics department organized a trekking expedition to Nagtibba, Uttarakhand, the highest point of the lower Himalayas, from 24<sup>th</sup> Feb 2017 to 27<sup>th</sup> Feb 2017 wherein 63 students were accompanied by six teachers. The expedition was a learning experience where the students learnt to practice true concepts of management viz. how to lead, organize, and develop a team spirit. All participants enjoyed life away from the humdrum of the city. To enhance this learning experience, a lot of activities were organized around the concept of appreciating and respecting

nature. These included bird watching, waking early to watch the sun rise, staying late to watch the cosmos, learning to walk and run on inclines, and to wade and slip through snow. These four days close to nature wiped out the stress and anxiety of daily lives which helped to rejuvenate and instill a breath of fresh life.



## **Department of Computer Science**

### **Reports of Academic Year 2020-21**

#### **Abstract**

TechPioneers organized its Annual Technical Fest, CELESTECH'21 in online mode on 3rd March, 2021 which had various technical as well as fun-filled events.

CELESTECH'21 received an overwhelming response in all its events and was a magnificent success.

#### **CELESTECH'21**

(3<sup>rd</sup> March, 2021)

TechPioneers, the Computer Science Society of Aryabhata College, University of Delhi successfully organized their Annual Technical Fest CELESTECH'21 on 3<sup>rd</sup> March 2021 in online mode which had multiple technical and fun-filled events.

Celestech'21 received an overwhelming response in all its events and was a magnificent success. Various students from colleges across Delhi and NCR showed enthusiasm in our events.

#### **OBJECTIVE:**

The fest was organized with the objective of:

- To provide a competitive platform for students to showcase their talent in a variety of areas.
- To develop various skills for students in Co-Curricular activities, as well as exposure to current developments in technical and professional fields.

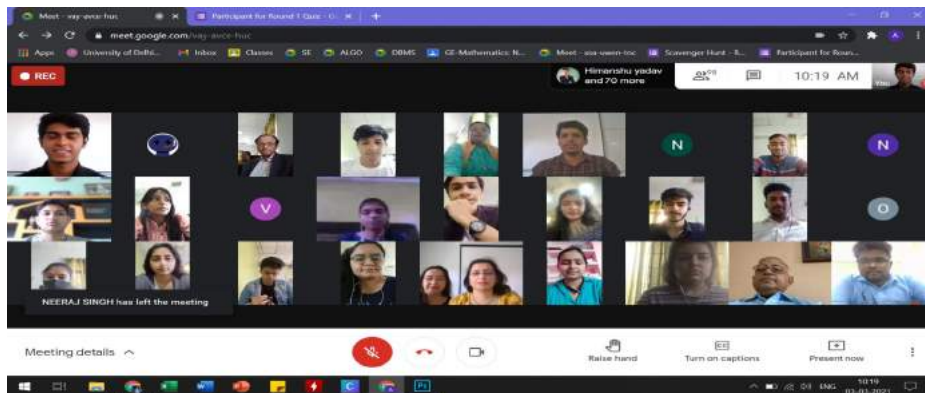
#### **EVENTS:**

Several innovative events were planned in online mode. The well-organized events were:

- Inquizitive: "Lifting up your neurons with the technical quiz"
- Codathon: "Being the problem solver"
- Internet Scavenger Hunt: "Embrace the unknown, because it's there you will find your treasure"

#### **INAUGURATION**

The fest began with the inauguration ceremony followed by a motivational speech by Prof. Manoj Sinha, The Principal, where he talked about the importance of computer science and its growth in recent times.



## EVENTS: INQUIZITIVE

Inquisitive is a technical quiz which tests the knowledge to find the most logical answer. It included questions based on the world of technology- current affairs, tech innovations, visuals etc. After the prelims round 6 teams qualified for further rounds.

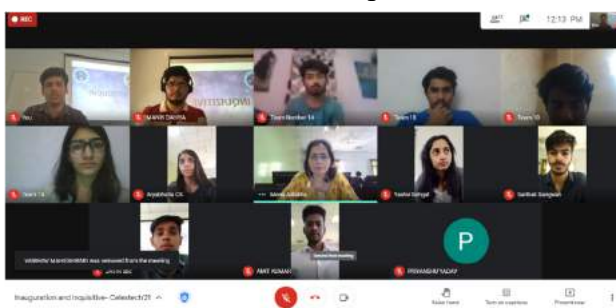
Inquisitive saw a large number of participants. 18 teams with 23 participants participated in this activity. There were rounds including the Prelims Round and Final round (visual and pounce). Prelims Round: There were 15 questions. Questions were provided to them through google form. 8.89 out of 15 was declared as average for each team to qualify for the next round and the result came out with 6 teams qualified for the final round.

Final Round: It consisted of two rounds - Visual and pounce. In visual, 28 questions were asked and in general round 10 questions were asked. 4 question Each correct answer scored 10 marks. And the wrong answer resulted in a loss of 5 marks.

At last, there was the pounce round and 16 questions were asked, 4 questions to each team.

The winners were decided in this round.

There was a display of tremendous teamwork and coordination among the team members from various colleges like Deen Dayal Upadhaya College, Mata Sundri College, Rajdhani College. Top 3 winning teams from Shivaji College, PGDAV & MSIT were awarded with prizes.



## INTERNET SCAVENGER HUNT:

Scavenger hunts are information-based hunts, or puzzle hunts, in which teams use their collective brainpower to solve clues.



It was a time-bound activity. Twenty-four teams took part in this fun activity. There were 2 rounds including the Prelims round.

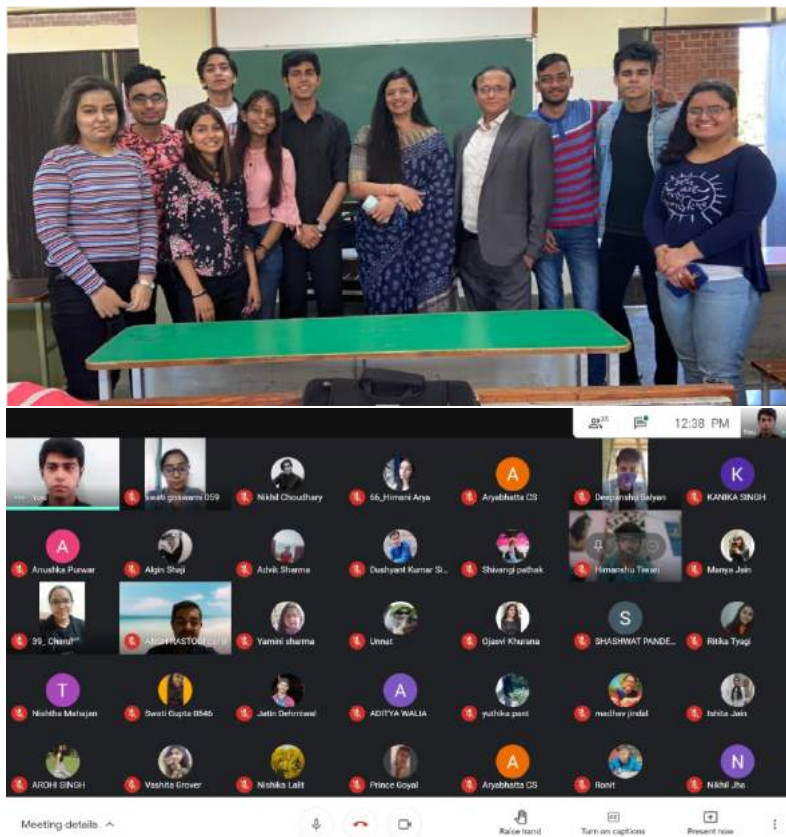
This round consisted of an MCQ Quiz of 20 questions based on the Internet and Current Affairs in the Tech-world. The top 11 teams were promoted to the final round.

The final round was the Scavenger Hunt round consisting of 10 Riddles which were uploaded on a Google Classroom where participants had 8 mins to solve the riddles and send it's screenshot to the appointed person-in-charge.

There was a display of immense teamwork and collaboration among the team members from various colleges like ARSD College, Kalindi College, PGDAV College, IIT Delhi & DTU.

The team with the most number solved answers won the event.

The top 2 winning teams from Jamia Hamdard College & IGDTUW were awarded with prizes.



## CODATHON

Codathon is a programming contest hosted online on HackerEarth in which solo candidates can participate. There was a single round in which participants had to solve 5 questions in three hours. The questions had to be answered programmatically using any of the languages available on

HackerEarth. A candidate could score a maximum of 50 points. In total we had 25 candidates who appeared for the test. The participants were from various colleges including Aryabhata College, Ram Lal Anand College, MAIT, Keshav Mahavidyalaya, BVICAM, etc.

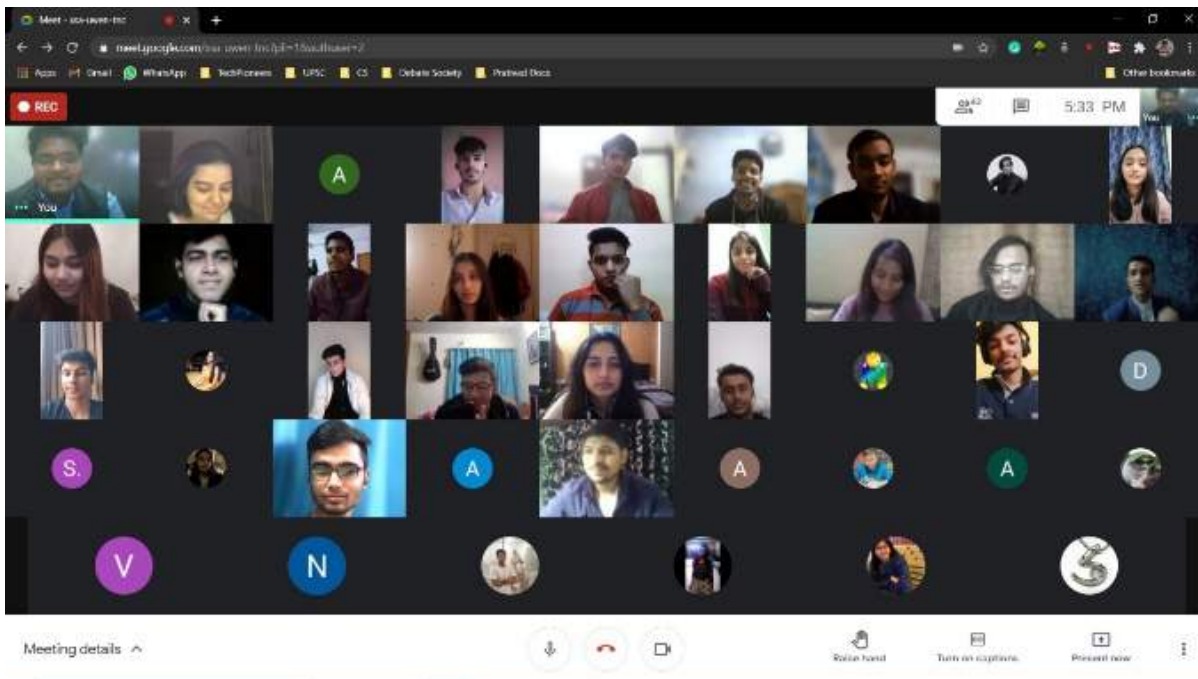
Top three candidates were awarded prizes.



### **Freshers Party**

It was the day where seniors and juniors finally bonded and united together to celebrate being part of the Department of Computer Science of Aryabhata College. The purpose of Fresher's Party was to welcome new students in a friendly atmosphere and to encourage their creative impulses to boost their confidence. Senior students arranged many activities for freshers which include cultural events where everyone got chance to showcase their talent. Seniors had prepared fun games and activities for their juniors. There were few titles that were given to selected students based on their talents. The event concluded with declaring Mr. & Ms. Fresher.

## Online Freshers held on 1<sup>st</sup> February 2021





## Department of Computer Science

### Reports of Academic Year 2019-2020

#### Abstract

TechPioneers organized its Annual Technical Fest, CELESTECH '20 on 3rd March 2020, which had multiple technical as well as fun-filled events. Celestech'20 received an overwhelming response in all its events and was a magnificent success.

#### REPORT OF CELESTECH'20 (3<sup>rd</sup> March 2020)

TechPioneers, the Computer Science society of Aryabhata College, University of Delhi successfully organized their Annual Technical Fest CELESTECH'20 on 3<sup>rd</sup> March 2020 which had multiple technical and fun-filled events. Celestech'20 received an overwhelming response in all its events and was a magnificent success. Over 300 students from various colleges of University of Delhi, IIT Delhi and DTU thoroughly enjoyed these events. The 2 photo booths saw many enjoying taking selfies.

#### OBJECTIVE

The fest was organized with the objective to:

- provide a platform for the students to showcase their talent in various areas with a competitive spirit
- develop various skills of students in Co-Curricular activities and to expose them to the current trends in the technical and professional fields

#### EVENTS

Several innovative events were planned. The well-organized events were:

- **Inquizitive**- “Lifting up your neurons with the technical quiz”
- **Codathan** – “Being the problem solver”
- **Crown IT Tambola** - “Juxtapose Luck and Tech”
- **Unicon** - (LAN Gaming Competition)
- **CHASSE au TRESORE** – “Embrace the unknown, because it's there you will find your treasure”
- **One minute games**
- **Slam Free** – “Dil ke Alfaz”

#### INAUGURATION

The fest began with the inauguration ceremony in the seminar room with the recitation of Sarasvati Vandana and lamp lightening by the Principal and department faculty. This was followed by an inspirational speech by Dr. Manoj Sinha, the Principal.



## INQUIZITIVE

A technical quiz which will test your knowledge and force you to use your grey matter to find the most logical answer. It includes questions based on the world of technology- current affairs, tech innovations, visuals etc. After the prelims round 6 teams will be qualified for further rounds. Inquizitive was organized by the computer science society 'TECHPIONEERS' in the annual fest CELESTECH'20 for the students of all departments and colleges on 3<sup>rd</sup> March, 2020. We saw a large number of participation in this event. 11 teams with 21 participants participated in this activity. There were rounds including the Prelims Round and Final round (visual & pounce).

**Prelims Round:** There were 20 questions. Questions were provided through presentation slides. Six out of 20 was declared as average for each team to qualify for the next round. Six teams qualified for the final round.

**Final Round:** It consisted of two rounds - Visual and general. In visual, 6 questions were asked and in general round 18 questions were asked. Each correct answer scored 10 marks. The wrong answer resulted in a loss of 5 marks. Six teams competed in the final round.

At last, for the second runner up, a tie breaker was held which was a rapid-fire round.

There was a display of tremendous teamwork and coordination among the team members.

The following colleges participated in the event:

● Aryabhata College ● PGDAV ● DUCS ● St. Stephen's College ● Maitreyan College

The top 3 teams with maximum points were awarded with cash prizes, coupons and certificates.



## CODATHON

This is programming based competition held online on hackerearth platform where students can participate in a team of one or two. There was a single round where a team has to attempt 4 problems programmatically, taking any of the languages available on hackerearth and can score a maximum of 400 points. This event saw 11 registrations, in which 4 registrations were individual participant. Ten colleges of University of Delhi and vicinity universities participated in the event - Aryabhata College, Keshav Mahavidyalaya, Shaheed Rajguru College of Applied Sciences for Women, Delhi University Computer Science (North Campus), PGDAV College, Sri Venkateswara College and Hansraj College. Top teams were awarded with coupons.



### IT TAMBOLA

Tambola is the Italian version of the Bingo. However, unlike the American version where you can make Bingo horizontally, vertically and diagonally, in Tambola, only horizontally counts. Format- The tickets were provided to the participants with answers and numbers on the tickets and the questions were displayed randomly on the screen. The participants crossed the correct answers if the answers were present in their ticket.

In this event we conducted a total of two rounds and we got a total of 35 participants. 13 participants for the first round and 24 for the second round. Students from various colleges took participate in this event. The winners were awarded with cash prizes and coupons.



### UNICON

Unicon is a gaming event consisting of games FIFA 19, Tekken 7 and PUBG.

Format: The students were divided into groups and fixtures were set for the matches. The winner was promoted into next round. It was a knockout format tournament. In this event a total of 26 students participated. Students from various colleges took participate in this event. The names of the colleges are: -

- NSIT
- Ram Lal Anand College
- Aryabhatta College
- PGDAV College

The winner was awarded a cash prize and coupons.



### TREASURE HUNT

Treasure hunts are information-based hunts, or puzzle hunts, in which teams use their collective brainpower to solve clues. It was a time-bound activity. Thirteen teams took part in this fun activity. There were 4 rounds including the Prelims round. The Prelims round included a simple basic IQ testing Question and the top 12 teams that decoded that question in the fastest time qualified for this round. The second round was a scavenger hunt. The third round was a Treasure hunt round. In the final round the teams were given a questionnaire. This round required students to solve the questionnaire first then they were handed over the final clue. The four teams competed in the final round. There was a display of tremendous team work and coordination among the team members. In the end it was a treat to watch the winners find the “Treasure” with huge smiles on their faces. Top 2 teams were awarded with coupons and cash prizes.





## ONE MINUTE GAMES



The event was diligently organized. The exciting one-minute games were- Pictionary , Pick a pair, Step up , Dizzy Penalty, Tongue Twister Challenge, Throw the ring and Lucky Wheel. All games attracted a huge crowd. The games saw over 90 registrations from across different colleges of Delhi NCR.

## SLAM FREE

An open mic is a general event where aspiring comedians, musicians or artists from various backgrounds perform for free. It's the training ground for artists to experiment and perfect their work. Usually these events are staged live show at a coffeehouse, nightclub, comedy club, strip club, institution or pub at which audience members who are amateur or professional may perform. If you have something in you and have the urge to exhibit that to people, then open mic are the places to start out initially.

### FORMAT:

- We provide platform and other accessories (speaker and mic) to perform.
- Performer have to come with their content.
- Every performer will get a performer card after registration.

In this event we got a total of 41 participants – the talented participants were Singers, Writers, Music composers, Musicians and Story tellers. Winners got coupons and cash prizes.



#### PHOTO BOOTHS

The two creative photo booths saw many enjoying taking selfies.



The students of the Department of Computer Science had organized an event on the occasion of Teacher's Day. It started with a song sung by the students then followed by speeches about teacher's day by some selected students. The students thanked all the teachers for providing a great education. The students surprised the teachers with a cake cutting ceremony. After cake cutting, everyone enjoyed their piece of cake. Later, teachers delivered heart touching speeches about the well-being of students. In their speeches, all the present students became overwhelmed and emotional.

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### **Diwali Celebrations on Oct 24<sup>th</sup> 2019**

Diwali is known as the festival of lights, and depicts the victory of light over darkness, good over evil. The Department of Computer Science planned the event with games and entertainment programs conducted by the students. Everyone's faces were gleaming with joy and laughter. All the teachers had an active participation in the programs. There was a pooja conducted in the college premises. This also had a positive impact on the students, helping them understand the importance of their festivals in their lives.

### **Diwali Celebrations held on 24<sup>th</sup> October 2019**



**Department of Computer Science**

**Reports of Academic Year 2018-2019)**

#### **Abstract**

TechPioneers organized its Annual Technical Fest, CELESTECH '19 on 27th February 2019, which had multiple technical as well as fun-filled events. Celestech '19 received an overwhelming response in all its events and was a magnificent success.



## REPORT OF CELESTECH'19 (27<sup>th</sup> February 2019)

TechPioneers, the Computer Science society of Aryabhata College, University of Delhi successfully organized their Annual Technical Fest CELESTECH '19 on 27th February 2019 which had multiple technical and fun-filled events. Celestech '19 received an overwhelming response in all its events and was a magnificent success. Over 300 students from various colleges of Univ of Delhi, IIT Delhi and DTU thoroughly enjoyed these events. The 2 photo booths saw many enjoying taking selfies.

On 28th February 2019, two technical seminars were organized:

- “Artificial Intelligence-the Double Edged Sword” by Prof. Vasudha Bhatnagar, Head, Department of Computer Science, University of Delhi
- “Environmental Hazards of e-waste”: Awareness drive by Karo Sambhav

### OBJECTIVE

The fest was organized with the objective To provide a platform for the students to showcase their talent in various areas with a competitive spirit To develop various skills of students in Co-Curricular activities and to expose them to the current trends in the technical and professional fields.

### EVENTS

Several innovative events were planned. The well-organized events were:

- **Quizosity** - “You know, You grow!”
- **Codathan** - “Can you code it?”
- **Junkyard Wars** - “Because junk isn’t just junk!”
- **IT Tambola** - “Fun with numbers and Tech!”
- **Unicon** - (LAN Gaming Competition)
- **CHASSE au TRESORE** (Treasure Hunt Competition)
- **One minute games**

### INAUGURATION

The fest began with the inauguration ceremony in the seminar room with the recitation of Sarasvati Vandana and lamp lightening by the Principal and department faculty. This was followed by an inspirational speech by Dr. Manoj Sinha, the Principal.



### QUIZOSITY

Quizosity, the Tech quiz competition was organised to test the knowledge as well as broaden the horizons of the students in the sphere of computer science and information technology.

The event received registrations of 30 teams from across different colleges being IIT Delhi, Delhi Technical University (DTU), Acharya Narendra Dev College, Sri Venkateshwar College, Ram Lal Anand college and many other colleges under Delhi University.



All the teams faced the preliminary round consisting of total 20 questions and then 8 teams qualified for the final round. The final round was divided into 2 sub -rounds being Infinite Bounce and Friend -Unfriend.

The top 3 teams with maximum points were awarded with cash prizes, coupons and certificates. The participants enjoyed the quiz and the event was a great success.



### CODATHON

Codathon is a competition designed to test your understanding and skills in programming and problem solving. Codathon pushes your programming expertise to its limits.

**Format:** First Round: Each team was provided with a Question Sheet consisting of 20 questions, and were asked to complete as many questions as they can in 45 minutes. Nine teams competed in the first round, out of which only seven qualified for the finals.



**Final Round:** Final round consisted of three questions out of which the participants were asked to attempt any two within a time frame of 60 minutes and a bonus time of 15 minutes if required. Teams were given the flexibility to write code in the language of their choosing out of C, C++ and python. Team with the highest points was to win the Event. Seven teams competed in this event.

Students from various colleges participated in the event being Ram Lal Anand College, Kalindi College, Delhi Technological University(DTU), Aryabhata College etc. The top 3 teams with maximum points were awarded with cash prizes, coupons and certificates.



### *JUNKYARD*

The event focussed on testing the engineering knowledge of the participants.

The event had two phases – eliminator and finale. To participate in the event, each team were required to have at least 2 members. In order to qualify for the finale, the participants were required to pass a written test consisting of 25 MCQ questions mainly related to computer hardware. Five teams were selected for the finale. In this round, the selected participants were asked to think reverse and assemble the CPU in the given time frame.







The event saw active participation from the students of different colleges. Some of the colleges were Acharya Nagendra Dev College, Ram Lal Anand College, Sri Venkateswara College, Aryabhatta College, etc. It was so encouraging to see students from different college coming and taking part in the event. Another thing which is worth mentioning here is the fact that, students from different courses, apart from computer science, showed great interest in the event. It was really a booster for all. Top 3 teams were awarded with cash prizes and coupons.

### IT TAMBOLA

Tambola is the Italian version of the Bingo. However, unlike the American version where you can make Bingo horizontally, vertically and diagonally, in Tambola, only horizontally counts.



**Format-** The tickets were provided to the participants with answers and numbers on the tickets and the questions were displayed randomly on the screen. The participants crossed the correct answers if the answers were present in their ticket. In this event we conducted a total of two rounds, which saw 44 participants across both rounds. Students from various colleges took participate in this event. The winners were awarded with cash prizes and coupons.

### *UNICON*

Lan-Gaming was a platform for students to showcase their gaming skills in three games organized by our UNICON'19 team - PUBG Mobile, FIFA 18 and Tekken 7. In total there are more than 70 participants in the event showing lots of inertia in moving this event further for the upcoming years.

In PUBG Mobile we have two tournaments, PUBG Squad and PUBG Duo. Each of having 4 Players and 2 Players in a team respectively.



Both the matches are arranged as an knockout battle. Cash prizes and coupons were awarded to the winners.

In FIFA 18 we have two fixtures for the tournament. In total there are 10 Players enrolled for the FIFA 18 which are fixtured by a knockout series followed by a league which is for the top players. The winner was awarded a cash prize and coupons.

In Tekken 7 we have many enthusiastic players enrolled to fight against their opponent in an knockout battle. Cash prize and coupon were awarded to the winner.

### *TREASURE HUNT*

Treasure hunts are information-based hunts, or puzzle hunts, in which teams use their collective brainpower to solve clues. It was a time-bound activity. We saw a large participation in this event. Eighteen teams took part in this fun activity.





There were 4 rounds including the Prelims round. The Prelims round included a simple basic IQ testing Question and the top 12 teams that decoded that question in the fastest time qualified for this round. The second round was a scavenger hunt.

The third round was a Treasure hunt round. In the final round the teams were given a questionnaire. This round required students to solve the questionnaire first then they were handed over the final clue. The four teams competed in the final round. There was a display of tremendous team work and coordination among the team members. In the end it was a treat to watch the winners find the “Treasure” with huge smiles on their faces. Top 2 teams were awarded with coupons and cash prizes.

### *ONE MINUTE GAMES*

The event was diligently organized. The exciting oneminute games were- the Dart game, Dizzy Penalty, Lucky Wheel, Electric Fence, Tag Throw, Yank Me, Shave the Balloon and There She Blows, attracted a huge crowd. The games saw over 90 registrations from across different colleges.





## PHOTO BOOTHS

The two creative photo booths saw many enjoying taking selfies.

		
		
		
Book Age	Gabon	Picwick



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TECHPIONEERS  
EXCELLENCE, BIT BY BIT  
DEPARTMENT OF COMPUTER SCIENCE  
presents  
**CELESTECH'18**  
on 22<sup>nd</sup> Feb'18

QUIZOSITY  
you know,  
you grow

UNICON  
any gamer here??

CHASSE au TRESORE  
treasure is waiting  
to be found !!

CODATHON  
can you code it

1 MINUTE GAMES  
play more !

JUNKYARD  
because junk  
isnt just junk

IT TAMBOLA  
numbers? tech?  
what about both..

### **Farewell held on 20<sup>th</sup> April 2019**



### **Department of Computer Science**

### **Reports of Academic Year 2017-2018**

#### **INTRODUCTION**

TechPioneers, the Computer Science department of Aryabhata College, University of Delhi had arranged CELESTECH '18 the annual Inter-college fest on 22<sup>nd</sup> and 23<sup>rd</sup> February 2018 with multiple technical and non-technical events. CELESTECH '18 was successful enough to attract as many as 250 registrations for two-day fest which includes all the events and a talk. CELESTECH '18 included several innovative events planned and organized at its best of quality beings.

**On the 1<sup>st</sup> day, the following seven events were organized.**

- Quizosity: You know, You grow!
- Codathan: Can you code it?
- Junkyard Wars: Because junk isn't just junk!
- IT Tambola: Fun with numbers and Tech!
- Unicon: Lan Gaming
- CHASSE au TRESORE: Treasure Hunt



- One Minute Games: Fun Unlimited!

In all the events, winners were awarded with cash –prizes/ coupons and certificates.

**On the 2<sup>nd</sup> day, a talk on “*What After Graduation?*” by honorable speaker Dr. Anup (Managing Director at Aspen Research Services Pvt. Ltd.) was organized.**

#### OBJECTIVE

The fest was organized with the objective to provide a platform for the students to showcase their talent with a competitive spirit. CELECTECH ‘18 received overwhelming response in all its events and was a magnificent success.

#### *DAY 1: 22<sup>nd</sup> February 2018*

The festival began with the inauguration ceremony in the seminar room with a prayer and lamp lightening by the Principal and the department teachers. This was followed by an inspirational speech by Dr. Manoj Sinha, the Principal of our college.



#### EVENTS

##### *CODATHON*

CODATHON, the coding competition. ‘Codathon’ was organized to test the programming and problem-solving skills of the participants where all the teams faced three rounds. Round 1 and round 2 were answering questions based on General Computer Science and output/Error Detection respectively. The third round required the teams to do coding in C or C++ for the programs given. The team with the highest points in all the three rounds was declared as winner being XYZ from ABC College. There were 3 rounds in competition. First two rounds were multiple choice types and the third round was coding round.



We received magnificent number of participations in this event. As this event enhance student's basic programming language concepts. There were 7 teams from 4 colleges: Aryabhata College, Delhi University Computer Science (North Campus), Ram Lal Anand College & IIIT Delhi.



### **UNICON '18** (It is a LAN-gaming event Under CELESTECH '18)

LAN Gaming was a platform for students to showcase their gaming skills in Counter Strike 1.6 (offline version). Teams in 4 competed with other teams to win the knock-out tournament.

Mini-Militia is another part of the event in which participants play as individuals to win the Knock-out tournament.

There were 35 participants from over 3 colleges: Aryabhata College, Sri Venkateswara College & Dronacharya College of Engineering

### *CHASSE au TRESORE*

Treasure Hunts are information-based scavenger hunts, or puzzle hunts, in which teams use their collective brainpower to solve clues. Each team is presented with a group of puzzles, or clues, which teams must solve in order to find a piece of information.

In this event we got 66 Participants from various colleges across Delhi.

### **JUNKYARD WARS**

This event is the platform to showcase participant's engineering knowledge.

Participant have to think reverse and assemble the machine in a limited time-frame.

This event attracted 23 participants from over 2 colleges: Aryabhata college, Ram Lal Anand College.



### *IT TAMBOLA*

Tambola is an Italian version of Bingo. This event is unlike American version, participants played in only horizontal count. In this event we got 52 registrations from around four colleges: Aryabhata college, Sri Venkateswara College, Ram Lal Anand College, Department of Computer Science, University of Delhi.

### *QUIZOSITY*

Quizosity was the Quiz Competitive Event.

This quiz based on general topic like T.V. series, general knowledge, Technology and Audio.

In this event we got 23 registrations in which 7 registrations were having their individual teams and 16 registrations were having there two-member team from 10 colleges of UNIVERSITY OF DELHI and their names are: Sri Venkateswara College, Ram Lal Anand College, Aryabhata College, Atma Ram Sanatan Dharma College, Delhi University Computer Science (North Campus), Gargi College, Motilal Nehru College, Shaheed Bhagat Singh College, B.R. Ambedkar College, Acharya Narendra Dev College.



### *ONE MINUTE GAMES*

The event was diligently organized. There was a soul to it. A soul that was vibrant, contagious and exuberant. At the entrance of the building of Aryabhatta College, there were huge posters denoting “Computer Science Department Fest CELESTECH 22nd February 2018”.

Especially, the exciting one-minute games and their prizes attracted huge crowd.

There were students from various colleges: Aryabhatta College, Ram Lal Anand College, P.G.D.A.V, Motilal Nehru College, Sri Venkateswara College, Atma Ram Sanatan Dharma College.



### *DAY 2: 23<sup>rd</sup> February 2018*

On 23<sup>rd</sup> February 2018, the second day of the annual fest, a talk was organized in the seminar hall on the topic of much importance being “What After Graduation?”. The honorable speaker was Dr. Anup, the Managing Director at Aspen Research Services Pvt. Ltd. and an expert in career counseling. It was a well-thought-out workshop of motivating the students to discover themselves and achieve their goals. The talk ended with a Question hour round where students received innovative answers to their various queries.



## MOTIVATION

Students' coordinators and Volunteers were awarded with appreciation certificates. They have been fortunate enough to be backed by a team of very motivated and dedicated faculties, who know their job and are result oriented. We are glad the efforts put in by everyone have borne us the fruits. We extend our most sincere thanks to the entire department for their incessant support, guidance for making CELESTECH '18 a great success.

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## CLIPS



## Department of Economics

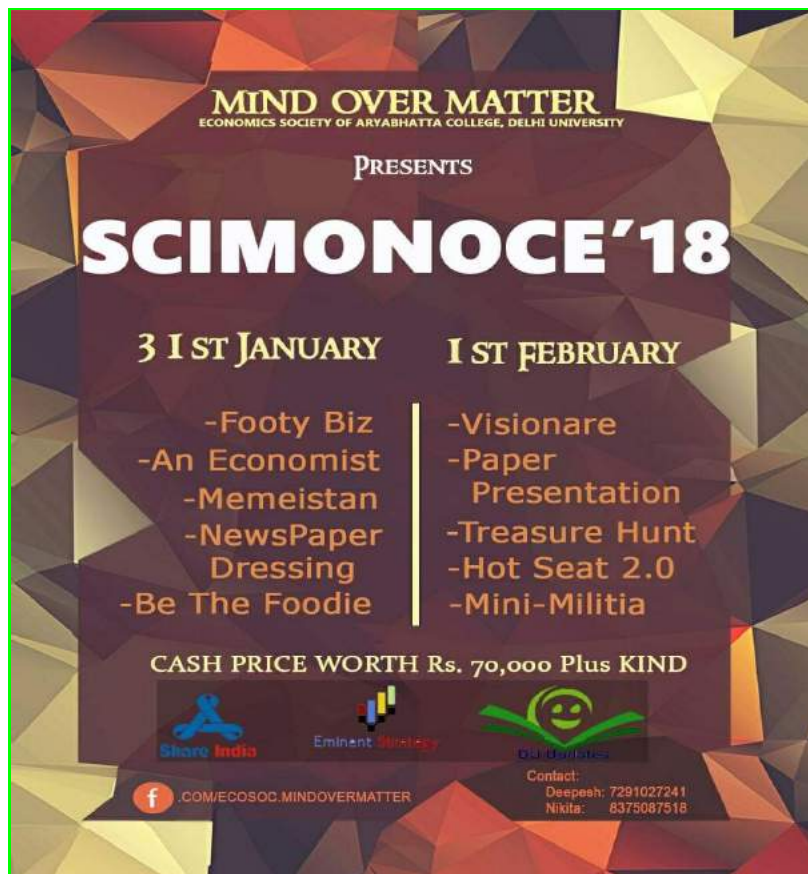
### Reports of Academic Year 2017-2018

#### Report on Activities of Department of Economics

##### ECONOMICS SOCIETY

The economics society organised a two day economic fest 'SCIMONCE', on 31/01/2018 & 01/02/2018, where students of various colleges of Delhi University participated in the events- business plan, economics quiz, and sports etc.

Some views of 'SCIMONCE' 18', 31<sup>st</sup> January 2018 and 1<sup>st</sup> February 2018



## Reports of Academic Year 2016-2017

The Economics Society conducted an Add-on course, 'Integrated Course on Financial Markets' in collaboration with Bombay Stock Exchange Institute Limited and under the course supervision of Dr. Surajit Deb. This course helped creating the knowledge and insights on Capital Markets and was successfully concluded on 21 April 2017 by awarding certificates to 34 students from various courses: B.A. (Hon.)-Business Economics, B. A (H.)-Economics, B.Com (Hon.), B.Com, B.A. Program of our college. Apart from this the following events too were conducted throughout the year that included lectures by Prof Vikram Dayal, Institute of Economic Growth, Delhi, on '**Aspects of Environmental Economics**' on 19th October 2016 and by Prof. Pinaki Chakraborty, National Institute of Public Finance and Policy, on 'Goods and Services Tax: Implications for India'. A workshop by Mr. Rahul Kumar, Institute of Commerce and Management, on 'Applications of Actuarial Science' and a workshop by Mr. Jaideep Singh, Barclays Bank, on 'Analytical World and Its Application in Economics' on 6<sup>th</sup> April, 2017.

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## Department of History

### Reports of Academic Year 2020-2021

15<sup>th</sup> April 2021

Dr. Kuldeep Chand Agnihotri, Vice Chancellor (Central university of Himachal Pradesh) was invited by the NSS for a webinar to commemorate Ambedkar Jayanti on the topic “**Ambedkar’s Vision for National Integration**” 15<sup>th</sup> April 2021, at 12:00 P.M. on the link : <http://meet.google.com/ggy-oano-zqt> via google meet. Since the topic was of direct relevance to the students of History from the syllabus point of view, therefore the seminar was attended by the students of history along with the other courses. The faculty of history was part of the seminar too. Dr. Agnihotri spoke on the idea of integration and Ambedkar’s role in the formative years of newly independent India. The faculties of the history department made special efforts to ensure that students of final year attended the seminar in large numbers.

## Department of History

### Reports of Academic Year 2019-2020

The Heritage Club and SPIC MACAY society under, organised a seminar for the students on the topic **\*The evolution of Art and Women in Indian History\*** in the Conference Hall on 27 Sept 2019 by Art Critic and Journalist Mr. Suman Singh.

The speaker was welcomed by our principal Dr. Manoj Sinha, followed by a very informative lecture by the speaker that highlighted the importance and role of women as practitioners and in the preservation of folk art forms in India. The session was chaired by convenor of the society Dr. Reena Ragi while the student's representative extended the vote of thanks to the guest.







**11th Feb 2020**

### **FILM SCREENING 'DHARM'**

Department of history of Aryabhata College organised a film screening of the movie 'Dharm' directed by Bhavna Talvar in the Seminar Hall on 11th February 2020 along with the Panel discussion by our guests Dr. R.K. David (Department of English), Dr. D. B. Singh (Department of Hindi) along with Dr Rajesh Kumar.

The movie ends with a message of communal harmony that " Dharm is not just penance and practice , Dharm is Unity , Dharm is Brotherhood , Dharm is non-violent.". It also realizes the true meaning of scriptures, that the true religion is humanity.



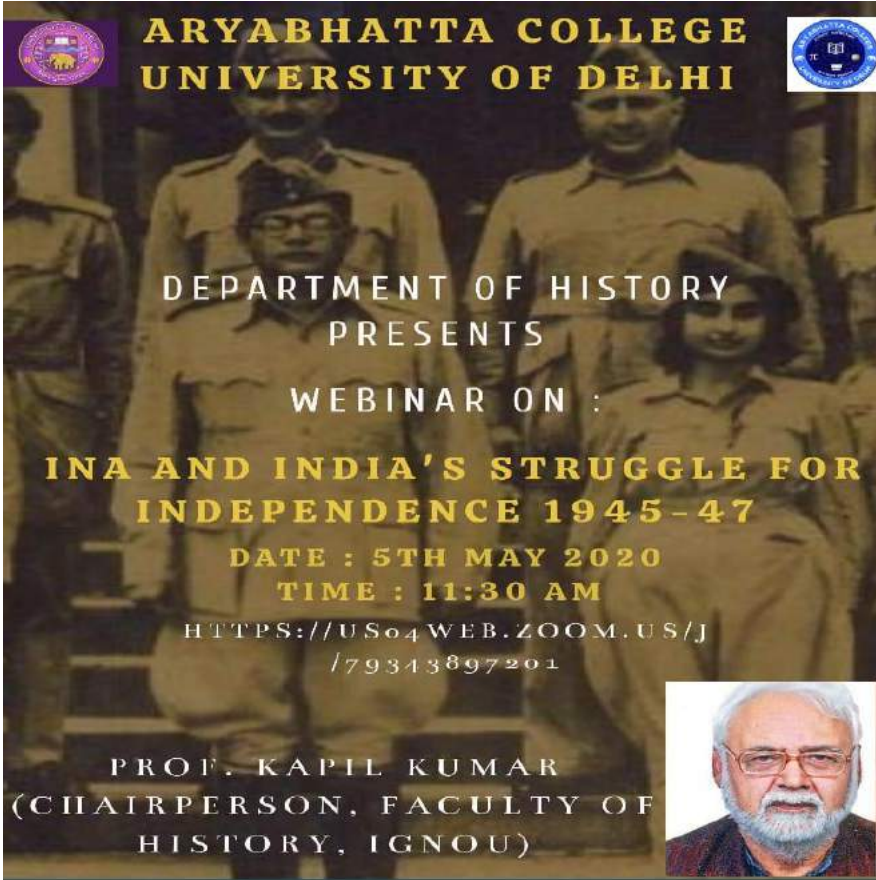
Vote of thanks was delivered by the Teacher In Charge Dr. Rajesh Kumar. Students attended the film screening in large numbers and satisfied their piqued curiosity over the panel discussion session.





**After March 2020** In the wake of the covid pandemic, sudden announcement of lockdown by the Government, took by surprise both, the students and the faculty. However to ensure continuity in the process of teaching and learning during the difficult period of COVID-19. The Department of history in collaboration with BA Prog organised a lecture series under the able guidance of the TIC's Dr. Rajesh Kumar and Dr. Krishna Murari, while the Principal Dr. Manoj Sinha devoted his precious time to each of the events and welcomed the guests as he opened each of the sessions. Following are the details for the same :

5<sup>th</sup> May 2020



**ARYABHATTA COLLEGE  
UNIVERSITY OF DELHI**

DEPARTMENT OF HISTORY  
PRESENTS


WEBINAR ON :

**INA AND INDIA'S STRUGGLE FOR  
INDEPENDENCE 1945-47**

**DATE : 5TH MAY 2020**  
**TIME : 11:30 AM**

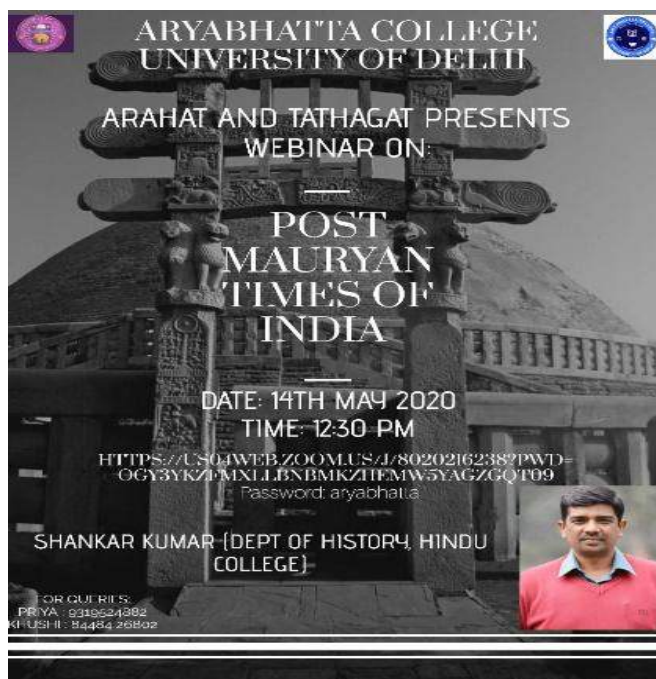
[HTTPS://US04WEB.ZOOM.US/J  
/79343897201](https://us04web.zoom.us/j/79343897201)

**PROF. KAPIL KUMAR**  
**(CHAIRPERSON, FACULTY OF  
HISTORY, IGNOU)**



FOR QUERIES CONTACT  
PRIYA: 9319534882  
AKASH : 91234 47166

**14 May 2020**



In tradition of the concept of knowledge sharing, societies of B.A. Prog and History of Aryabhatta College, Tathagat and Arahata conducted a webinar on the topic “**Post Mauryan Times in India**” by Dr. Shankar Kumar, Assistant Professor, (Department of History, Hindu College, D.U) on 14 May 2020. Dr. Kumar Gave a very detailed account of change and continuity in practices and politics after the decline of the mighty empire of the Mauryas. His bilingual approach and ease with which he spoke made it very interesting for the students of both Hindi and English medium students.

**18<sup>th</sup> May 2020**

A webinar was organised by departmental societies of B.A. Prog and History of Aryabhatta College, Tathagat and Arahata respectively. The Departments invited Mr. Anand Bardhan, (Delhi Institute of Heritage Research and management, Delhi) on the topic **Shunga History: An Epigraphical and Art Historical Review.**, on 18 May 2020. The session was attended by a large number of students. Our guest shared his valuable insights on the process of evolution of Shunga Dynasty and the rich cultural heritage in the form of epigraphical records from the period. The importance of epigraphs as a source of history was elaborated upon. While he also added in detail, important insights related to art as proof of the cultural footprint of human civilization. The students asked many interesting questions that were very patiently attended to by Mr. Bardhan.



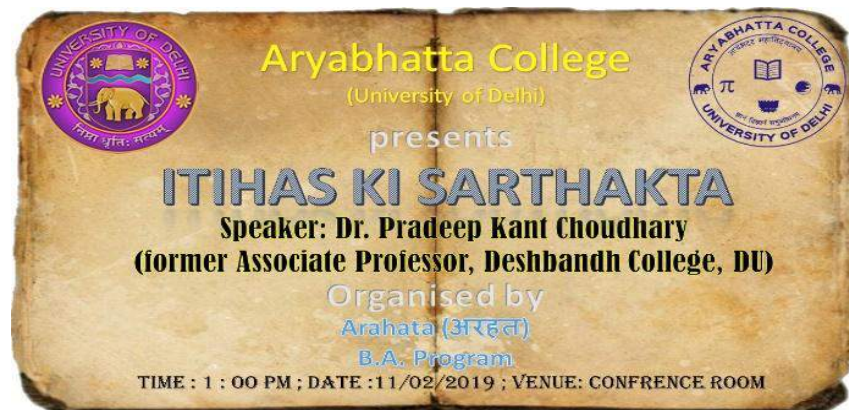


Dr. Pallavi Prasad was invited to give a lecture through online mode on the topic **Concept of Kingship during the Kushana period: Change and Continuity**, on 27<sup>th</sup> May 2020 under the collaborative coordination of History and BA Prog societies, Tathagat and Arahath respectively. She has had a wide experience in the field of numismatic study related to the Kushan period and therefore gave elaborate presentations through ppt to the students. The slides gave an edge to the understanding of the subjects amongst students. The lecture was attended by the students and faculty of both History and BA Program.

## Department of History

## Reports of Academic Year 2018-2019

11 Feb 2019



1. Department of history invited Dr. Archana Ojha for a lecture on the topic “**Institution of Slavery in American History**” organised by Department of History on **10 September 2018**, at 1p.m. in the **seminar hall**.
2. Proposed History society excursion of medieval cities and monuments: 25 October 2018 to 29 October 2018, but could not be executed.

**16 Feb 2019:**

1. *B.A Prog and department of history, invited Dr. P.K. Chaudhary, former associate professor of Deshbandhu College, DU delivered a lecture on "Relevance of History" in contemporary period.*

P.K Chaudhary spoke on the relevance of History in society and world today, he highlighted how in the changing times its not only history but also social sciences that are being ignored, side lined across the world. The world is increasingly running after technology or immediate need-oriented disciplines in education. The States are discouraging social sciences in general and history in particular by introducing them as alternate subjects rather than compulsory subjects right from school curriculum up till universities. He told the students hpw social sciences are tools to understand society and its functioning but history helps one understand questions like identity of a place, person or institutions, gives the power to students, the ability to think, analyse and write.

The lecture was attended by students of history honours, political science, and BA Programme in large numbers. Guest was warmly welcomed by Asso. Prof. R. Diwedi, senior professor in department of English, Aryabhata College, DU.



**18 Feb 2019:**

**Arahat & Tathagat** - BA Prog and History society organised a lecture on "**The Gupta Age: historical and histological analysis**" by **Dr. Anand Burdhan**. He enlightened the students about the historical sources, cultural achievements of the Gupta period. He elaborated on Samudragupta's period. He talked about the architectural heritage left behind by Gupta's. He also highlighted the changing narratives of history and limitations of archaeological evidence of the period.

The guest was welcomed by principal Dr. Manoj Sinha. Students attended the lecture in large number and lecture of guest was followed by a question answer session by the students.





**27 Feb 2019:**

The heritage club along with Arahath and Tathagat collaborated to organise a guided heritage walk to **Shahjahanabad** conducted by **Dr. Archana Ojha**, Associate professor, Kamla Nehru College, DU. Students of History hons, political science Hons and BA program participated in the walk accompanied by Dr. Rajendra Dyal, Dr. Krishna Murari, Dr. Rashmi Rai and Ms. Namita Singh.

The tour covered the Red Fort, modern Chawri Bazar, Fatehpuri mosque as part of the Shahjahanabad city. They were enlightened about the architectural style, significance of each monument within the palace, water management techniques of the Mughals, city planning and process of articulation of authority practiced by the Mughal emperor Shahjahan. The politics and history of the Mughal empire from Shahjahan to Aurangzeb was touched upon to make students understand the complexities of state formation in the medieval era. The walk concluded in 3.5 hours followed by lunch in an eatery established in 1949, located in by lanes of the Mughal city.



## Department of History

### Reports of Academic Year 2017-2018

**28<sup>th</sup> August 2017**

Professor Rizwan Qaiser from Department of History and Culture of Jamia Millia Islamia delivered a lecture on the topic of “Quit India Movement ” to celebrate 75<sup>th</sup> anniversary of the historical event on 28<sup>th</sup> August 2017.

Professor Qaiser, in his lecture, highlighted the importance of public participation in the absence of political leadership after the top brass of leaders from Congress party were arrested right before the Movement in 1942. He further stressed on the importance of History by adding that “History is the act of looking back to see the future”. Therefore, motivating students with his idea that the newer generations need to take lessons from the Quit India movement to understand how the course of History can also be changed by motivated masses.

The event was attended by a large number of students followed by their questions on the said topic.





**18<sup>th</sup> Sept 2017**

A Talk was organised by the department of History on Environmental changes in course of History by **Vipul Singh, Associate Professor, Department of History, D.U.**



**22<sup>nd</sup> Sept 2017**

An excursion was organised by the department of History for the history students of History Hons and BA Prog. in accordance with the syllabus of the **SEC Archives and Museums**. The students were taken on the guided tour of the **National Museum**. The faculties explained the importance of museums in the preservation of the history and culture of human evolution. The students were explained about the detail of the artifacts of various periods in the museum.

Following teachers accompanied the students: Dr. Pawan Kumar, Dr. Krishna Murari, Ms. Namita Singh



And Ms. Neha Naj



A trip was organised by the **History Department to Sanchi and Bhimbetka from 30<sup>th</sup> October 2017** afternoon to 3<sup>rd</sup> November 2017 forenoon. This educational trip for 3 days was undertaken for 44 students by 4 teachers for History Hons I and II year. The student had a chance to visit sites related to ancient and medieval sites as well as rich museum of natural history. The places visited were: Sanchi, Bhimbetka, Shiv temple, Bhojpur, Gohar Mahal, National Museum of Mankind, Tribal Museum, Udayagiri caves, Laxmi Narayan Temple, Besnagar rocks and pillars in Vidisha. The excursion was part of the yearly excursions taken by the department of history as part of the course requirement. However, this excursion was focussed on understanding the ancient history through the architectural and painting remains of the caves and stupas but the students also had a first-hand experience of Bhopal's culture through the city food, market and interactions with the local people. The following teachers accompanied the students :

Dr Krishna Murari ,Neha Naj, Namita Singh, Chandan Bharati Mishra





**6 April 2018**

### **Excursion to Hauz Khas Village:**

An annual excursion trip was organised as part of the SEC requirement, by the Department of history for the students of History from courses, BA Prog and History Hons. The students were taken to Hauzkhaz Village- a water reservoir restored and maintained by the sultanate Kings, specially Allauddin Khilji to deal with the water crises of drinking water in Delhi. The students were told of the rich history related to the sultanate in general and the water tank in particular. The students also went to the modern Art History class on the same day. The teachers accompanying the students were: Dr. Rajesh Kumar, Dr. Rajendra Dayal, Dr. Krishna Murari, Ms. Sangeeta Kumari, Dr. Pawan Kumar, MR. Anand Saurabh, Mr. Devki Nandan, Dr. Tanu Parashar, Ms. Namita Singh

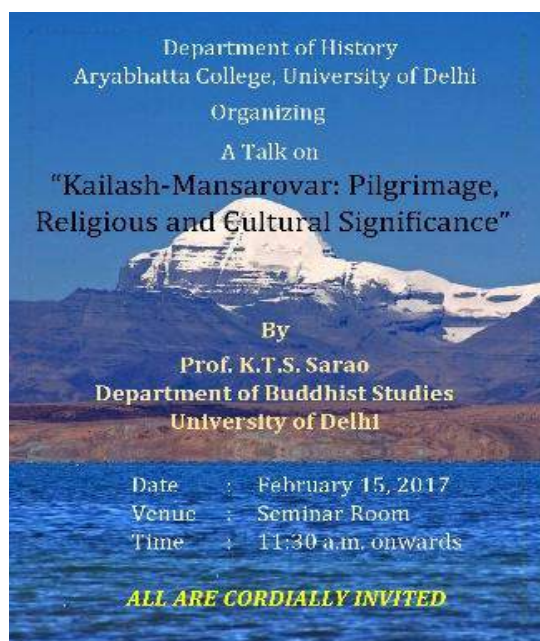


## Department of History

### Reports of Academic Year 2016-2017

**15<sup>TH</sup> February 2017**

The Department of History organised a lecture on the topic “**Kailash Mansarovar: Pilgrimage, Religious and Cultural Significance**” by Prof. K.T.S Sarao, Department of Buddhist Studies, University of Delhi. The talk was organised by the Teacher in Charge Dr. Krishna Murari and the students of the department.



**7<sup>th</sup> March 2017**

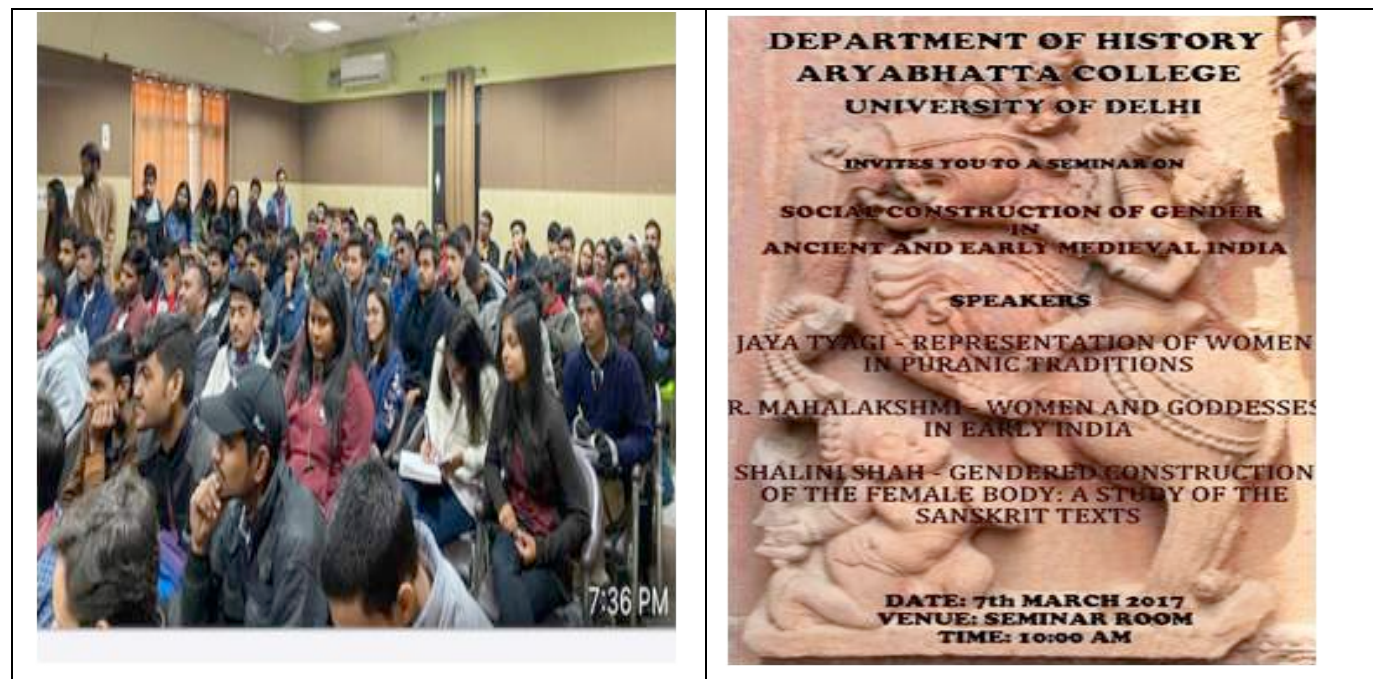
### **Social Construction of Gender in Ancient and Early Medieval India**

Gender as a category of analysis has transformed our understanding of historical processes over the last few decades, both within and outside India. Transcending the notion of ‘anatomy shaping destiny’, historians have argued that the most fundamental social distinction that emerges across regions all over the world and chronological periods is that of gender. In Indian context also, a number of scholars have examined closely a variety of literary, epigraphical and visual sources, to argue that women and men are not born but are shaped by social attitudes and world-views. It is the process of socialization that leads to gender differences and distinctions. In this seminar, we seek to present the recent historical understanding on the social construction of gender in ancient and early medieval India.

The department of History organized a seminar on 7<sup>th</sup> March 2017 to celebrate the International Women’s Day. (8<sup>th</sup> March is celebrated as International Women’s Day worldwide) as the eminent speakers on the topic had prior commitment on 8<sup>th</sup> March so the seminar was held on 7<sup>th</sup> March 2017.. Professor R Mahalakshmi, CHS/SSS/JNU, Professor Jaya Tyagi, Department of History, DU and Associate Professor Shalini Shah, Department of History, DU were the speakers who talked about different views pertaining to gender issues in ancient and early medieval Indian history and how it impinges on present context as far as



gender is concerned. The seminar was informative and made lively and interactive by the faculty members of different courses and students in large numbers.



### Department of Management Studies

### Reports of Academic Year 2019-2020

Annual Industrial Visit ‘Swaraj Tractors India Pvt. Ltd.

*“Excellence is a continuous process and not an accident”. -Dr. A.P.J Abdul Kalam*

On the night of 5<sup>th</sup> February 2020 ninety management undergraduates from our college directed their steps towards HR 55 AH 8408 to commence a journey they would always reminisce about. Sankalp- the Management Society of Aryabhatta College organised the Annual Industrial Visit 2020 to Nahar Industries Enterprises Limited (NIEL) and Mahindra Swaraj in Chandigarh from 5<sup>th</sup> February 2020 to 7<sup>th</sup> February 2020.

With a motive to gain hands-on experience in operations and production of the manufacturing firms, the 213 km journey commenced at around 2330 hrs with full zeal and enthusiasm. The overnight journey was followed by check-in at the hotel. The undergraduates proceeded for the industry visit after breakfast. The students visited NIEL followed by Mahindra Swaraj.

Nahar Industries Enterprises Limited is a subsidiary of Nahar Group of Companies also known as OWM. The group is a leading industrial house of northern India, continuously growing and diversifying its activities for the economic prosperity of its shareholders and stakeholders while engaging itself in the



well-being of the community and environment. Emanating in 1949 as a small woollen worsted spinner and Hosiery manufacturer, Nahar Group has grown itself as the leading textile giant of Northern India manufacturing. Apart from textiles, the group is diversifying into new areas and as of the date the group is engaged in Sugar Manufacturing, BOPP film, Investments, Lending, Financial Advisory, Solar Power Generation, Wind Mills and Non-Conventional Co-Generation Power Plant etc. The industry is located in Dapper District, Mohali (Punjab).

The students gained insights on the various operations ranging from spinning, weaving & processing. The students were also enlightened with cost-reduction measures adopted by the firm and how the firm adjusts its policies and strategies pertaining to the high competition in the Asian Textile Market. The management also gave an overview of the CSR activities performed by the firm. The firm has a wide clientele ranging from major domestic brands to top international brands like GAP, TARGET, TOMMY HILFGER, COLOR PLUS, BLACKBERRY'S, MONTE CARLO and many more. The textile division accounts for 92.20% (including inter-segment) of the total turnover of the company for the year ended 31st March 2019. The Company has produced 67,224 MTs of yarn in 2019. The Company has produced 804.70 lacs meters of fabrics (both grey and processed).

Swaraj Tractors was established in Punjab in 1970 and rolled out its first tractor 724 in 1974 for commercial purposes. Initially named Sartaj, Swaraj was later acquired by Mahindra Group in 2007. Despite being the oldest tractor 724 is still one in most demand. The current division manufactures 24 hp to 70 hp tractors while above 70 hp are manufactured in the Mohali Division. Internationally Swaraj ranks amongst the Top 10 manufacturers while domestically it stands at second position in terms of market share. The firm works on a Demand-based Model thereby adjusting itself efficiently on the number to be produced. The firm aims to acquire the first position as a part of its Vision 2020 initiative by improving the quality of its products. It has successfully achieved its Vision 2019 of being in Top 2 manufacturers. In the last five years, it has successfully increased its production capacity by around 55%. The division's employees at the shop floor level have also presented various projects at the national and international level recently in Japan. The firm has adopted various measures to reduce its overall carbon and water footprint. The firm also trains its employees with international standards of curriculum thereby working towards enhancing operational efficiency. The firm focuses on boosting employees' morale in order to increase productivity with development workshops to make the employees multi-skilled.

Every model is specialised as per customer requirements (XT Extra Torque, XM Extra Mileage FE Fuel Efficient). The firm has also been awarded accolades from Quality Circle for maintaining quality and safety standards. The factory is divided into two parts – LMS (Light Machine Shop) for light gears and HMS (Heavy Machine Shop) related to heavy machines parts such as gearbox and engine assembly. The factory incorporates a Heat Treatment Shop which is a confined space accessible to only highly trained employees. The hardening and cooling take place through the heating and soaking process. The assembly of the tractor takes place entirely using automated machines involving minimal human intervention. The tractors are painted using their own paints to ensure the quality using the Cathode Electrode dripping process. Overall Mahindra is slightly ahead of Swaraj in terms of Quality however Swaraj has an edge in pricing. The final test comprises a Roller Test to keep a check on the air pressure followed by Road Testing. On average a tractor is assembled in a time frame of 3.5 to 4 minutes.

We are thankful to our faculties for organising such an informative event for us in crucial to develop our practical skills regarding logistics, production and other managerial activities. We learnt the proper management criteria and functionality of the heavy automobile industry and had an opportunity to research and experience the working of the company.

We hope to get more chances in future to have such wonderful and informative experience of visiting different industries.





## Department of Management Studies

### Reports of Academic Year 2018-19

#### ANNUAL INDUSTRIAL VISIT

This visit was conducted on April 09, 2019. We visited 'Alankit Assignment' and interacted with Mr Ankit Gupta, Founder of Alankit Assignment.

The visit aimed to provide Real-Time Exposure of the corporate arena to young management trainees. It was attended by 70 students. It was conducted successfully under the guidance of our respected Faculty members and Principal Sir.



## Department of Mathematics

### Reports of Academic Year 2019-2020

*Mathematics is not to make simple things complicated, But to make complicated things simple*

The annual festival of department of mathematics held on 27<sup>th</sup> February 2020. The mathematical fest had many events so that everyone can get a chance to display their talent and can learn new things by taking part in various events organized in the festival.



The fest commenced by a small interaction with the principal of the college, Dr. Manoj Sinha by giving his gracious words to the students. Mr. Gufran Malik, Teacher-in-charge of Department of Mathematics expressed his gratitude by giving a token of respect as a sapling and a dairy to the principal of the college. The organising committee of ARYABHATTA MATHEMATICAL SOCIETY tackled all the issues arose and manage to conduct the fest smoothly and successfully.



A



## Department of Mathematics

### Reports of Academic Year 2018-2019



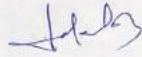
Aryabhata College  
Barry, Kirti Marg,  
University of Delhi

### Details of Certificate For SIGMA- THE ANNUAL MATHEMATICS FEST 2019

Name: Ms. Anuradha Singh  
Department: Department of Mathematics

S.no.	Certificate No.	Name	College	College Roll no.	Event
1	1855	Gurdeep	ARSD	87107	Quiz
2	1856	Siddharth Singh	ARSD	47857	Quiz
3	1857	Harshil Yadav	MLNC(EVENING)	16/63919	Mathematical Relay
4	1858	Siddharth K	MLNC(EVENING)	17779088	Mathematical Relay
5	1859	Harsh Gupta(Sigma 2018)	Aryabhata College	172/MT/642	Executive Member
6	1860	Vivek Yadav	MLNC(EVENING)	17771125	Mathematical Relay
7	1861	Nishi	MLNC	MT/H/7082	Paper Presentation
8	1862	Manish Choudhan	MLNC	MT/H/7023	Paper Presentation
9	1863	Krishna Kumar	Aryabhata College	MAT/18/28	Volunteer
10	1864	Sanjeev Kumar	Aryabhata College	MAT/18/57	Volunteer
11	1865	Kumar Gurprek	Aryabhata College	MAT/18/19	Volunteer
12	1866	Dharmendra Dudi	Aryabhata College	MAT/18/79	Volunteer
13	1867	Sarthak Raj Gupta	Aryabhata College	MAT/18/16	Volunteer
14	1868	Mehak Miglani	Aryabhata College	MAT/18/37	Volunteer
15	1869	Sanjay Choudhary	Aryabhata College	MAT/18/21	Volunteer
16	1870	Freddie Yadav	Aryabhata College	MAT/18/65	Volunteer
17	1871	Yashika Bati	Aryabhata College	MAT/18/25	Volunteer
18	1872	Rishabh Yadav	Aryabhata College	MAT/18/64	Volunteer
19	1873	Nikhil Kumar Tiwari	Aryabhata College	MAT/18/94	Volunteer
20	1874	Prakhar Choudhary	Aryabhata College	MAT/18/92	Volunteer
21	1875	Vaibhav Agnihotri	Aryabhata College	16/MATH/019	Volunteer
22	1876	Rohit Dahi	Aryabhata College	16/MATH/013	Volunteer
23	1877	Anam Kumar	Aryabhata College	16/MATH/007	Volunteer
24	1878	Vipin Yadav	Aryabhata College	16/MATH/036	Volunteer
25	1879	Rishabh Pathak	Aryabhata College	16/MATH/047	Volunteer
26	1880	Ajeet Saha	Aryabhata College	16/MATH/020	Volunteer
27	1881	Moyank Bamola	Aryabhata College	16/MATH/040	Volunteer
28	1882	Mital Khandelwal	Aryabhata College	17/MT/032	Volunteer
29	1883	Achintya Arya	Aryabhata College	16/MATH/032	Volunteer

30	1884	Indrajit	Aryabhata College	16/MATH/031	President
31	1885	Vikram Radhi	Aryabhata College	16/MATH/025	Vice President
32	1886	Nalpa Chugh	Aryabhata College	17/MT/038	Executive Member
33	1887	Jaydeep Nain	Aryabhata College	16/MATH/043	Executive Member
34	1888	Harsh Gupta	Aryabhata College	17/MT/042	Executive Member
35	1889	Rishabh Yadav	Aryabhata College	17/MT/077	Executive Member





**Aryabhatta  
Mathematical Society**

*presents*

**Motivational Talk**

by

**Dhananjoy Dey**

**Scientist - 'F'**

**S.A.G. DRDO**

**Date - 15 Feb 2019**

**Time - 11:00 A.M.**

**venue - Seminar room**

Contact :- Jaideep-9914424844

Rishabh-9870680679



**Aryabhatta Mathematical  
Society**

presents

**MATHEMATICAL  
TAMBOLA**

On 15 Feb 2019

Time - 10:30 A.M.

Venue- Room no - 15,  
Old building,  
Aryabhatta College

For Queries Contact :- Harsh - 8126468642  
Rishabh - 9870680679

**Aryabhatta Mathematical  
Society**

presents

**MATHEMATICAL RELAY**

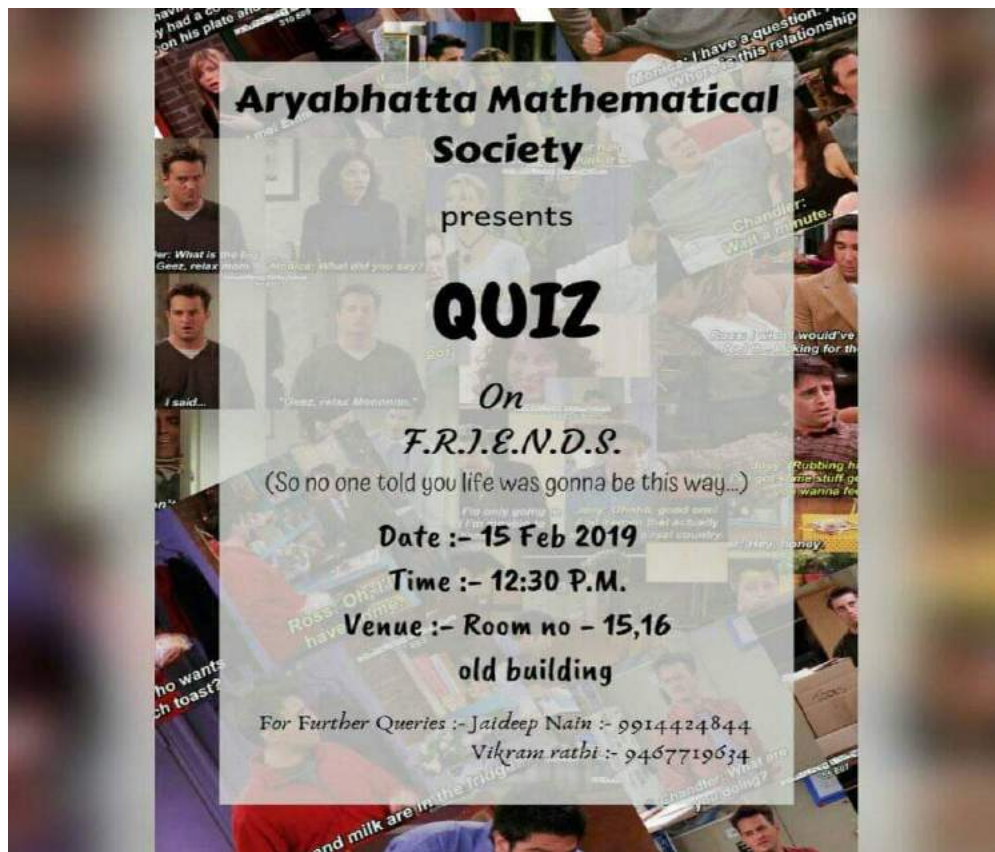
*for The Annual Fest*

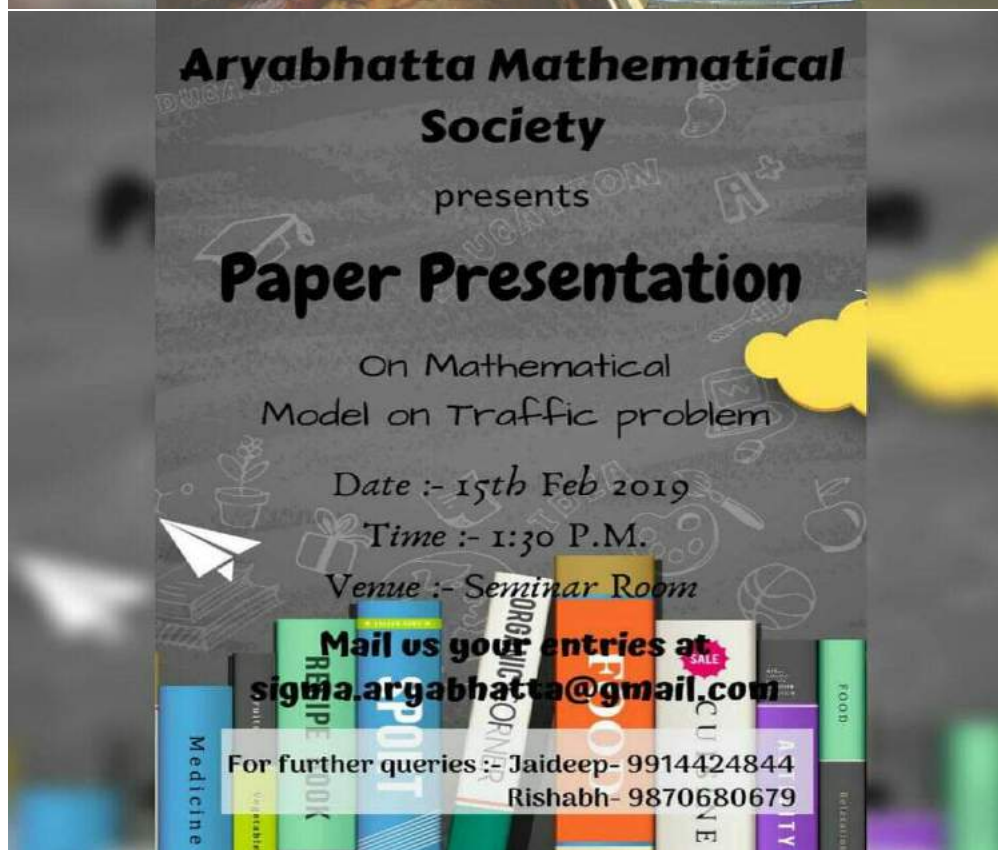
**$\Sigma$ IGMA 2K19**

- Team game of 3 persons
- Timing - 11:00 A.M.
- Date -15/02/2019
- Venue - Old building

**Aryabhatta College**

For queries Contact :- Rishabh - 9870689679  
Nishtha - 9812134062







Department of Mathematics

Reports of Academic Year 2017-2018

**Aryabhata Mathematical Society**  
**Presents**  
**SIGMA**  
**The Departmental Fest**  
**On 21-02-2018**  
**from 10:00 AM Onwards**  
**Venue : Aryabhata College**  
**For more details: Kritika-9958083999 Jaideep -9914424844**  
**Mayank-7988879995**



## Department of Physical Education & Sports Sciences

### Reports of Academic Year 2020-21

The department of physical education & sports science marks itself as one amongst the most efficacious department of Aryabhata College. It strives to excel at all level is and bring laurels to the college. Physical fitness is an empowering attribute and a key element for a healthy life hence to promote the cause of sports, in addition to nurturing the talent of acclaimed sportsmen, the department strives to reach out to each member of Aryabhata college community, through specially designed activities and events for the students.

S.N	NAME	Roll No	year	GAME	POSITION
1	Ankit patel	HIS(H)/19/65	3 <sup>rd</sup> year	Kho-Kho	National Kho-Kho Championship Participation
2	Aditya das	Hind(H)/19/70	3 <sup>rd</sup> year	Kho-Kho	National Kho-Kho Championship Participation
3	Deepka	BAP/20/84	1 <sup>st</sup> year	Volleyball	Silver Medal in Delhi State Championship
4	Ritesh	BCP/19/96	2 <sup>nd</sup> year	Volleyball	Silver Medal in Delhi State Championship
5	Shayan Sharma	ENG(H)/20/66	1 <sup>st</sup> year	Gymnastics	Khelo India Youth National Game Participation

S.N	NAME	Roll No	year	GAME	
1	Ankit patel	HIS(H)/19/65	3 <sup>rd</sup> year	Kho-Kho	

2	Aditya das	Hind(H)/19/70	3 <sup>rd</sup> year	Kho-Kho	
3	Deepka	BAP/20/84	1 <sup>st</sup> year	Volleyball	
4	Ritesh	BCP/19/96	2 <sup>nd</sup> year	Volleyball	
5	Shayan Sharma	ENG(H)/20/66	1 <sup>st</sup> year	Gymnastics	

Dr. Anuj Kumar  
Director of Phy.Edu

Prof. Narender Kumar  
Convener (Sports Committee)

**Aryabhatta College**  
**University of Delhi**  
**Department of Physical Education & Sports Sciences**  
**Annual Report :2020-2021**

Aryabhatta College is acknowledged for producing Sports person of high Caliber. It is possible by the regular and disciplined practice sessions under trained coaches of various Sports like Boxing, Kho-Kho, Wrestling, Taekwondo, Volleyball, Football, Ball-Badminton, Kabaddi, Table Tennis, Chess and Judo. This year our various team won the Medals in different games at All India Inter University, National, State and Inter-College.

**Dr. Narender Kumar**  
(Convener ) Sports Committee

**Dr. Anuj Kumar**  
Director of Physical Education



The purpose of the International Yoga Day is to promote yoga and make it a part and parcel of everyone's daily routine .Sixth International Yoga day was celebrated on 21<sup>st</sup> June 2020. in the premises of Aryabhata College it was a forty five minutes session it started at 7:15 am and conducted at 8:00 am. All the Teaching & non-teaching members and students participated enthusiastically in the program on Online mode.The program started with Pranayama as a warmup, followed by Surya Namaskar and ended with divine and peaceful meditation. It was all together a rejuvenating experience for the participants. The Glimpses of the Yoga Day Celebration.





**Cricket match** between Teaching and Non Teaching staff on 26<sup>th</sup> Feb 2021 in the main ground of Aryabhata College the match was interesting as well as effective the purpose of the match was to great some space for Physical Fitness between the busy life of our teachers & staff. The match was won by Non teaching staff with 8 wickets. The match also served as a source of friendship and cooperation between the staff as well as keeps them to get a little break from their busy life schedule & stress.

### **Delhi District Kabaddi Championship**

Our kabaddi team won Silver medal in Delhi District Kabaddi Championship 2021 held at Aryabhata College University of Delhi.



### Kho-Kho Super league Tournament 2021

Our two student qualified for Senior National Kho-kho championship 2021 held at Indira Gandhi Indoor Stadium Delhi.



### Delhi Senior State Volleyball Championship 2021

Our two Student Won Silver Medal in Delhi Senior State Volleyball Championship 2021.





## Khelo India Youth Games 2020

1<sup>st</sup> year student shayan won Gold Medal in Khelo India Youth Gymnastics Championship 2020.



### Department of Physical Education & Sports Sciences

#### Reports of Academic Year 2019-2020

The department of physical education & sports science marks itself as one amongst the most efficacious department of Aryabhata College. It strives to excel at all level is and bring laurels to the college. Physical fitness is an empowering attribute and a key element for a healthy life hence to promote the cause of sports, in addition to nurturing the talent of acclaimed sportsmen, the department strives to reach out to each member of Aryabhata college community, through specially designed activities and events for the students.

From the beginning of session our college sports person of respective games (Football, Cricket, Taekwondo, Gymnastic, Chess, Table Tennis, Basketball, Athletics, Badminton, Boxing, Swimming, Weightlifting & bodybuilding start their practice session and they work very hard for converting their sweat in winning trophies for the fame of our college our college participated in the inter college championship 2019-20 in the above mention game.

S.NO	NAME	Roll No	year	GAME	POSITION
1	Jatin Deshwal	BAPS/17/43		Boxing	Bronze
2	Jyoti Deshwal	BAPS/17/43		Boxing	Sliver

3	Meghna	BBE/17/063		Netball	Gold
4	Lokesh Rathi			Volleyball	Bronze
5	Kunal Maan			Volleyball	Bronze
6	Vikhyat			Volleyball	Bronze
7	Deepak			Volleyball	Bronze
8	Arpit			Volleyball	Bronze
9	Mihir jain			Volleyball	Bronze
10	Lubhansh Pathania			Volleyball	Bronze
11	Saurabh Yadav			Volleyball	Bronze
12	Ritesh			Volleyball	Bronze
13	Yogesh			Gymnastic	Gold
14	Jatin Deshwal	17/BAP/043		Boxing	Bronze
15	Jyoti Deshwal	17/BAHS/027		Boxing	Sliver
16	Sweta	POL/18/13		Boxing	Bronze
17				Kho-Kho	Sliver
18				Kho-Kho	Sliver
19				Kho-Kho	Sliver
20				Kho-Kho	Sliver
21				Kho-Kho	Sliver
22				Kho-Kho	Sliver
23				Kho-Kho	Sliver
24				Kho-Kho	Sliver
25				Kho-Kho	Sliver



26				Kho-Kho	Sliver
27				Kho-Kho	Sliver
28				Kho-Kho	Sliver
29	Abhijeet	BCP/19/60		Judo	Bronze
30	Vasundhra			Judo	Bronze
31	Meenakshi	ENG/17/105		Netball	Participation
32	Ankit Patel	HIS/19/65		Kho-Kho	National
33	Aditya Das			Kho-Kho	National
34	Aman Kumar	18/BAP/82		Taekwondo	Sliver
35	Harsh	18/CSC/88		Taekwondo	Gold

### **International Yoga day (21 June 2019)**

The purpose of the International Yoga Day is to promote yoga and make it a part and parcel of everyone's daily routine .Fifth International Yoga day was celebrated on 21st June 2019. in the premises of Aryabhata College it was a forty five minutes session it started at 7:15 am and conducted at 8:00 am. All the Teaching & non-teaching members and students participated enthusiastically in the program .The program started with Pranayama as a warm-up, followed by Surya Namaskar and ended with divine and peaceful meditation. It was all together a rejuvenating experience for the participants. The Glimpses of the Yoga Day Celebration. Picture has been attached with letter.



## MARATHON

### “RUN FOR SELF 3KM”

The Physical Education Department & NSS unit of Aryabhata College organized RUN FOR SELF 3 KM Marathon on 9th August 2019. The aim of the Run to make people aware of their health. This awareness program Chief Guest Member of Parliaments Ms. Meenakshi Lech , Former MLA Mr. Anil Sharma & Principal Dr. Manoj Sinha flagging off the event the run started from Aryabhata College Gate to Springdale's School and back to the College gate of Aryabhata College.

A total no of 400 students from different college along with the teaching and non teaching staff of Aryabhata College take part in the Marathon. the event aluminates with the distribution of Medals , Chas prize, refreshment & Certificates to the position holder in girls & Boys category and teaching & Non Teaching Staff category. All the participants were provided refreshment & a certificate of participation.



## FIT INDIA MOVEMENT

Hon'ble Prime Minister Shri Narendra Modi Ji Will launch "Fit India Movement" from the Indira Gandhi Indoor Stadium , New Delhi on 29 August 2019. During the launch, the Prime Minister will also administer a Fitness Pledge. The Live participatory screening of the Fit India Movement programmed launch has been organized in the august presence of Hon'ble Vice Chancellor Prof. Yogesh K Tyagi in the convention Hall Vice Regal Lodge, University of Delhi. Same day Aryabhata College Sports Department organized a football Tournament for Men/ Women Section. Approx 50 students participated in this football match. The Match was very successful many students were made aware about sports & Fitness the fitness camp became an important part in our journey of Sports.

### **Aerobics Camp**

One week Aerobics camp at college ground under “**FIT INDIA MOVEMENT**” in which different types of physical activities were organized such as Aerobics, dancing the camp was organized from 23<sup>rd</sup> Sept to 27<sup>th</sup> Sept 2019 approx 150 students participated in this fitness camp. The camp was very successful many students were made aware about sports & Fitness the fitness camp became an important part in our journey of Sports.

### *Aryabhata Cricket Match*

**Cricket match** between Teaching and Non Teaching staff on 14<sup>th</sup> Feb 2020 in the main ground of Aryabhata College the match was interesting as well as effective the purpose of the match was to great some space for Physical Fitness between the busy life of our teachers & staff. The match was won by Non teaching staff with 8 wickets. The match also served as a source of friendship and cooperation between the staff as well as keeps them to get a little break from their busy life schedule & stress.

### *Delhi State Boxing Championship*

Delhi State Boxing Tournament held at Baba Gang Nath Mandir from 21<sup>st</sup> to 23<sup>rd</sup> Sept 2019.

- 1 Jyoti Deswal BAHS/17/027 Sliver
- 2 Jatin Deswal BAPS/17/43 Bronze



### *Netball National Championship*

Netball National Championship held at Chhattisgarh 12<sup>th</sup> to 16<sup>th</sup> Sept 2019.

Meghna BBE/17/063 Gold





### Delhi State Youth Volleyball Championship

Delhi State Youth Volleyball Championship held at Najafghar Dicaho Kala Village from 30<sup>th</sup> September to 1<sup>st</sup> October 2019 team secure bronze medal in the championship.

- |                      |                  |                     |
|----------------------|------------------|---------------------|
| 1) Lokesh Rathi      | 2) Kunal Mann    | 3) Vikhyat Malhotra |
| 4) Deepak            | 5) Arpit Purohit | 6) Mihir Jain       |
| 7) Lubhansh Pathania | 8) Saurabh Yadav | 9) Ritesh           |



### **Inter College Gymnastic Championship**

Delhi University Inter College Gymnastic Championship held at SubhasNagar Gymnase Hall from 17<sup>th</sup> February 2019.

- 1) Yogesh HIS/17/029 Gold

### **Inter College Boxing Championship**

Delhi University Inter College Boxing M/W Championship held at Kirori Mal College from 30<sup>th</sup> October to 2nd Nov 2019.

- |   |              |             |        |
|---|--------------|-------------|--------|
| 1 | Jyoti Deswal | BAHS/17/027 | Silver |
| 2 | Jatin Deswal | BAPS/17/43  | Bronze |
| 3 | Sweta        | POL/18/13   | Bronze |

### **Inter College Wrestling Championship**

Delhi University Inter College Wrestling Championship held at Chattarasal Stadium College from 23<sup>rd</sup> October to 24<sup>th</sup> October 2019.

- |   |         |           |        |
|---|---------|-----------|--------|
| 1 | Chirag  | BAP/18/83 | Bronze |
| 2 | Diksha  | BAP/18/75 | Bronze |
| 3 | Shristi | PSY/18/63 | Silver |
| 4 | Aman    | BAP/18/82 | Bronze |



### **Inter College Kho-Kho Championship**

Delhi University Kho-Kho Inter College Championship held at Satwati College from 30<sup>th</sup> October to 1<sup>st</sup> Nov 2019.



### **Inter College Judo Championship**

Delhi University Inter College

Judo Championship held at Chattarasal Stadium College from 18<sup>th</sup> October to 19<sup>th</sup> October 2019.

1	Abhijeet	BCP/19/101	Bronze
2	Vasundhra	PSY/19/60	Bronze



### **National Volleyball Championship**

68<sup>th</sup> Senior National Volleyball Championship held at Chattarasal Stadium College from 23<sup>rd</sup> October to 24<sup>th</sup> October 2019.

1	Meenakshi Verma	ENG/17/105	Participation
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### **National Kho-Kho Championship**

53<sup>rd</sup> Kho-Kho Senior National Championship held at Chhattisgarh from 28<sup>th</sup> December to 30<sup>th</sup> Dec 2019. Two students from our college represent Kho-Kho Senior National Championship.

- 1 Ankit Patel HIS/19/65 Participation
- 2 Aditiya Das HIN/19/70 Participation



### **Inter College Cricket Championship**



Delhi University Inter College Cricket Championship held at Shivaji College from 1<sup>st</sup> - 11<sup>th</sup> Nov'19. This year our cricket team secures 6th position out of 41 teams in the championship.



### **State Taekwondo Championship**

Delhi State Taekwondo Championship Tournament held at IG Stadium from 16<sup>th</sup> -18<sup>th</sup> Aug 2019.

- |   |            |           |        |
|---|------------|-----------|--------|
| 1 | Aman Kumar | 18/BAP/82 | Sliver |
| 2 | Harsh      | 18/CSC/88 | Gold   |



## **Department of Physical Education & Sports Sciences**

### **Reports of Academic Year 2018-2019**

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S.NO	NAME	Roll No	year	GAME	POSITION
1	Manohar Singh	16/BAP/024		Gymnastic	Gold
2	Yogesh	17/BASS/024		Gymnastic	Gold
3	Akash Saxena	17/PS/046		Gymnastic	Gold
4	Mohan Chaudhary	16/PL/06		Taekwondo	Gold
5	Harsh Sehrawat			Taekwondo	Gold
6	Chirag Yagnik	18/BAP/83		Taekwondo	Sliver
7	Yogesh Kumar	17/CS/042		Taekwondo	Bronze
8	Jatin Deshwal	17/BAP/043		Boxing	Sliver
9	Jyoti Deshwal	17/BAHS/027		Boxing	Bronze
10	Manoj Mehlawat	17/BCC/126		Boxing	Bronze
11	Abhishek	16/BCC/038		Best Physique	Bronze

12	Shakshi Bhardwaj	17/HS/063		Chess	6 <sup>th</sup> Rank
13	Shivani	18/POS/35		Chess	6 <sup>th</sup> Rank
14	Varsha	16/ENG/39		Chess	6 <sup>th</sup> Rank
15	Harshita Malik	18/BMS/58		Chess	6 <sup>th</sup> Rank
16	Kajal	16/Eng(H)/16		Chess	6 <sup>th</sup> Rank
17	Chirag Yagnik	18/BAP/83		Taekwondo	Gold
18	Aman Kumar	18/BAP/82		Taekwondo	Gold
19	Krishna Kumar	17/BSS/098		Taekwondo	Sliver
20	Mohan Suhbir	16/PL/06		Taekwondo	Gold
21	Diksha Uchai	18/BAP/75		Taekwondo	Gold
22	Satya	16/Math/42		Athletic	Sliver
23	Chirag Yagnik	18/BAP/83		Judo	Bronze

- one week fitness camp at college ground **“HUM FIT TO INDIA FIT”** in which different types of physical activities were organized such as Circuit training, Tug of War, Yoga, BMI(Body Mass Index) , Shuttle Run test, Speed Agility Test, Hand Reaction Test, Eye and Hand Coordination Test etc, the camp was organized from 7th Jan to 12th Jan 2019 approx 350 students participated in this fitness camp. The camp was very successful many students were made aware about sports & Fitness the fitness camp became an important part in our journey of Sports







- **Cricket match** between Teaching and Non Teaching staff on 14th Feb 2019 in the main ground of Aryabhata College the match was interesting as well as effective the purpose of the match was to great some space for Physical Fitness between the busy life of our teachers & staff. The match was won by teaching staff with 5 wickets. The match also served as a source of friendship and cooperation between the staff as well as keeps them to get a little break from their busy life schedule and reduce stress.





**Inter Department Sports Tournament** on from 11th to 14th Feb 2019. In this tournament various team from different course participated. The tournament had various games like Volleyball, Football, Kabaddi & Chess. This tournament takes place successfully in our sports journey.

The names of the winning department are mentioned below.

<b>Games</b>	<b>First</b>	<b>Second</b>	<b>Third</b>
<b>Volleyball</b>	B.Com(Prog)	B.Com(Hons)	Math(Hons)
<b>Kabaddi</b>	Hindi(Hons)	B.A(Prog)	Computer Science
<b>Football</b>	B.Com(Hons)	B.Com(Prog)	BBE
<b>Chess</b>	History(Hons)	English(Hons)	B.Com(Hons)







**Lecture on Sports Psychology & Goal Setting** the lecture was organized on 6th March 2019 at Seminar hall. This lecture is given by Dr. Sandeep Tiwari (HoD) Department of Physical Education and Sports Sciences University of Delhi. The lecture is about Goal Setting and he also give some smart Goal worksheet to the students it helped students to define the clear meaning of goal setting approx 100 students attend the lecture the lecture given a good end to our yearly achievements.




Aryabhatta College is acknowledged for producing Sports person of high Caliber. This is possible by the regular and disciplined practice sessions under trained coaches of various Sports like Taekwondo, Volleyball, Football, BallBadminton, Kabaddi, Table Tennis, Chess and Judo. This year our various team won the Medals in different games at All India Inter University, National, State and Inter-College events.

**Delhi University Gymnastic Inter University Championship held at Punjab Patiala from 12th to 15<sup>th</sup> January 2019.**

S.No	Name	Course	Place
1	Monohar Singh Rawat	16/BAP/024	Gold
2	Yogesh	17/BASS/029	Gold
3	Akash Saxena	17/PS/046	Gold

**Delhi University Taekwondo Inter University Championship held at Kurushetra Haryana from 7<sup>th</sup> to 12<sup>th</sup> march 2019.**

S.No	Name	Course	Place	
1	Mohan Chaudhary	16/PL/06	Gold	


**35<sup>th</sup> Delhi State Taekwondo Championship held at Thyagaraj Stadium New Delhi. From 25<sup>th</sup> to 26<sup>th</sup> Sept 2018.**

S.No	Name	Class	Course	Place
1	Harsh Sehrawat	1 <sup>st</sup> year	Computer Sci(H)	Gold


**Delhi University Taekwondo Inter College Championship held at Multipurpose Hall Delhi University from 29<sup>th</sup> to 31<sup>st</sup> January 2019.**

S.No	Name	Course	Place	
1	Mohan Suhbir Choudhary	16/PL/06	Gold	
2	Chirah Yuagnick	18/BAP/83	Sliver	
3	Yogesh Kumar	17/CS/042	Bronze	


**Delhi University Inter College Boxing Championship held at Dayalsingh College Kalaka Ji New Delhi from 23<sup>rd</sup> Jan 2019.**

S.No	Name	Course	Place	
1	Jatin Deshwal	17/BAP/043	Sliver	
2	Jyoti Deshwal	17/BAHS/027	Bronze	
3	Manoj Mehlawat	17/BCC/126	Bronze	

**Delhi University Inter College Best Physique Championship held at Deshbandhu College Kalaka Ji New Delhi from 5<sup>th</sup> Nov 2018.**

S.No	Name	Course	Place	
1	Abhishek	16/BCC/038	Bronze	

**Delhi University Chess (W) Inter College Championship held at Multipurpose Hall Delhi University our team Secure 6<sup>th</sup> Ranking out of 28<sup>th</sup> College in Delhi University.**

S.No	Name	Course	
1	Shakshi Bhardwaj	17/HS/063	
2	Shivani	18/POS/35	
3	Varsha	16/ENG/39	
4	Harshita Malik	18/BMS/58	
5	Kajal	16/Eng/16	

**Delhi University Ball badminton Inter College Championship held in Swami Shardhanand College our team Secure 7<sup>th</sup> place in the Tournament.**



**1<sup>st</sup> Sonu Kadyan Memorial Tournament held at Milan Garden Haryana from 26<sup>th</sup> to 28<sup>th</sup> October 2018.**

S.No	Name	Course	Place
1	Chirah Yuagnick	18/BAP/83	Gold
2	Aman Kumar	18/BAP/82	Gold
3	Krishan Kumar	17/BCC/098	Sliver
4	Mohan Suhbir Choudhary	16/PL/06	Gold
5	Diksha Uchai	18/BAP/75	Gold



**Reliance Foundation Youth Athletic Tournament held at JLN Stadium from 2<sup>nd</sup> Nov 2018.**

S.No	Name	Course	Place
1	Satya	16/math/42	Silver






**Our Team won the Spardha Cricket Championship 2019 held at New Delhi Institute of Management from 6<sup>th</sup> to 9<sup>th</sup> Feb 2019.**



**Delhi University Judo Inter College Championship held at Multipurpose Hall from 14<sup>th</sup> to 15<sup>th</sup> Nov 2018.**

S.No	Name	Course	Place	
1	Chirah Yagnick	18/BAP/83	Bronze	

## Department of Physical Education & Sports Sciences

### Reports of Academic Year 2017-2018

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S.NO	NAME	Roll No	year	GAME	POSITION
1	Vedant Sharma	B.Com(P)	1 <sup>st</sup> year	Badminton	Bronze
2	Riya Balyan	Psy(H)	2 <sup>nd</sup> year	Gymnastic	Inter University
3	Bharat Singh	B.Com(P)	3 <sup>rd</sup> year	Taekwondo	Inter University
4	Akash	B.A(P)	3 <sup>rd</sup> year	Gymnastic	Inter University
5	Abhijit Krishna	B.A(P)	2 <sup>nd</sup> year	Cycling	National
6	Harsh Mann	B.A(P)	2 <sup>nd</sup> year	Swimming	National
7	Manoj Mehlawat	B.Com(P)	1 <sup>st</sup> year	Boxing	Sliver
8	Shefali Dandriyal	History(H)	2 <sup>nd</sup> year	Taekwondo	Sliver
9	Amar Gupta	B.A(P)	2 <sup>nd</sup> year	Boxing	Bronze
10	Jatin Deshwal	B.A(P)	1 <sup>st</sup> year	Boxing	Bronze

The Department of Physical Education and Sports Sciences marks itself as one amongst the most efficacious Department of Aryabhatta College. It strives to excel at all levels and bring laurels to the college. Physical fitness is an empowering attribute and a key element for a healthy life. Hence to promote the cause of sports, in addition to nurturing the talent of acclaimed sportsmen, the department strives to reach out to each member of the Aryabhatta College community, through specially designed activities and events for the students.

From the beginning of session our college sports person of respective games (**Football, Cricket, Taekwondo (Men & Women), Gymnastics (Men & Women), Chess (Men & Women), Table-tennis, Basketball (Men & Women), Athletics, Badminton, Boxing (Men & Women), Swimming (Men & Women), Weight lifting, Power lifting and Best physique**) start their practice session and they work very hard for converting their sweat in winning trophies for

the fame of our college. Our college participated in the Inter-college championship 2017-18 in the above mentioned game.

In the ending of session we organized Intra-murals sports tournament for students. It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students. This venture shall enable the students to have fun, learn new sports, enhance social interaction and tests one's physical capability. These competition also offer a break from the daily routine tasks and recreate or re-energetic them. **This year we organized Intra-murals sports tournament of Volleyball, Football, Cricket, Chess, Table Tennis, Carrom, Kabaddi and Tug-of-war.**

### **Game wise Report for 2017-18**

#### **Badminton**

- **Vedant Sharma** student of B.Com (P) Ist Year secured **IIIrd Position** in *All India Inter University* and he also **participated** in *Senior National*.
- Our Badminton team secured **IInd Position** in *O.P. Jindal University Sports Fest*.
- Our Badminton team lost in quarter final in Inter College.

#### **Boxing**

- **Manoj Mehlawat** student of B.Com (P) Ist Year won **Silver Medal** in *Inter College*.
- **Amar Gupta** student of BA (P) IInd Year won **Bronze Medal** in *Inter College*.
- **Jatin Deshwal** student of BA (P) Ist Year won **Bronze Medal** in *Inter College*. **Cricket**
- Our college team won **5<sup>th</sup> Bhaskaracharya Cricket Tournament**.
- In Inter college matches our college team lost in qualifier match at pre-quarter stage. **Cycling**
- **Abhijit Krishna** student of BA (P) IInd Year **participated** in *Senior National*.

#### **Gymnastic**

- **Akash** student of BA (P) IIIrd Year **participated** in *All India Inter University*.
- **Riya Balyan** student of BA (P) IIIrd Year **participated** in *All India Inter University and Senior National*.

### Swimming

- **Harsh Mann** student of BA (P) IInd Year **participated** in *Senior National*.

### Taekwondo

- **Bharat Singh** student of B.Com (P) IIIrd Year won **Gold Medal** in *Inter College* and **participated** in *All India Inter University*.
- **Shefali Dandriyal** student of History (H) IInd Year won **Silver Medal** in *Inter College*.

Our college also participated in inter college of Swimming, Basketball, Chess, Table Tennis, and Athletics.

Students had also brought fame to the college by participating at the National, All India Inter University, Inter University and State level. They are the **Outstanding Players** of Aryabhata College in 2017-18:

**Vedant Sharma** student of B.Com (P) Ist Year secured **IIIrd Position** in *All India Inter University* and he also **participated** in *Senior National*. He is the Best Sports Person of our College for the session 2017-18.

**Riya Balyan** student of BA (P) IIIrd Year **participated** in *All India Inter University and Senior National*.

**Bharat Singh** student of B.Com (P) IIIrd Year won **Gold Medal** in *Inter College* and **participated** in *All India Inter University*.

**Akash** student of BA (P) IIIrd Year **participated** in *All India Inter University*.

**Abhijit Krishna** student of BA (P) IInd Year **participated** in *Senior National*.

**Harsh Mann** student of BA (P) IInd Year **participated** in *Senior National*.

**Manoj Mehlawat** student of B.Com (P) Ist Year won **Silver Medal** in *Inter College*.

**Shefali Dandriyal** student of History (H) IInd Year won **Silver Medal** in *Inter College*.

**Amar Gupta** student of BA (P) IInd Year won **Bronze Medal** in *Inter College*.



**Jatin Deshwal** student of BA (P) Ist Year won **Bronze Medal** in *Inter College*.

<b>Game/Sports</b>	<b>All India Inter University</b>	<b>Nationals</b>	<b>Inter College</b>	<b>Other Tournaments</b>
<b>Badminton</b>	1- IIIrd Position (M)	1-Participation (M)	Lost in Pre Quarter Final (M)	IIInd Position in O.P Jindal University Sports Fest (M)
<b>Boxing</b>	-	-	1-Silver (M) 2-Bronze (M)	-
<b>Cricket</b>	-	-	-	Won 5 <sup>th</sup> Bhaskaracharya Cricket Tournament (M)
<b>Cycling</b>	-	1-Participation (M)	-	-
<b>Gymnastics</b>	2-Participation (1-M & 1-F)	1-Participation (F)	-	-
<b>Swimming</b>	-	1-Participation (M)	Only Participation (M&F)	-
<b>Taekwondo</b>	1-Participation (M)	-	1-Gold (M) 1-Silver (F)	-
<b>Chess Basketball Athletics</b>	-	-	Only Participation (M&F)	-
<b>Weight Lifting Power Lifting Best Physique</b>	-	-	Only Participation (M)	-
<b>Total</b>	4	4	1-Gold 2-Silver 2-Bronze	1-Ist Position 1-IIInd Position

## Department of Physical Education & Sports Sciences

### Reports of Academic Year 2016-2017

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S.NO	NAME	Roll No	year	GAME	POSITION
1	Sumedha Rathi	B.A(Prog)183	3 <sup>rd</sup> year	Taekwondo	Gold
2	Bhart Singh	B.Sc	2 <sup>nd</sup> year	Taekwondo	Gold
3	Ankit Dahiya	B.A(Prog)185	2 <sup>nd</sup> year	Taekwondo	Sliver
4	Kaustava Barua	Pol.Sci(H)005	1 <sup>st</sup> year	Taekwondo	Bronze
5	Akash	B.A (Prog)12	2 <sup>nd</sup> year	Gymnastics	Inter University
6	Riya Balan	Psy(H) 17	1 <sup>st</sup> year	Gymnastics	Inter University
7	Javed	B.A(Prog) 168	3 <sup>rd</sup> year	Weight Lifting	Sliver
8	Sidarth Rathor	B.A(Prog)005	3 <sup>rd</sup> year	Athletics	Gold
9	Rajesh Sharma	B.A(Prog)225	3 <sup>rd</sup> year	Cricket	Under 23
10	Vikas Sheoran	B.A(Prog)48	1 <sup>st</sup> year	Table Tennis	State
11	Anant	B.Com(H) 46	2 <sup>nd</sup> year	Table Tennis	State
12					

## Department of Political Science

### Reports of Academic Year 2019-2020

#### Visit to Parliament and Mughal Garden-

*The Department of Political Science has successfully organized an educational trip for students and faculty members, a visit to Parliament and Mughal garden on 11 February 2020 to provide them the wider social, political and linguistic interrelationships of how 'democracy' and 'education' are understood and how 'democracy-comes-into-being' in the specific context of education.*





#### Film Screening-

The Political Science Society of Aryabhata College organized the screening of the movie "Article 15" in the seminar room of the college successfully on 24th January 2020. The screening witnessed the participation of a large number of students along with faculty members. The movie screening was followed by a discussion on the issue of Caste system and the ways in which the system discriminates the lower caste community that was again nicely portrayed in the movie.



**Department of Political Science**

**Reports of Academic Year 2018-2019**

A film screening programme was organized by the Political Science Society on 12th of October 2018 from 12:30 pm to 3:30 pm in the Seminar Room of the college. "Mulk" was shown to the students of the society followed by a very discussion.

**POLITICAL SCIENCE SOCIETY**  
ARYABHATTA COLLEGE

WELCOMES YOU TO A  
**FILM SCREENING  
— AND —  
DISCUSSION**

KAMAL MUKUT PRESENTS  
A BENARAS MEDIAWORKS PRODUCTION

SOHAM ROCKSTAR ENTERTAINMENT'S  
**MULK**  
WRITTEN & DIRECTED BY ANUBHAV SINHA  
PRODUCED BY DEEPAK MUKUT, ANUBHAV SINHA

**MULK**

Date - 12/10/2018  
TIME - 12:30 PM

VENUE - SEMINAR HALL





Dr Rashmi Rai, a faculty member in the department of Political Science organized a heritage visit for faculty members and students to Shahjahanabad on 01 March 2019 under the guidance of Dr Archana Ojha Associate Professor at Kamla Nehru College to celebrate our rich cultural diversity through shared experiences and values, so that all can gain a greater understanding and appreciation of our country's history, heritage and communities.



The Political Science Society of Aryabhata College organized its annual festival POLIFESTO on 27th & 28th of March 2019. Activities on day 1 included quiz competition, Poetry competition. Participants recited their poetry in Hindi, English, and Punjabi languages. Students from other colleges of the Delhi University also participated in the events organized by Political Science society.





## Department of Political Science

### Reports of Academic Year 2017-2018

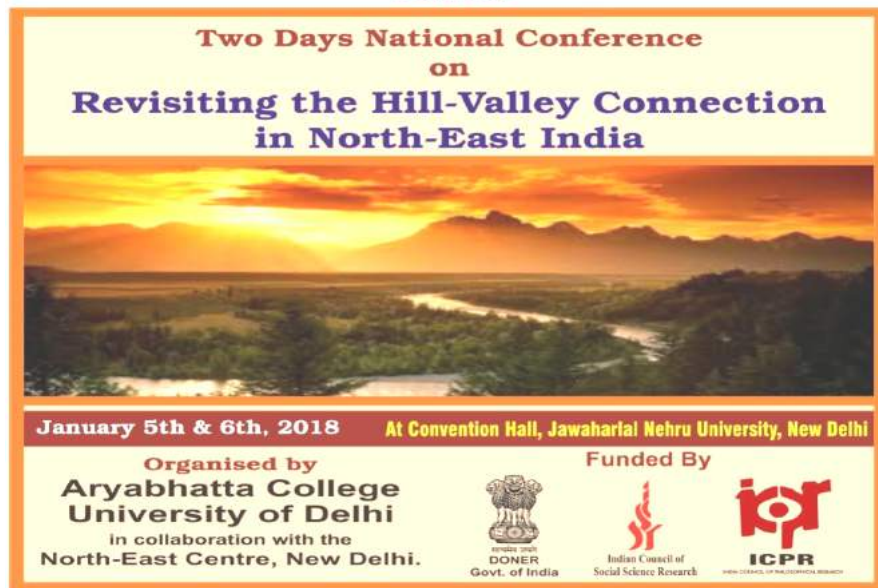
Political Science Department of **Aryabhatta College, University of Delhi** in collaboration with **North-East Centre**, New Delhi had organized two days national conference on 5-6 January 2018 in Jawaharlal Nehru University, supported by ICSSR and ICPR. The theme of Seminar is **“Revisiting the Hill-Valley Connection in Northeast India”**

The purpose of conference was an endeavour to explore the North East Region in the holistic perspective. North East Region is inflicted with numerous issues which need to revisit. This conference is been organized by Aryabhatta College, University of Delhi in collaboration with North East Study Centre, New Delhi. Aryabhatta College has significant number of students from North East Region. The North East Centre is a non-profit trust established with aim of promoting culture, education research and character building among the masses in North East India. This collective effort by Aryabhatta College, and North East Study Centre, New Delhi may would enrich knowledge community of the country and facilitate the cultural bonding between hills and valley.

#### **Sub Themes of Conference was:**

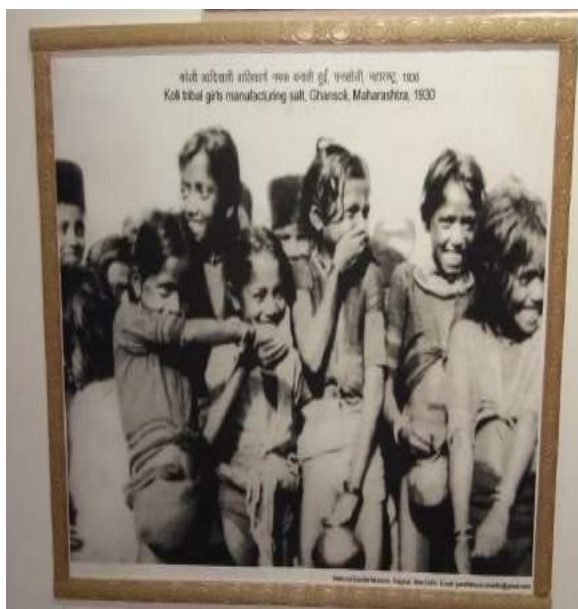
- *Philosophy and Religion of the Region*
- *Narratives and Identity in the North East Region*
- *Way of narrating ethnic identity in past and present perspective.*
- *Participation in Freedom Struggle (Including North East India and INA).*
- *Sixth schedule and its relevance.*
- *Panchayati Raj*
- *Connected history – trade, people and culture*
- *Identities: past and present*
- *Economic development in the region*

# **banner**



The department of political science, Aryabhata College organized a talk on “Current International Crisis: Humanitarian Diplomacy and Challenges” 15 January 2018, in the conference room. It was delivered by Hugo Slim, Senior Research Fellow, International Committee of Red Cross, Geneva and chaired by Porf. Swarn Singh.

The Faculty member Dr Rajendra Dayal organized a visit for faculty members and students to the National Gandhi Museum and Library on 2 February 2018. The visitors got opportunity to learn about participation of women in national freedom struggle.





The department of political science organized a talk on **“Reflection of Indian Politics Since Independence”**. It delivered by Prof S. K Chaubey, retired professor, Department of Political Science, University of Delhi on 16 March 2018 in Conference Room. Professor Rtd. SK Chaubey is one of the veteran political thinker and teacher in the department of political science. It was privilege for the department that all senior faculty were his students. His talk was based on his memory how he had seen a changing India since independence.



### **Department of Political Science**

### **Reports of Academic Year 2016-2017**

The Department Conducted Study tour of Jammu and Kashmir from 4/04/2017 to 10/04/2017 to expose the students to the discourse of Jammu and Kashmir :article 370, terrorism and separatism and role of army. The tour gave an opportunity to understand the different issues of state like governance, human rights, women status in society, trade, commerce and



religious



### Department of Psychology

### Reports of Academic Year 2020 - 2021

#### ➤ WEBINAR SERIES ON MENTAL HEALTH DURING COVID 19 LOCKDOWN

The department of psychology, Aryabhata College, University of Delhi, organized a webinar series for the students and faculties of the college to help them through their journey to keep check of their mental and emotional health.

1. **On 20<sup>th</sup> May 2020: How to manage your emotions in lockdown by Dr. Garima Srivastava** - She emphasized on giving space to all emotions during her talk and also discussed about the uncertainties and trauma brought by Pandemic. She also pointed that we need to manage our life and our emotions, not control it or get rid of it. We can't do that as they are a permanent part of us. She divided the methods to manage emotions into two categories- internal and external. Internal techniques mainly include breathing and Stop technique. External techniques focuses on methods like scheduling your time including even time for thinking and talking about situation among other activities, exercises, and making gratitude jar to remind us of the thing we are grateful for in our life.

**2. On 21<sup>st</sup> May 2020 - Boredom and Our Selves Amidst Lockdown by Ms**

**Thankgiakching** - She started the session by talking about Self and as we knew about it. While we consider 'self' as something we know about ourselves, she mentioned that all of us carry different 'selves' inside us and show them in different situations at different times. This lockdown altered our regular lifestyle, something we were really habitual to at a time and the sudden, surprising change caused a great deal of stress on people's mental health. She emphasized that the various selves existing in a person were affected by it because the work and activities that used to keep them occupied throughout the day found them suddenly useless.

**3. On 29<sup>th</sup> May 2020 : "Psychological restoration" by Ms. Soshomi Makang – the session**

- began by stating that restoration is something that happens to us regularly, we tend to be restored from relationships, from our anger, illness, trauma, addiction, and literally everything. She explained that restoration is the process of renewing our physical, psychological and social resources that diminish when we try to adapt with the daily needs. She highlighted that there are resources in us that lie dormant, because we are bounded by routines. She through her lecture explained about the three areas where restoration can be applied – environment, brain and morale.

**4. On 8<sup>th</sup> June 2020: Engaging the Shadow in Times of Corona by Ms. Nitika Kumar -**

The session began with a story and the relevance and importance of stories as a symbolic medicine for our psyche. She weaved the explanations and importance of shadow work into the session. Shadow, a cardinal aspect of Jungian psychology, associated with the concept of "wholeness" of humans, was an extremely intriguing concept; just like everything luminescent casts a shadow, similarly, humans with their light of consciousness also have shadows and that's what makes them whole— the light and the shadow.

**5. On 4<sup>th</sup> July 2020: "It's my Life" by Dr Vinay Kumar -**

He focused on three important aspects that are life, liberty and pursuit of happiness. He also pointed out that if we all do our duties then we won't have to talk about 'right' to life because it will be automatically available to us. He talked about how we're entangled in the cultural structures and how the "It's my life" theory has made us self-cantered. He related it to Narcissistic Personality Disorder wherein people have an inflated sense of self-importance. They tend to give a lot of importance to their own thoughts and sayings and may complain about not getting enough attention and admiration.

6. **On 11<sup>th</sup> July 2020: Mental Health and Wellbeing: Current Concerns by Prof Girishwar Misra and Pandemic an opportunity to rethink self and social identity by Prof. Anand Prakash** - Prof. Mishra enlightened the participants about the mental health concerns concerning the current covid 19 situations from a social and cultural psychology perspective. The two webinars were seamlessly woven together as the topics were of similar nature. Prof. Prakash explained different gradual stages of reaction to the situation, as at the beginning people were in denial. Later it changed to state of anger and now we are in the state of negotiation, where we learning to live with it in a balance. He explained the perspectives of the inner and outer world through a mythological story of race between Ganesha and Kartika to revolve around the whole world three times.
  7. **On 15<sup>th</sup> July 2020 – Post COVID-19: EQ Paradigm, Prof. N.K. Chadha** - The discussion revolved around the topics of anxiety, feeling of restlessness and constant worry due to the lockdown and seeing the rising number of cases all over the country. Professor N.K. Chadha explained about times of hardship, not just financial and economic challenges but also personal. Prof. Chadha briefed the students about the strength of Emotional intelligence – the ability to judge and understand your own emotions, know their strength as well as understand the emotions and feelings of other people.
- **Workshop on Self-exploration through Expressive Art by Ms. Suhasini Subramanian on 26<sup>th</sup> Aug 2020** – this workshop with students involved various self-related activities through art that helped students to discover about themselves more and better and also gave them a fresh perspective regarding the nature of art to produce therapeutic effect.
  - **Workshop on expressive art for stress relief by Ms. Avantika Malhautra on 15<sup>th</sup> Feb 2021** - The objective of this interactive session was to introduce Expressive Arts Therapy as a theoretical approach as well as an experiential process that enhances expression, reflection and insightfulness. During the explication of EAT as a part of the psychological approach to well-being, the participants were briefed about therapy, its elements and the features which make it a success. They got to learn about the pioneers of EAT like Paolo Knill, Shaun McNiff, and Natalie Rogers, and the basic principles on which this therapy functions. Some myths about EAT were debunked and the benefits, as well as the therapeutic changes it brought to physiology and life, were discussed. The participants were informed about various responses to stress and how they can be managed with the help of Expressive Arts Therapy.
  - **Workshop on Hatha yoga by Mr. Markus Hanna on 17<sup>th</sup> Feb 2021** - The session intended to make students aware and teach them about the different techniques to reduce, manage, and be resilient to stress. The speaker cited two different techniques that can be employed to deal with stress and to live cheerful and contented daily life, through the yogic perspective. The first technique was focused on giving purpose to labour and cultivating sharp focus and willpower while being calm through breath retention (Kumbhaka) exercises. The second technique focused on automatic inhalation and conscious exhalation

through the nose and subsequently through the mouth. the speaker provided some valuable inputs about how to continue with this state of calmness and be more productive at work. Some of the main concepts included the power of practice of Hatha Yoga to make the acquired knowledge more valuable and the 30 days challenge to notice a significant change in oneself.

**Workshop on guided imagery by Ms. Sera Wangdi on 16<sup>th</sup> March 2021** - The workshop consisted of a brief view of Buddhist ways of relaxation and meditation followed by a guided experiential practice of few techniques of meditation. Ms. Sera Wangdi described meditation as a means of transforming the mind. Its practice helps encourage deep concentration, clarity, emotional positivity, and a calm seeing of the true nature of things. She mentioned that in Buddhist meditation belief in oneself and their positive qualities and the search for wisdom is a prerequisite. From a Buddhist point-of-view, it is the enlightenment or Buddhahood comprising of three namely view, meditation and action.

### **Department of Psychology**

#### **Reports of Academic Year 2019 - 2020**

- **Talk on applied behaviour analysis as a technique of intervention in child behaviour by Prof. S.P.K Jena on 3<sup>rd</sup> sept 2019** – this talk focused on various behavioural techniques and ABC – antecedent, behavioural and consequence model. He discussed various behavioural therapy techniques and also stated his views against parents who bribe their children.
- **MENTAL HEALTH AWARENESS WEEK 27<sup>th</sup> sept to 1<sup>st</sup> Oct 2019**  
**Theme: Mental health promotion and suicide prevention**
  1. **Movie screening and discussion – Tuesdays with Morrie:** the movie beautifully depicts the relationship between a teacher (who is on the verge of death) and a student. Movie shows relevance of accepting death and living life to the fullest. It focuses on relationships, detachment and forgiveness.
  2. **Open Mic session on suicide prevention on 27<sup>th</sup> sept** – during this event poets from various colleges came forward and shared their views and writing on suicide. Poets choose words to express their concern about mental health, positive thinking, optimism, and suicide prevention.
  3. **Confessions box - On 27<sup>th</sup> Sep with the theme ‘Suicide Prevention and Awareness’ a Confession drive was initiated in the college premises.** Two boxes were kept in two parts of the college and people were asked to write about their anxiety, stress, relationship issues, any past incident, or simply anything that concerned their mental health. This initiative was done to encourage students to talk about their problems, the issues that always lurk in the



background to which people never pay attention to and still they continue to affect them. The confessions were categorized in three categories – the negative thoughts, the journey and positive outlook. These confessions received were discussed with students which helped them to know about the current concerns of youth in relation with mental health.

4. **Starting a conversation by Dr. Priti Dhawan on 30 sept** – Dr. Priti Dhawan, began her talk by asking the audience - "Do you choose to release all your regrets?" "Do you choose to express your decisions that didn't work as you hoped?" If not, then she asked to try and choose to share them today, which is why she titled her talk as "STARTING A CONSERVATION" She brought into light the importance to know one's own self. The concern comes in when our inner conflict goes unattended, gets filled up, and eventually spills and it is the individual that succumbs. It is important to make peace with one's inner conflicts, we have to be our own gardeners. Dr. Priti also emphasised, like the knowledge of first aid, one should identify the first signs of mental discomfort and advised a variety of preventive actions.
  5. **Developing skills to prevent suicide by Dr. Ruchi Verma on 1<sup>st</sup> Oct** – Dr Ruchi Verma is a clinical psychologist at the Institute for Human Behaviour and Applied Sciences (IHBAS). She enlightened and educated the audience with her vast knowledge and viewpoints on suicide and its prevention. The session began with a very informative presentation on the topic where she briefly discussed about suicide and its causes, moving on to highlighting the role of every individual in the prevention of suicide once they are aware of the warning signs. She talked about the perils of modern-day media glorifying alcohol and substance abuse as a cure to distress, as it is one of the leading causes of suicides worldwide. In the course of her lecture, she also decoded various myths people have about suicide.
- **Today's struggle, Tomorrow's strengths: Cultivating Resilience by Prof N.K Chadha on 15<sup>th</sup> Oct** – during this session Prof Chaddha discussed the very important concept of Resilience with students. He focused on the various sources of resilience that are available to us and how they can be used in building resilience and managing issues of life.
  - **Movie screening with the director 'Anoochcharito' on 28<sup>th</sup> Jan 2020 by Sourav Sarkar** - The film follows the perspective of a young child ad how he is affected by parental conflict and separation from his friend. He feels alone and engages in different creative activities to keep himself occupied. Through his movie he discussed about the need for guidelines on good parenting and the impact parenting can have on the fragile mind of a child. He discussed the importance of media in spreading awareness and how it can be used to guide audience to mental well- being.
  - **PSYGALA 2020: 4<sup>TH</sup> TO 6<sup>TH</sup> FEB (Annual Academic Festival of Department)**  
**Theme: Oubaitori**

1. **Performance by the Nameless Band on 4<sup>th</sup> feb** – this band from Jaipur performed during the academic festival. Their energetic and visually engaging aura gave a head start to the festival.
2. **Lecture on youth and mental health by Dr. Karuna Mehta on 5<sup>th</sup> feb** – this session focused on various ways through which youth can guard their mental health. Dr. Mehta also discussed about the transactional therapy approach and gave students insights about the importance of positive psychology in maintain good mental health.
3. **Workshop on Body Image by Dr. Kanika Ahuja on 5<sup>th</sup> feb** – ‘Mirror Mirror on the wall, I am sexy, Damn you all’ this workshop focused on body image issues among young adults. It involved activities and self-boosting exercises to counter doubt and shame associated with body image issues.
4. **Paper presentation competition on youth and mental health on 6<sup>th</sup> feb** – this inter-college event gave students opportunity to display and elucidate their research work in the area of mental health and illness.
5. **Painting competition and online photography competition** was also organized during the event for students to display their creative perspective in relation with the theme.

### **Department of Psychology**

### **Reports of Academic Year 2018 - 2019**

#### ➤ ***MENTAL HEALTH AWARENESS WEEK 3<sup>rd</sup> to 5<sup>th</sup> OCT 2018***

1. **Talk on young people and mental health by Dr. Uday Kumar on 3<sup>rd</sup> oct** – Dr Sinha, additional professor at Institute of Human Behavior and Allied Sciences (IHBAS) discussed how the subject of psychology has evolved over time and the increasing traction that it is gaining amidst the youth. In accordance with the World Health Organisation's theme for 2018, 'young people and mental health in a changing world', Dr. Sinha talked about different methods that the young generation could employ to improve their mental health. He emphasised that mental health is much more than absence of mental illness; it involves working productively and fruitfully. He suggested the use of mindfulness, which is a state of being conscious or aware of the present moment, our thoughts and our feelings.
2. **Talk on struggles of youth by Dr. Ishita Bhardwaj on 3<sup>rd</sup> oct** – Dr. Bhardwaj, faculty member, dept of psychology, University of Delhi; shared her views about the struggles the youth must go through, on their path to finding their own identity and understanding themselves. She had the listeners deliberate upon a myriad of issues such as how to find empathy and help when faced with distressing situations, how to discern who is suffering

and then convince them to seek help. She addressed many more concerns that hold significant importance in contemporary times.

3. **Open mic session on 3<sup>rd</sup> oct** - for students to freely express themselves, the open mic session served to astound the audience with the sheer eloquence of the speakers. Featuring touching and motivational poems in both Hindi and English, the session left a lasting impression on the full house present for this event.
4. **Student panel discussion on Queer and Mental health on 3<sup>rd</sup> oct** - The student panel comprised of Vidushee Srivastava, Akanksha Rajguru, Kanaka Shatadal, Rithwik Narayanan, Muskan Datta, Adya Jha, and Vijaylaxmi Samal. The discussion was **moderated by Dr. Garima Srivastava and Dr. R K Dwivedi**. In the discussion, students put forth their views on the topic 'Queer and Mental Health'. A variety of different perspectives were presented, enriching the listeners with exposure to a whole new dimension. The panellists discussed what the LGBT community is, the challenges it faces and has faced in the past. They ended the discussion by constructively pondering over ways to overcome those challenges and the means through which we can make an impact on a personal level.
5. **Lecture on Archaic roots of mental health by Dr. Eric Soreng on 4<sup>th</sup> oct** – Dr Soreng (Assistant Professor, Department of Psychology, University of Delhi). With a unique style of presentation, he discussed the archaic roots of mental health, especially its presence in mythology. He shed light on how various symbols popular in the medical community are derived from mythology, such as the Staff of Hermes and the Rod of Asclepius. He also talked about complexes and went on to contrast the Freudian and Jungian perspectives.
6. **Talk on Dance movement therapy by Ms. Tanvi Bajaj on 4<sup>th</sup> Oct** - Laban Movement Analyst, Educator & dance therapy trainer, Dr. Tanvi, began with a fascinating and enjoyable practical session, she went on to explain the basics of dance and movement therapy. A part of expressive arts therapy, it puts to use, the connection between mind and body to help people. This form of therapy proves to be useful for reducing stress and in addition, it has also proven effective in treating people with physical problems such as Parkinson's disease.
7. **Movie screening – ‘INSIDE OUT’ on 4<sup>th</sup> Oct** - Relaying true messages far beyond what is generally associated with the idea of animated films, it showed how situations are not inherently positive or negative, but in fact are directly based on individuals and their way of perceiving what they see or experience. Most importantly, it stressed that happiness and sadness are interdependent. They are two sides of the same coin and sometimes it is completely alright to be sad as long as we know how to come out of the sad phase and get on with life.
8. **Talk on Educational system and Mental health by Dr. Jitendra Nagpal on 5<sup>th</sup> Oct** - He discussed the various school boards and how the education system has evolved over time. He also talked about the importance of integrating mental health into the education system and spreading health awareness early in school life. He talked about the case of students committing suicide during examinations as well aggression, depression and hostility

among the youth. The lecture included a dialogue on child rights and the legislative framework surrounding it.

9. **Talk on Role of listening in mental health by Dr. Neetu Sarin on 5<sup>th</sup> Oct** – Dr. Neetu, assistant Professor at Ambedkar University conducted an interactive session highlighting the role of listening in mental health as well as underlining the aspects that make one a good listener. She talked about implicit content of speech and internal objects. Her insights regarding people's manifestations of their innate desire to destroy were particularly enlightening.

➤ ***PSYGALA 2019 1<sup>st</sup> MARCH 2019 (Annual Academic Festival of Department)***

1. **On 1st March 2019, Talk on 'Preventing substance abuse' by Dr. Atul Ambekar** – the talk focused on addiction and its prevention. He quite deftly differentiated between different kinds of drugs, elaborating on their addictive properties and along the way asked the students for their opinions on why 'addiction' was not a thing for every drug user! He lauded the prior knowledge of the students and further shared the different acts of using drugs. Dr. Ambekar shared with the students some useful statistics on the efficacy of the different treatment- intervention technique focusing on every aspect or stage of a person's life from prenatal to adulthood.
2. The department also hosted an **Open Mic competition** themed 'addiction' - The event saw participants from different colleges and courses coming together to express their views, either in a poetic, lyrical or narrative form. They presented their views on addiction to intoxicants, how it affects the person and even opened up about their own struggles with addiction.
3. **Poster-making competition**, another event hosted by the department, had students from different colleges present the **theme 'Break Free'** in an imaginative yet ingenious manner.
4. **Photography competition themed Trapped** was also organized by the department to give students an opportunity to display their photography skills and display their unique perspective via images.
5. **The testing stall** generated quite some curiosity amongst passers-by who were keen on knowing themselves better or coming to terms with their stress levels and personality types. There were **two sets of questionnaires: The Big Five Personality and The Stress questionnaire**. Students from the psychology department did the scoring and interpretation of the participants' responses and gave them quick results and analyses. the psychology students were able to identify different types of personality traits among different people. They also checked their stress levels and suggested how to manage them.



## **Department of Psychology**

### **Reports of Academic Year 2017 - 2018**

- **Confessions box and positivity basket** – to mark suicide prevention day, on 14<sup>th</sup> sept 2017; the department of psychology had put up a confessions box and positive notes basket in college premises. The idea was to allow students to confess any of their troubles in the confession box and take a positive thought from the basket in hope of a positive day. The endeavour to put up confession box was to address some of the common issues faced by youth such as low self-esteem, anxiety etc. and shower them with positivity.
  
- **MENTAL HEALTH AWARENESS WEEK 11<sup>th</sup> to 15<sup>th</sup> OCT 2017**
  1. **Talk on Sleeping and eating disorders by Dr. Gaurav Gill on 11<sup>th</sup> oct** – As a Neuropsychologist, Dr. Gaurav during the talk discussed about three sleeping disorders namely -Narcolepsy, Insomnia and Sleep Apnea. He also discussed about eating disorders such as Pica, Anorexia Nervosa, Bulimia Nervosa and Binge eating. He also elucidated about the multidisciplinary nature of these disorders and how we as psychologist help the ones suffering with these.
  2. **Talk on Substance related and addictive disorders by Dr. Shagun Suri on 11<sup>th</sup> oct** – Dr. Shagun shed light on the various substances abused by youth, causes of abuse and addiction and the interventions involved in the treatment process of these disorders.
  3. **Discussion on Psychological Disorders by Mr. Dharendra Kumar on 11<sup>th</sup> oct** – using a documentary, Mr. Kumar described about the plight of mentally ill Indian females regarding their obscured social status. He through an interactive session discussed about mental health issues in the country and his personal experience as a mental health professional.
  4. **Lecture on Anxiety Disorders by Dr. Pooja Nath on 12<sup>th</sup> oct** – she discussed about various anxiety issues among youth and also helped students understand how daily life stress and anxiety are different from the disorders of anxiety. Through an interactive session she discussed about some management techniques to deal with anxiety and stress too with students.
  5. **Workshop on art therapy by Ms. Hyun Hee on 12<sup>th</sup> oct** – this workshop gave students a taste of expressive art therapy as a contemporary therapeutic tool. Ms. Hyun involved students in a number of group and individual activities using easily available art material that helped them to de-stress and feel relaxed. Students through the workshop learned about how expressing emotions and self through art can be helpful and therapeutic.
  6. **Talk on Relationships by Mr. Nitin Yadav on 13<sup>th</sup> oct** – this session involved discussion around the importance and impact of healthy interpersonal relationships in our lives. Speaker elucidated to students how relationships can be managed and work as an effective strategy for our mental health and well-being

7. **Session on Happiness and well-being by Ms. Mehak Arora on 14<sup>th</sup> oct** – this session included several activities and discussion around impact of happiness in our lives. The session discussed about various theories associated with happiness and the speaker also demonstrated the fundamental happiness paradox. The session emphasised on creating happiness for our selves in the changing and rapid world.
8. **Lecture on Positive Psychology by Dr. Naveen Kumar on 14<sup>th</sup> oct** – during this lecture Dr. kumar explained and discussed with students about the need for meaningful and fulfilling lives of human being. He discussed about several simple day to day activities of creating positivity in managing stress and anxiety.
9. **Panel discussion on eastern and western perspectives in Psychology on 15<sup>th</sup> oct** – the panellist included **Dr. Arvind Kumar Mishra and DR. G.S Kaloiya** who discussed about the concept of consciousness in eastern and western psychology. They discussed how the focus of study shifted from consciousness to unconscious to now existence and again moving towards higher aspects of consciousness.

➤ **PSYGALA 2018: 19<sup>th</sup> - 20<sup>th</sup> MARCH 2018 (Annual Academic Festival of Department)**  
**Theme ‘Experience beyond Existence’**

1. **Talk on Parapsychology by Mr. Waqar Raj**, Head of Operation at Indian Paranormal Society on 19<sup>th</sup> march – this talk focused on the scope and purview of Parapsychology in India. Mr. Raj discussed some cases with students and also discussed about how scientific study in the field and possible and taking place within India.
  2. **Workshop on Mindfulness by Ms. Saumya Kulshreshtha on 19<sup>th</sup> march** – using several mindfulness techniques and activities, the facilitator indulged students in mindfulness. The idea of the workshop was to acquaint students with the concept and techniques of mindfulness. The workshop helped students to gain and understanding of mindfulness and how it as a daily practice can aid in well-being.
  3. Slam poetry comepetition on 19<sup>th</sup> march
  4. Photography competition on the theme emotions was held by the department as a part of psygala 20<sup>th</sup> march
  5. A poster making competition themed supernatural was also organized by the department as a part of psygala festival on 20<sup>th</sup> march
- **Talk on diversity and community by Prof. Nick Hopkins, University of Dundee, Scotland UK on 12<sup>th</sup> January 2018** – in his talk Prof. Hopkins defining diversity emphasized on the need for informal citizenship. He discussed that diversity is not really a problem it teaches and establishes a different kind of equilibrium within the social system and should be utilized as a tool for strengthening social relationships and society at large.

## Department of Psychology

### Reports of Academic Year 2016 - 2017

- **Talk: ART OF COPING** – On 29<sup>th</sup> sept 2016 department organised a talk on the art of coping. Dr. Archana Sharma, practicing psychologist at Action Balaji Hospital conducted the session. The talk revolved around the fact that stress is transient to the human nature and is a matter of one's perception. The different coping strategies were discussed at length. She exhibited the use of self-talk, introspection, yoga and meditation in times of stress.
- **MENTAL HEALTH WEEK OCT 2016**
  1. **Street play: Dukhad Dastaan** – on 3<sup>rd</sup> oct 2016, students of the department performed a play in college premises with aim to spread awareness about mental illness. The play focused on the fact that sharing troubles without doubt and shame with friends can be helpful. Building a non-judgemental attitude and friendly atmosphere can help people to open up, share and discuss their mental health issues.
  2. **Struggles of mental health** – this session was conducted by **Dr. Poonam Phogat**, Assistant Professor of Psychology at Gargi College, University of Delhi on **3 oct 2016**. This talk focused on the importance of acknowledging and accepting mental health concerns as we do it for physical health concerns. She spoke about the social stigma associated with mental illness and how pertinent it is to pay attention towards mental health. She also briefly discussed about some stress management techniques that can work well during times of stress in our daily lives.
  3. **Mass media and mental health** – this talk was conducted by **Dr. Naveen Kumar**, Associate Professor, BRAC, University of Delhi on **4<sup>th</sup> oct 2016**. Dr. Naveen spoke about how mass media is neither all negative nor all positive; he emphasized how use of social media as a virtual platform is forcing us to neglect reality and is affecting our communication skills.
  4. **Psychological first Aid** – this session was conducted by **Dr. Anjali Nagpal** on **6<sup>th</sup> oct. 2016**. This talk included a colourful discussion around the definition of first-aid. She focused on three action principles, look, listen and link. She emphasised on psychological first aid as a social intervention which can be delivered by anyone trained in it despite of their non-psychology background.
  5. **Panel Discussion – Youth for health: conducted on 6<sup>th</sup> oct**, the panel included; Dr. Richa Chaturvedi (endocrinologist), Dr. Deepali Batra (clinical psychologist), Mrs. Deepa Nangia (nutritionist) and Smt. B.K Vijay Lakshmi (spiritualist). Each of the panellist discussed around their perspective of good health and well-being. Dr. Richa discussed about how hormones regulate and affect us, Dr. Deepali discussed about how good mental health is important aspect of our well-being, Mrs. Nagpal discussed about how nutrition and diet affect our living and mental state and smt. Lakshmi discussed about the concept of Bhava. The panel discussion was followed by question answer session with the students.

6. **Workshop on Depression and Suicide Prevention by NGO Sumaitri** – this workshop was conducted on 6<sup>th</sup> oct 2016. The volunteers from the NGO, involved students in role play to elucidate how to help someone with suicidal and depressive thoughts. Students through this workshop learned about how to look for warning signs and how to help by providing non-judgemental and warm atmosphere to the ones dealing with mental health issues.

➤ **PSYGALA 2017: 8<sup>TH</sup> MARCH 2017 (Annual Academic Festival of Department)**  
**Theme ‘Alternate therapies in Psychology’**

1. **Talk on Music Therapy:** this session was conducted by **Dr. Madhusudan Singh**, Consultant Psychiatrist at Max Super speciality Hospital Saket, New Delhi. During this session DR. Singh discussed about how music is therapeutic and can be used to alleviate pain, manage stress and emotions, improving memory and communication and for promoting overall mental and physical health. He also shared with students music composed by him as a therapeutic tool.
2. **Talk on Art Therapy:** this session was conducted by **Ms. Sonia Bhandari**, Parenting and early childhood expert. She discussed how the creative process of art is used to explore and reconcile emotions. She also described how art works as a therapeutic tool in helping us to deal with our anger and stress issues, trauma and in self-management.
3. **Talk on Know Thy Self: An Indian Prespective** – was delivered by Dr. Shefali Mishra, Assistant Professor JMC, University of Delhi. She discussed about the concept of Aham Brahmasmi and Satt Chit Ananda and how Indian psychology helps us to understand our identity through our existence and consciousness.
4. **Students presentation:** Students of department of Psychology did an exhaustive literature review regarding alternative therapies in Psychology and did a presentation discussing about their use and impact.
5. **Online photography competition** on Shades of affection was organized by the department
6. **Poster making competition** on A Minor Fall, A Major lift was also organized by the department
7. A **personality and intelligence testing stall** was also set up by the students of the department in the college to attract audience to learn and discuss about Psychological concepts and issues.

**Enactus**

**Reports of Academic Year 2019-2020**

**Enactus Day –**

Enactus Day is celebrated with tremendous enthusiasm for all the students eager to participate in various events and foster healthy competition against other students. The events of Enactus Day 2.0 and Enactus Day 3.0 were immensely successful.

**Enactus Day 2.0:**



- After experiencing a restless level of anticipation from the students across colleges, Enactus Aryabhata does justice to the long wait with 'Enactus Day 2.0', the event experienced a prodigious response and ended with an extremely contented list of guests.
- The event began with all the focus being directed towards the project 'UTKARSH' stall where the delectable wafers were sold out in no time, the customer's response at the event has indeed assured the group of students that their project is moving in a propitious direction.
- The next insight came to the game stalls, with the 'Lucky Uno', 'Magic Brick', 'Enigmas: The Treasure Hunt', these games were enjoyed duly by the students of the university.
- With 'Enactus Day 2.0' experiencing a glorious end, the group of social entrepreneurs now looks forward to reaping similar success with their projects and continue to put in their complete efforts towards making this world a better place to live in, to make this world a place where we all win.



### **Enactus Day 3.0:**

- The 2018's annual event the Enactus Day 3.0 was a huge success in terms of the elegance, magnificence, and the experience which it promised to offer to the teams that became a part of it. The priceless smiles that we were able to bring on the faces of the team members and others motivated us to strive further towards organizing a far better event in the coming years.

- The event began with FIFA '19 and the lockdown events for different teams of Enactus that involved putting their best foot forward and using their minds to crack the ultimate mystery to break free. These events were followed by the Pop Quiz Culture that involved the knowledge of the various T.V. and web series.
- These events were followed by Relay Race, wherein, the participants had to cross several obstacles and answer tricky riddles to win the ultimate race and hence find their ultimate path to glory by timing themselves less than the others.
- The main attraction of the food stalls was the stall of our very own VEGGITOS that were finished within an hour and a half of its opening. The DIY stalls had the pinch of DIWALI in them as the items in the stall consisted of CD DIYAS, glowing orbs, and mason jars. The mini-games that we conducted were Uno game, Bollytamasha, Minute to win it, Electrikey, Jing jong, Lucky7.
- After savouring the best of events and making pleasant memories, the teams suited up for The Business Plan Competition, this event as stated by us as the main highlight of the Enactus Day 3.0 was attended by Tarun Jain and Neeraj Arora.
- The attending teams explained their projects, their impacts, and their limitations. The teams present there viewed each other as intellectuals who don't only represent a college but a dream, a dream to improve the society, a dream to bring about a change, a dream to chase a better tomorrow and revive hope in the crestfallen.



### **Teachers Day**

- Teacher's Day 2016 was celebrated by taking the initiative to create paper bins around the campus and collecting recyclable waste.
- Team members created a rangoli in the shape of Enactus yellow bird logo and decorated the college corridors as well.



### **4. Enactus Day**

- The society also organized a fest called "Enactus Day" which was an initiative to use recycled materials for creating something useful and also spreading awareness about our Enactus society.
- It was observed in Aryabhata College on 24th October, 2016. The one-day event took place within the college campus and involved students from all over the University of Delhi.
- This was an initiative to use recycled materials for creating something useful and also spreading awareness about our Enactus society.
- Several products were made by team Enactus Aryabhata and sold at very reasonable prices. The proceeds of the day were used for betterment of the society.
- A nukkaad natak by the drama society of the college was also performed on the theme of Project Shakti.



### Achievements

1. **KPMG Mentorship Session:** Conducted a mentorship session with the knowledge partners of Enactus India, i.e. KPMG, that provided us with valuable insights as to how we can improve our entrepreneurial ventures and increase our impact.
2. **Enactus Day 2.0:** Hosted the Second edition of Enactus Day. Numerous activities and competitions were organised to cap off a successful event.

### The Finance and Investment Cell

### Reports of Academic Year 2016-2017



**Chief Patron:** Prof. Manoj Sinha

**Convener:** Prof. JK Singh

**Coordinator:** Dr. Pritika Dua

**Co-coordinator:** Miss Cherry Uppal



## **Qriosity 2017**

**DATE-:** 23rd January, 2017

The Finance and Investment Cell, Aryabhata College organised their premier event Qriosity 2017 on 23rd January 2017 in the Seminar Room of the college. The event began with a seminar for CAT aspirants titled "Mantra to score 99 percentile in CAT" conducted by Mr. Alok Bansal, Director, IMS Learning Resources Pvt. Ltd, Delhi-NCR Region. The seminar was then followed by an Intra - college Business Quiz where cash prizes worth Rs. 5000 were given out to the top 3 teams and participating certificates to students who cleared the prelim round.

Mr. Alok Bansal enlightened the students about opportunities they have after their graduation and how they can prepare for the competitive exams. The students were

enthusiastic about their future studies and thanked Mr. Bansal for his insights on Career development. The seminar was followed by a Business Quiz which brought an overwhelming participation of 25+ teams for the Prelim round. The top seven teams were then selected for the next two rounds. After two competitive rounds was the final Buzzer round which was played by the top three teams of the event which were:

1. Team Apple : Naman Wadhwa and Sumit Gupta
2. Team Reliance : Keshav Arora and Pranjal Bhushan
3. Team Facebook : Harshwardhan Muthye and Kartikay Kharbanda

The top 3 teams were awarded with cash prizes worth Rs. 5000. Qriosity '17 was hailed as a great success. The event received an overwhelming response from students & was a huge success.



## Marketing Cell

### Reports of Academic Year 2020-2021

## THE MARKETING CELL



2020-2021



S. NO.	TOPICS
1.	INTRODUCTION
2.	INSTAGRAM SERIES
3.	WEBINARS
4.	COLLABORATIONS
5.	MARKESTA 2.0. <ul style="list-style-type: none"><li>• 1 MAIN EVENT</li><li>• 5 MINI-EVENTS</li></ul>

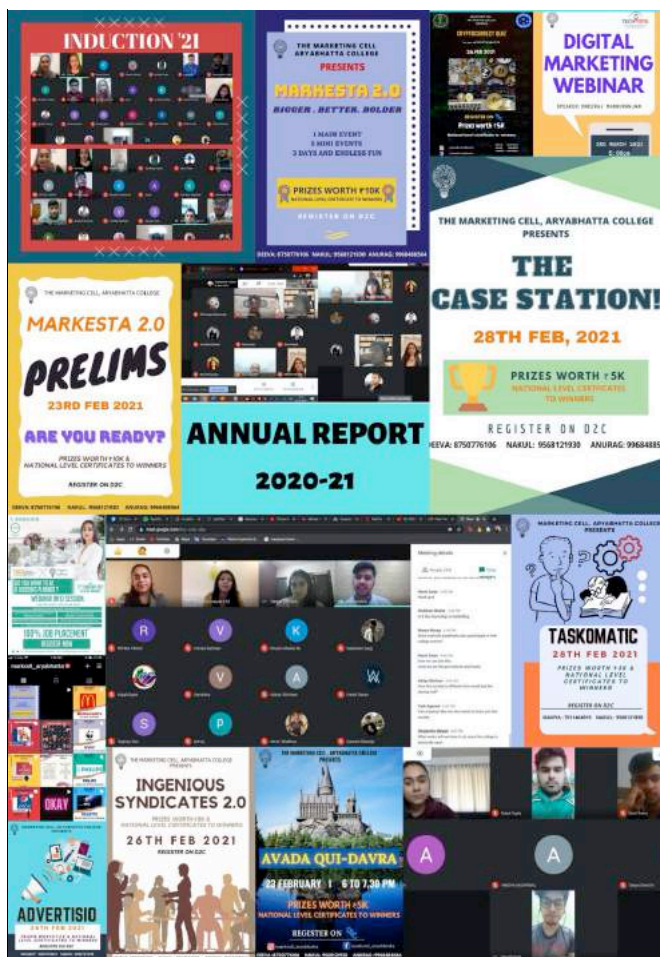
### 1. INTRODUCTION

The new batch of 'The Marketing cell' commenced on 1st September 2020.

The recruitment process was carried out in two phases, the first one for the senior members of the second and third year, which was concluded in the month of November, followed by the Orientation for the new academic year which was held virtually on 29th November, marking the beginning of the second round of recruitment for the newly arrived first year students of the college.

After reviewing applications from students across various streams and a thorough interview process, the second round concluded in December with an addition of new, active and enthusiastic members, ending up with a team of **40+** passionate members.

Simultaneously, the team also worked on rolling out new marketing-related series on its official Instagram page.



## 2. INSTAGRAM SERIES

The Marketing Cell started 2 informative series on the newly created official Instagram handle of the society, namely “AD-APT” & “Controversilly”.

**AD-APT** focussed on covering advertisements and campaigns of various brands that left a mark or that brought up good causes directly or indirectly, spreading virtuous messages to the masses.

**Controversilly**, on the other hand, covered advertisements and campaigns of various brands that knowingly or unknowingly created controversies, leading to a lot of drama. This educated the people about the don'ts of marketing.

## 3. WEBINARS

The team conducted several educational webinars with various renowned institutes to update the students with the latest trends and shifts in the world of marketing.

This includes two detailed webinars on Digital marketing, conducted by **Internet Marketing School** and **Tech Vidya** during mid-February and in the first week of march respectively.



The team also went out of the league and conducted another webinar on the topic ‘Event management’, conducted by **Wedding Management Institute**, to educate the potential event managers about the future potential of the industry, meanwhile also making them aware of the hardships involved in the journey.

#### 4. COLLABORATIONS

The Marketing Cell, Aryabhatta College, collaborated with different societies of various colleges across the University of Delhi. The society has collaborated with a total of **20+** societies in this academic session and the process is still ongoing.

#### 5. MARKESTA 2.0

The Marketing Cell, in the previous academic session, conducted “**Markesta**”, an online marketing event, with 300+ registrations from top colleges including IITs, IIMs, XLRI, SRCC and other top colleges across Delhi University.

With the same zeal but higher benchmarks, the team conducted **Markesta 2.0** in the last week of **February 2021**.

The Event challenged the qualities of the participants involving creativity, uniqueness, value proposition, ideation, clarity of communication and other traits of a marketer.

It attracted a huge number of students from colleges and universities all over India.

The event saw **600+** total registrations from top colleges of India like FMS Delhi, IITs, IIMs, VIT, DTU and top colleges from Delhi University like SRCC, LSR, Hansraj and many more.

1 main event and 5 mini-events were conducted over a span of 3 days.

- **MAIN EVENT**

The main event started with a prelims round that had a total of 59 teams pan India. Out of these 59 teams, 8 teams were shortlisted for the main rounds. It consisted of 2 separate sub-rounds and an average of both these rounds was considered for deciding the winners.

The first round was ‘Ingenious Syndicates’, followed by the second round ‘The Case Station’.

- **Ingenious Syndicates:** It was conducted in two sub-rounds, the auction round, followed by a trading round. The participants were required to buy a company and its resources in the auction, then trade them in the next round to maximise their profits. It primarily challenged the wit and communication skills of the participants. The novelty of this round was greeted gleefully and appreciated.
- **The Case Station:** In this round, the participants were required to prepare a holistic marketing plan for ‘not-so-conventional’ products manufactured by top brands/conglomerates. For example, Nike manufacturing washing powders.

The participants in this event were from top colleges like FMS Delhi, IIT Madras, IIM Ranchi, Rohtak, NMIMS, SSCBS, VIT Vellore, Hansraj and LSR. After a cut throat competition, **Shreya Jain** from **IIT Madras** emerged as the National Winner, followed by **Vansh Sethi** from **Aryabhata College, DU** as the first runner up and **Jai Chawla & Runjhun Jain** from **FORE School Of Management, Delhi** as the second runner up.

## **5 MINI-EVENTS**

### **CRYPTOMANIAC:**

This quiz unfolded the cryptic knowledge of the participants on the trending topic 'Cryptocurrency'.

This event saw the highest number of registrations with **250+** participants from colleges like FMS, IIFT Delhi, IIM Indore, IIT Kanpur, various NITs, Hindu College, Miranda House, SRCC and many more and **Kaushiki Gautam** from **Department of Business Economics, DU**, emerged as the winner.

### **AVADA QUI-DAVRA: THE HARRY POTTER QUIZ**

The quiz tested the curiosity and comprehension of participants of the alltime celebrated, 'The Harry Potter' series. Several factual and inferential questions tested the understanding of 'philosophically deep' concepts, followed by a detailed discussion on them.

This event had a total of **150** participants from colleges like DTU, IIT Kozhikode, NMIMS, IIT Bombay and many more.

3 die-hard HP fans emerged as the winners in this event.

**Mehar Pruthi** from **Daulat Ram College, DU** secured the first place. **Mansi Bhardwaj** from **MICA, Ahmedabad** secured the second place followed by **Rudra** from **Keshav Mahavidyalay**, who secured the third place.

### **ADVERTSIO:**

One of the most significant elements of marketing is advertisements. A good ad reflects the creativity and clarity of communication of the participants. In this competition, they were required to prepare a poster and a video ad for 'not-so-conventional' products, manufactured by top brands/conglomerates.

This event had **50+** participants from colleges like IIT Madras, IIFT, IIM Indore, LSR, SSCBS, SRCC and many more.

**Pranit** from **MET Mumbai** emerged as the winner.

### **PIXCHARADES:**

Celebrating the art of photography, this event was a competition to click real-life pictures which best describe certain elements of marketing and the market. For instance, clicking a picture that best describes the transition from pre-covid to post-covid market conditions.

This event had **30+** participants from colleges like FMS, IIFT, SRCC and other top colleges across India.

All the entries left us speechless and we couldn't decide on a single winner, thus declaring the event as a tie between 2 teams!

**Christo Mathew Thomas** from **Saintgits College Of Applied Sciences, Pathamuttom** and **Shreesha Shreekumar Padunnayil** from **NLDIMSR, Mumbai** shared the first position.

### **TASKOMATIC:**

It's essential for marketers to be updated with the latest social media trends in the world of marketing, to be familiar with the wide range of apps available and to be able to operate on them.

This competition tested the abilities of participants to work with different social media platforms and perform certain tasks on them, in order to check how comfortable they are with them. Not to mention, it was a fulfilled learning competition that the participants were delighted to participate in!

This event had **40+** teams from colleges like IIM Indore, IIT Kharagpur, SSCBS, SRCC and many more. Because this event was time based, only **Unvashi Unnat & Vashita Grover** from **Aryabhata College, DU** could finish everything on time and thus, emerged as the winners.

The Marketing Cell is working with utmost dedication and high spirits and will definitely conduct more such events in the upcoming future.

Meanwhile, the team is also working on starting new and informative series on the official Instagram page to attract more audience and simultaneously educate them in a fun and unique manner.

## Marketing Cell

Academic Year 2019-20



The poster features a central circular graphic with a colorful, stylized horse head. Four arrows point from this central circle to four categories: PUBG (orange), Ingenious Syndicates (green), House of Brands (blue), and Huntflix (red). Each category includes a small icon representing its theme. The background is dark with a lightbulb icon in the top left and a college seal in the top right.

# Marketing Cell

Aryabhata College

**EXULT 3.0**

- PUBG**
- Ingenious Syndicates**
- House of Brands**
- Huntflix**

Prizes worth ₹1,20,000  
Cash Prizes ₹12000

Anurag - 9899320072  
Mohita - 9899291097

Register at : [bit.ly/exult2019](http://bit.ly/exult2019)

Media Partners	Printing Partner	Gaming Partner	Food Partners
DE DU EXPRESS DU VIBES	Printedesign.com	SMASH	THE WHITE BIRD # SIN ROOM




**MARKETING CELL**  
 ARYABHATTA COLLEGE
 



PRIZES WORTH - ₹ 25000

**6 NOV 12 PM**  
**CONFERENCE ROOM**

Register at : [bit.ly/exult2019](http://bit.ly/exult2019)

 markcell.arya  
 @marketingcell
 

**GHAVYA 8130312578**  
**AMAN 7289892408**


**Marketing Cell**  
 Aryabhatta College
 

Presents

# HUNTFLIX

**6 NOV 2019 SEMINAR ROOM 10:30 AM**



Prizes Worth - ₹ 25000  
 Cash Prize - ₹ 3000

Register at : [bit.ly/exult2019](http://bit.ly/exult2019)

 markcell.arya  
 @marketingcell
 

**Yukta 9873527366**  
**Darshita 9899000245**











### **Marketing Cell**

#### **Reports of Academic Year 2017-2018**

The Placement and Internship cell conducted a large number of placement drives where companies visited the campus to give sterling opportunities to the students .





## Marketing Cell

### Reports of Academic Year 2016-2017



The Placement and internship cell conducted a large number of seminars on different themes such as Group Discussion strategies, Power of personal appearance, aptitude enhancement and invited specialists from all over the country. The specific details are given below





### North East Society

### Reports of Academic Year 2017-2018

The first Northeast festival organized by the Northeast Society of Aryabhatta College under the name of "Connect 18" started on 19th March in the college premise. The festival was



celebrated for five days and it was marked by different sports and games, cultural activities, photography and musical evening. Students across different colleges were invited to take part in the competitions and also to participate in the formal program.

Inter-college Competitions were held for:

1. Football
2. Table Tennis (Men/Women)
3. Spoon Race (Men/Women)
4. 100 Metre race (Men/Women)
5. Relay Race
6. Carrom
7. Chess
8. Folk Dance
9. Solo Singing
10. Online Photography
11. Drawing competition

### **Day 1 (19th March 2018)**

The first day of the festival began with sports competitions amongst participants from various teams from across the university. Two major events took place on this day. One of the event is the qualifying football matches and 100 metre race was the second event.

Event 1:Qualifying Football Matches (Knockout Matches)

Seven Men football team

Duration each match: 40 min plus 10 min break

No. of Matches (3)	Name of the Team	Winner
1	Kilin FC - 3 Vs Motilal College (Eve) - 1	Kilin Fc
2	Muinam FC - 0 Vs Galngam FC - 1	Galngam FC
3	Melhoi FC - 1 Vs United Brothers FC- 3	United Brothers FC

**Reports of Academic Year 2020-2021****EKTA DIWAS PLEDGE. 31<sup>st</sup> October,2020.**

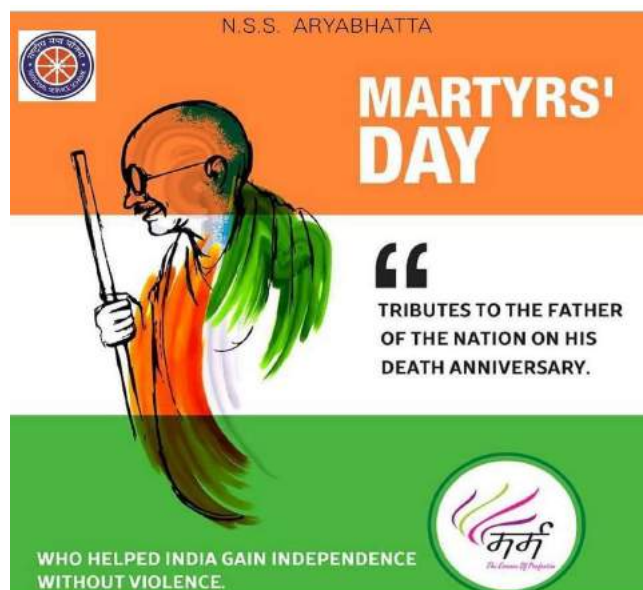
A pledge ceremony was organized by NSS unit of Aryabhata college, on the account of NATIONAL UNITY DAY.

In this event volunteers, teachers and other students were made to a pledge on national unity. The ceremony was held on both online and offline mediums by following all the SOPs of social distancing. About 45 students and 20 teachers participated in the ceremony.

**CONSTITUTION DAY 26th November,2020.**

A meeting was organized by NSS unit of Aryabhata college, on the account of CONSTITUTION DAY.

In this event volunteers, teachers and other students were made to read the PREAMBLE TO THE CONSTITUTION OF INDIA. The ceremony was held on both online and offline mediums by following all the SOPs of social distancing. About 35 students and 20 teachers participated in the ceremony.

**CLOTH DONATION DRIVE. 15th January, 2021.**

A cloth donation drive was organized by NSS unit of Aryabhata college from 01st January to 08th January, 2021.

And distributed them on 15th January, 2021 to the needy and to the construction workers in our college. This event was organized in physical mode by taking all the safety precautions for COVID-19. Some of our volunteers from Delhi also came to college and worked during this COVID times taking all the precautions and also our principal sir “Prof. Manoj Sinha” and our program officer “Dr. Chandrasekhar Nishad” also guided and supported us. All the clothes were washed and sanitized before distributing them to the needy.

### **Parakram Diwas. 23 January 2021.**

On the account of 125th birthday anniversary of Netaji Subhash Chandra Bose, Parakram diwas of celebrated by NSS unit through an online medium.

Students were given brief overview of Netaji's life and the value points which we can learn from him. Students were shared with his ideals and inspiring life incidents. The program successfully ended with the embodiment of pride and motivation among the students.

### **WOMEN’S DAY. 9th March, 2021.**

#### **● WALKATHON**

NSS unit of ARYABHATTA COLLEGE participated in a Walkathon on the occasion of INTERNATIONAL WOMEN’S DAY and celebrating 125 years of NETAJI’S LEGACY organized by Ministry of Youth affairs and sports & FIT INDIA on 8th March, 2021 from 7am to 9am at Jawaharlal Nehru stadium, New Delhi by taking all the COVID precautions. Our Sports minister Sh Kiren Rijiju appreciated women empowerment and addressed the audience and volunteers.

It was a wonderful program done with great energy & enthusiasm.

#### **● QUIZ COMPETITION**

An online quiz competition was conducted on 8th March, 2021 by NSS UNIT of ARYABHATTA COLLEGE on the occasion of WOMEN’S DAY. We received an overwhelming response from everyone and got more than 80 entries, out of which top 6 teams were selected to finals. Participation certificates were given to all the participants and top 3 runner-up’s Naveen Yadav, Anurag Gupta and Adarsh Das were awarded with cash prizes along with certificate of merit. All the team members worked hard and made the event a great success.

#### **● DEBATE COMPETITION**

An online debate competition was also conducted on 8th March, 2021 by NSS UNIT of ARYABHATTA COLLEGE on the occasion of INTERNATIONAL WOMEN’S DAY. For this event too we received a great response and 25 slots were confirmed. Top 3 runner-up’s

Nitiksha Tyagi, Aditi Srivastava and Prabhakar were awarded with certificate of merit as well as cash prizes and certificates of participation were given to all the participants. The event was made a big success with the hard work done by all the team members.

### **SHAHEEDI DIWAS. 19<sup>th</sup> March, 2021.**

NSS Aryabhatta College has organized two events.

- Cleaning drive of the monument: “Nasiruddin Mahmud tomb” at Sultangarhi, on 22<sup>nd</sup> March 2021, at 2:30 PM.
- A panel discussion on the subject: **Commemoration of Shaheedi Diwas: Some Reflections.** NSS Aryabhatta College organized Martyrs’ Day commemoration on 23-03-2021 The programme started with paying tribute to all freedom fighters. Prof. Shri

Prakash Singh, Department of Political Science, Delhi University, was present with us as a guest during this time discussed every aspect related to the freedom movement and struggle.

### **INTERNATIONAL YOGA DAY 2021. 21-27 June 2021.**

A yoga workshop was conducted from 21st June 2021 i.e., Monday to 27th June 2021, on the account of international yoga day 2021 by NSS ARYABHATTA in collaboration with the department of physical education, Aryabhatta college.

About 200 practitioners registered for the event, among them were 150 students from the various institutions of the nation. Also, many professors and working professionals showed interest in the program.

The first session began at 7 AM on 21st June 2021. About 60 practitioners joined it. Including students, teachers, house wives and other working professionals.

The agenda for the session was - COMMON YOGA PROTOCOL.

The program was officially inaugurated by our college principal Prof. Manoj Sinha. And the guest speakers were

Mr. Sumit Kumar,

Dr. Tarak Nath

Mr. Krishen Kumar

Mr. Shishir Pokhriyal

Dr. Ajay Shastri

Mr. Deepak Saini



Dr. Brijesh Singh

The attendees were enlightened by the broadening words of the guest and we're imparted with in-depth knowledge of yoga and its benefits.

The program successfully ended with an interactive doubt session in which the guest mentor answered the questions put up by the attendees.



The poster is a vertical layout with a red and yellow background. At the top, it features the National Service Scheme (NSS) logo on the left and the University of Delhi logo on the right. The title "NATIONAL SERVICE SCHEME UNIVERSITY OF DELHI" is prominently displayed in the center. Below the title, a "HELPDESK" section provides contact information for various services. The services are listed in a grid-like format, with each service having a specific icon and a set of phone numbers for different time slots. The services include Oxygen, Ventilator & Beds, Food Supplies, Ambulance, and Counseling & Awareness. Social media links for Twitter, Facebook, and Instagram are also provided. A large "COVID-19" graphic is on the left side of the poster.

**NATIONAL SERVICE SCHEME**  
**UNIVERSITY OF DELHI**

**HELPDESK** HELLO DU-8114464101  
<https://twitter.com/ServiceScheme?s=08>

SERVICE	8AM TO 2PM	2PM TO 8PM
<b>OXYGEN</b>	8882742282 8114464101 7060896214	9818138743 9599373046 9267926403
<b>VENTILATOR &amp; BEDS</b>	9818138743 8882742282 8595998566 9654253558	6397280564 7678207162
<b>FOOD SUPPLIES</b>	88820 76601 7011355727 8368970323	9540721651 9953840332
<b>AMBULANCE</b>	9315792011 8076740690 9310095904	8595091039 9560292927
<b>COUNSELING &amp; AWARENESS</b>	9868899758 9690673527 8287659676	9560143346 7742267820

**COVID-19**

<https://www.facebook.com/nsshansrajcollege/>  
<https://instagram.com/nsshansrajCollege?igshid=1bqsrstfchgg4w>

Poster drafted by Ms. **Vaishnavi Awasthi**, a talented NSS volunteer of Aryabhata College. This poster was selected by the NSS Headquarters University of Delhi to be the face of the program initiated by the University to help people during the disastrous second wave of COVID 19 in Delhi. NSS Unit of Aryabhata College also worked on the helpdesk from 15<sup>th</sup> May to 25<sup>th</sup> June, 2021 during the slot 0800 Hrs. to 1400 Hrs. Various NSS teams from the different colleges and departments of Delhi University were working in coordination during this period. Efforts of NSS Unit, Aryabhata College were commended by University and NSS



officials.







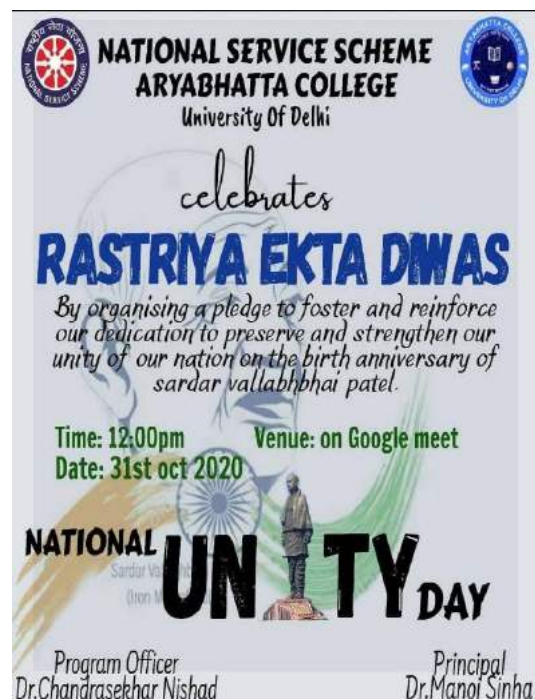
**NATIONAL SERVICE SCHEME**  
**ARYABHATTA COLLEGE**  
 University Of Delhi

**NSS**  
**ORIENTATION**  
 2020-21  
**JOIN US ON**  
 Sat, 16th Jan

*Time: 10:45 AM*  
*Venue: Google Meet*

*Chief Guests :-*  
**DR. MANOJ SINHA** (Principal)  
**CAPT. PARAMINDER SENGAL**  
 (NSS programme coordinator, DU)

**Note :- compulsory for all nss volunteers.**



**NATIONAL SERVICE SCHEME**  
**ARYABHATTA COLLEGE**  
 University Of Delhi

*celebrates*  
**RASTRIYA EKTA DIWAS**  
*By organising a pledge to foster and reinforce our dedication to preserve and strengthen our unity of our nation on the birth anniversary of sardar vallabhbhai patel.*

**Time: 12:00pm**      **Venue: on Google meet**  
**Date: 31st oct 2020**

**NATIONAL UNITY DAY**  
 Sardar Vallabhbhai Patel (Hon. V.P.)

*Program Officer*  
**Dr. Chandrasekhar Nishad**

*Principal*  
**Dr. Manoj Sinha**





REC n nss Aryabhata is presenting

## Mahatma Gandhi and NSS.



Meeting details

People (86)

- Pariminder Sehgal
- Pavni Arora
- PRABHAKAR ABC
- PRIYA ABC
- PRIYA SINGH
- Priyanshu Bhardi
- Rajan Kumar Das
- RAM PRAVESH
- RAUNAK KUMAR
- Ravindra kumar

Chandrasekhar Dheev Sharma Pariminder S... Manoj Sinha nss Aryabh... Rajan Kumar Suprit Kumar

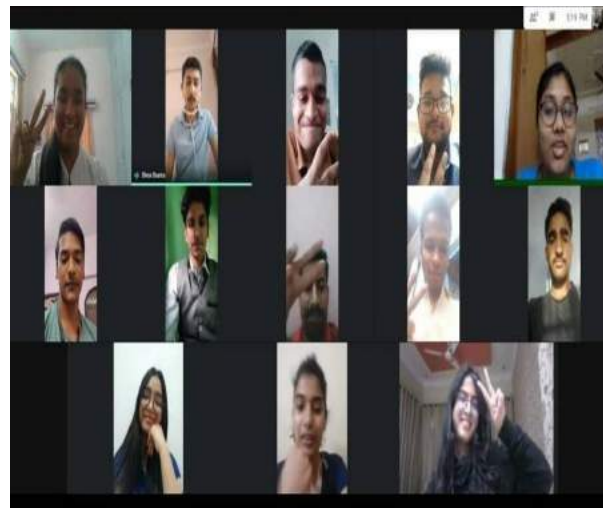
Meeting details

Raise hand Turn on captions nss Aryabh is presenting













**NATIONAL SERVICE SCHEME**  
**ARYABHATTA COLLEGE**  
University of Delhi



*Presents*  
**DEBATE AND QUIZ**  
**COMPETITION**  
*On*  
**INTERNATIONAL**  
**WOMEN'S DAY**  
**8th March 2021**

**PROGRAM OFFICER**  
**DR.CHANDRASEKHAR NISHAD**

**PRINCIPAL**  
**DR.MANOJ SINHA**



**NSS**  
**ARYABHATTA COLLEGE**  
University of Delhi

presents  
**"INDEPENDENCE WEEK"**

**PLANT A TREE**  
save the environment  
Any sapling can be planted  
in your house garden or  
near your house area or even  
in flower pots.

**TAKE A SELFIE WITH SAPLING AND  
UPLOAD IT ON THE FORM**  
"E-Participation Certificates will be  
provided."

**TREE  
PLANTATION**  
Due to current pandemic  
it can be done near your  
area

Date -  
10th-15th Aug 2020

For Further Queries,  
Contact  
Geethika (7659055667)  
Anand (8874848587)  
Nss.aryabhata@gmail.com







# National Service Scheme

ARYABHATTA COLLEGE  
( UNIVERSITY OF DELHI )



presents

## BILINGUAL SPEECH COMPETITION

On account of  
**National Safe Motherhood Day**

Venue:  
**Google Meet**

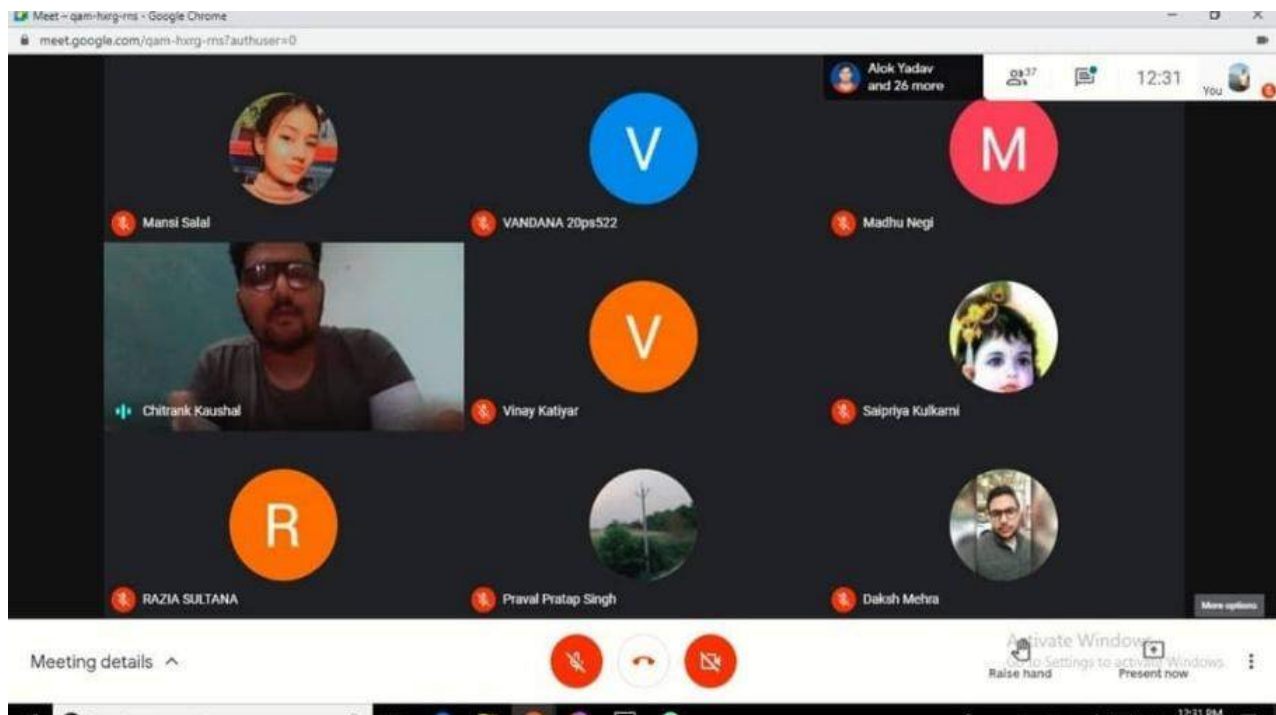
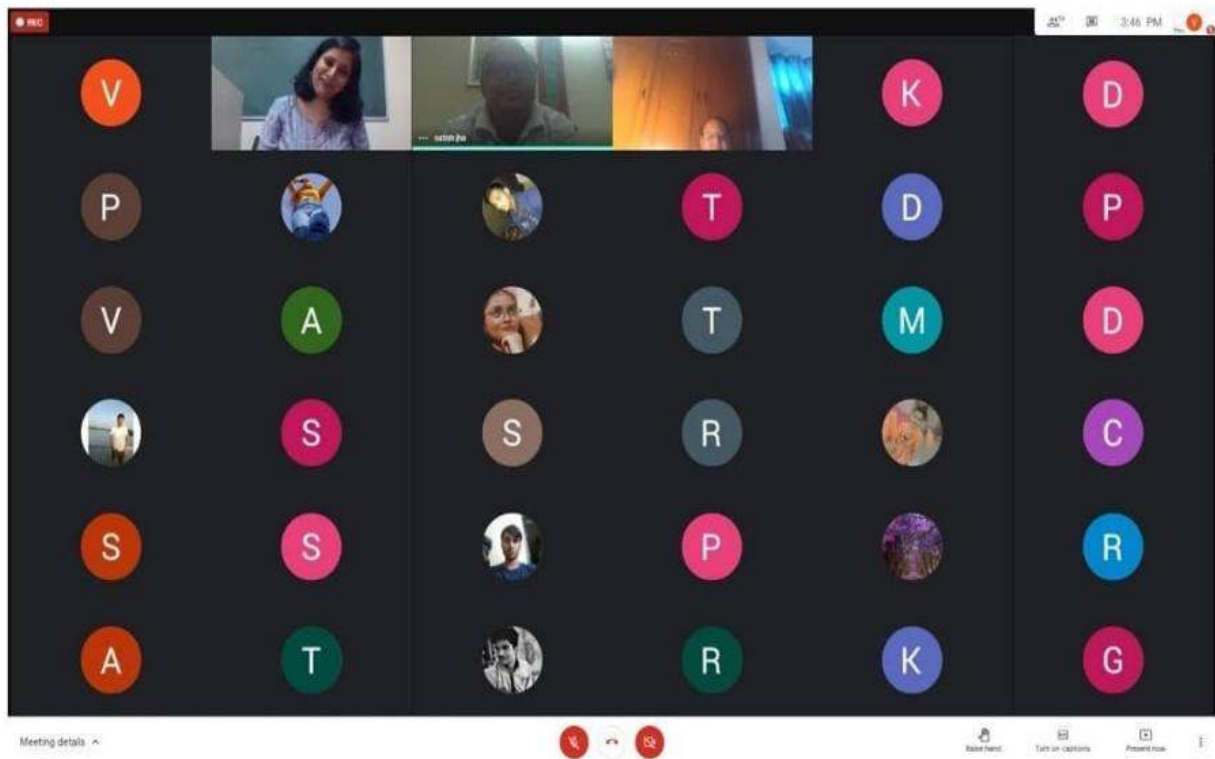
Date:  
**11 April, 2021**

Time:  
**11:00 AM**

Point of contact:  
Raunak Pandey: 9334655798

**Principal**  
DR. MANOJ SINHA

**Program Officer**  
DR. CHANDRASEKHAR NISHAD







**NATIONAL SERVICE SCHEME**  
**ARYABHATTA COLLEGE**  
University Of Delhi



***Presents***

# ***CLEANLINESS DRIVE***



***Venue : Nasiruddin Mahmud  
Tomb at Sultangarhi***

***Date : 22nd march 2021***



***Time : 2:30 PM***



**PROGRAM OFFICER**  
**DR.CHANDRASEKHAR NISHAD**

**PRINCIPAL**  
**PROF.MANOJ SINHA**







# NATIONAL SERVICE SCHEME

## ARYABHATTA COLLEGE

(UNIVERSITY OF DELHI)

*presents*

# OPEN MIC CONTEST

on the account of

## Jallianwala Bagh Massacre



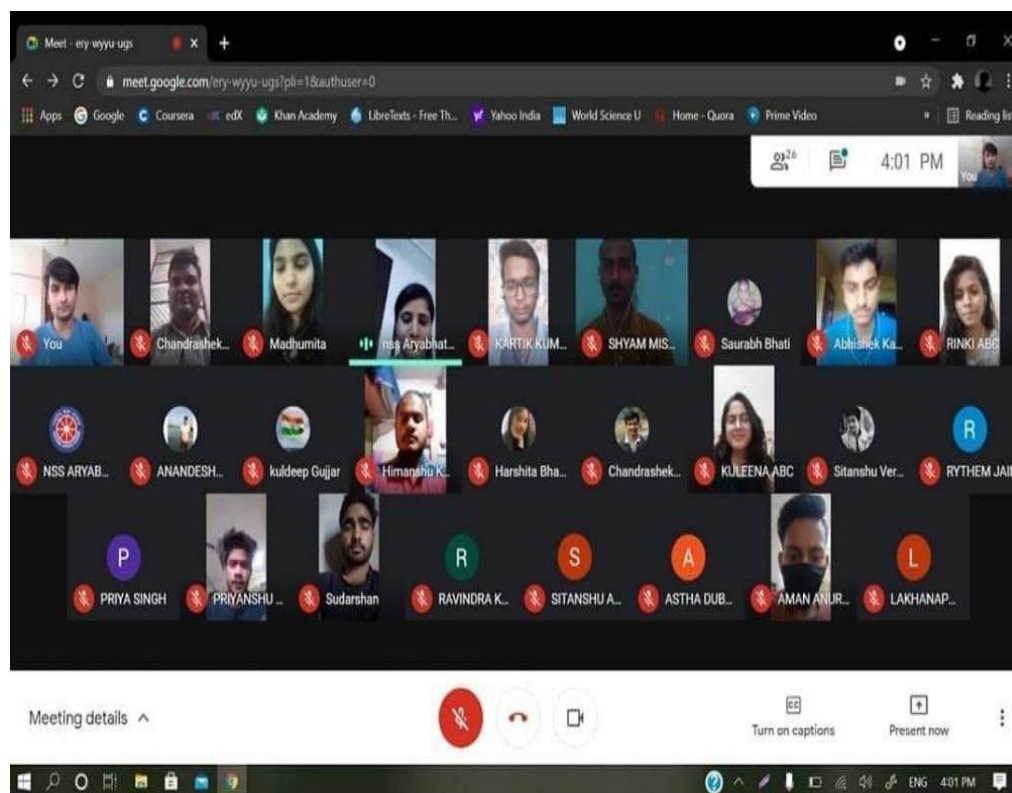
**Venue :-**  
**Google Meet**

**Date :- April 13, 2021**  
**Time : 2 pm**

Link to Participate  
<https://forms.gle/ASgX1uv93MsbSG9G6>

*Prof Manoj Sinha*  
(Principal)

*Dr ChandraShekhar Nishad*  
(Programme Officer)











**NATIONAL SERVICE SCHEME**  
**ARYABHATTA COLLEGE**  
University Of Delhi



*Presents*  
**WEBINAR**

**On**  
**AMBEDKAR'S VISION ON NATIONAL**  
**INTEGRITY**



**SPEAKER:**

**PROF. (DR.) KULDEEP CHAND AGNIHOTRI**  
(ADVISOR SANSKRIT MINISTRY, GOI  
FORMER VICE- CHANCELLOR, CUHP)

**12:30 PM**

**15 APRIL**


**2021**

**GOOGLE MEET**




**PRINCIPAL**  
**PROF. MANOJ SINHA**

**PROGRAM OFFICER**  
**DR. CHANDRASHEKHAR**  
**NISHAD**




**NATIONAL SERVICE SCHEME**  
**ARYABHATTA COLLEGE**  
University of Delhi




ORGANISES WEBINAR ON

# Mental health & covid times

Topic: Coping with Grief



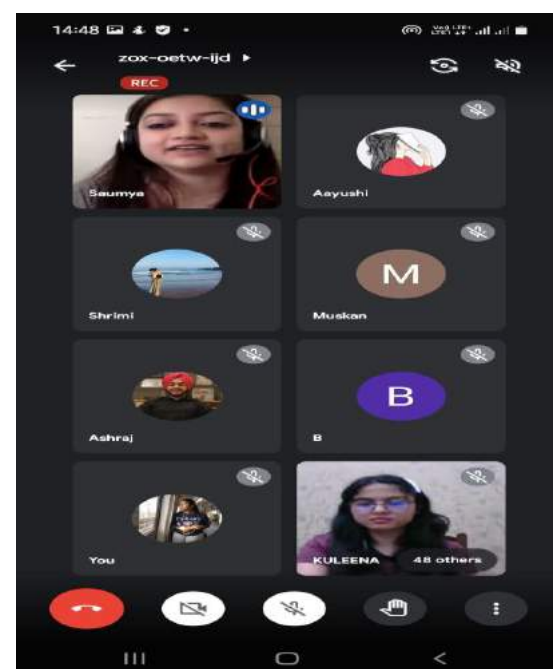
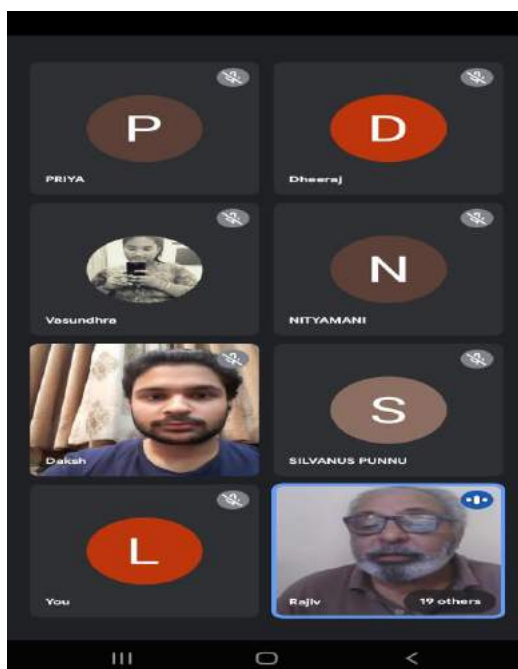
Guest: Saumya Mathur,  
Psychotherapist & Yoga instructor,  
Founder at Dhyanaa




**2ND JUNE | 2 PM**  
**GOOGLE MEET**  
<https://meet.google.com/zox-oetw-ijd>

**Principal**  
Prof. Manoj Sinha


**Programme Officer**  
Dr. Chandrashekhhar Nishad









**NATIONAL SERVICE SCHEME**  
**ARYABHATTA COLLEGE**  
University of Delhi





**Speaker: Mr. Rajiv Shaw,**  
Public welfare consultant



**Speaker: Ms. Soshomi makang,** Psychology department, Aryabhatta college, DU

*Organises webinar on*

# Tobacco & Addiction

On the occasion of

## WORLD NO TOBACCO DAY

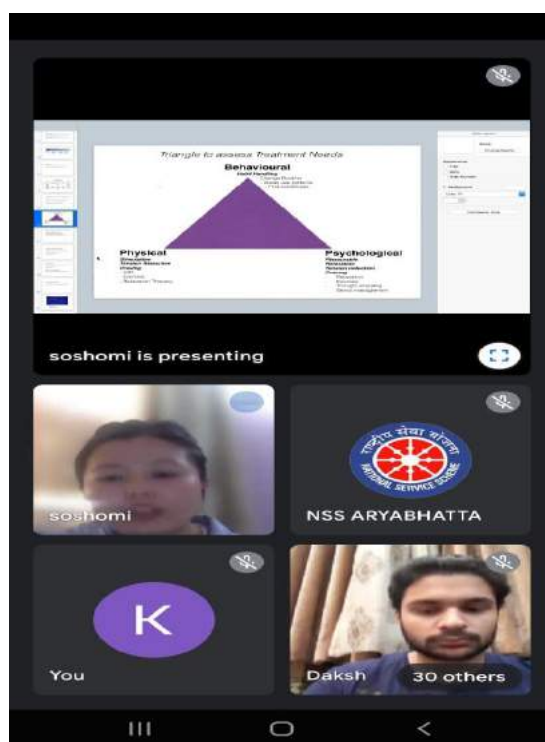
31 MAY | 12:30 PM

GOOGLE MEET

<https://meet.google.com/toa-ibie-ukc>

**Principal**  
Prof. Manoj sinha

**Programme Officer**  
Dr.Chandrashekhar Nishad





**ARYABHATTA COLLEGE**  
UNIVERSITY OF DELHI



CELEBRATING

**आज़ादी का अमृत महोत्सव**

ON

**75th**

15th AUGUST 2021

**INDEPENDENCE DAY**



**PRINCIPAL**  
**Prof. Manoj Sinha**

CULTURAL COUNCIL OFFICE IGNOU SC-0709, ARYABHATTA COLLEGE NSS PROGRAMME OFFICER  
Nodal officer, Dr. Sangeeta Kumari Coordinator, Shri. N.M. Singh Dr. Chandrashekhar Nishad

NCC OFFICER MUSIC SOCIETY PHOTOGRAPHY SOCIETY DIRECTOR OF PHY. EDU  
Dr. Pawan Kumar Shri. Anand Saurabh Shri. Binoy Bhushan Dr. Anuj Kumar







From time immemorial, all the languages not only coexisted together but also supplemented and enriched each other. In order to strengthen this feeling of oneness or nearness, on this day of Matribhasha Diwas, students are encouraged not only to use one's mother tongue more and more but also to learn other's mother tongue.

**ARYABHATTA COLLEGE**  
University Of Delhi

NSS UNIT  
&  
DEPARTMENT OF PHYSICAL EDUCATION  
*Presents*

**करो योग रहो निरोग**  
**Workshop**  
*To commemorate*  
**INTERNATIONAL YOGA DAY**

21-27 June 2021 7am **GOOGLE MEET**

\*E-CERTIFICATE WILL BE PROVIDED TO ALL THE ATTENDEES.

Registration link:  
<https://forms.gle/9xf125K3rWTLGbk7>

Principal  
**Prof. Manoj Sinha**

Programme Officer  
**Dr. Chandrashekhar Nishad**

Sports faculty  
**Dr. Anuj Kumar**

**PROGRAMME SCHEDULE**

**Day 1(21-06-21)**  
TOPIC:- COMMON YOGA PROTOCOL  
**MR. SUMIT KUMAR**  
Resource Person(Yoga lecture),  
SPM College & CIE (DU)

**Day 2(22-06-21)**  
TOPIC:- COMMON YOGA PRACTICE  
**MR. KRISHAN KUMAR GARG**  
Yoga teacher, Asian & national  
gold medallist

**Day 3(23-06-21)**  
TOPIC:- YOGA & AYURVEDIC DIET  
**DR. AJAY SHASTRI**  
Yoga Expert at JNU & Delhi President,  
State Yoga and Sports Association

**Day 4(24-06-21)**  
TOPIC:- PHYSIOLOGY OF YOGIC PRACTICE  
**DR. TARAK NATH PRAMANIK**  
ASST. PROF(PHY.EDU & YOGA)  
IGIPSS, DU & G.SECRETARY, State  
Yoga and Sports Association

**Day 5(25-06-21)**  
TOPIC:- HOW TO MANAGE VAAT PIT KAF BY  
YOGIC PRACTICE  
**MR. SHISHIR POKHRIYAL**  
Yoga teacher & Founder of Shivaya  
yog sansthan and holistic health care

**Day 6(26-06-21)**  
TOPIC:- YOGIC MANAGEMENT OF MENTAL  
HEALTH  
**MR. DEEPAK SAINI**  
Yoga Teacher, The Shri Ram  
School, Vasant Vihar, Delhi

**Day 7(27-06-21)**  
TOPIC:- SCIENCE OF BREATHING & MEDITATION  
**DR. BRIJESH SINGH**  
Asst. Prof(Yoga) IDS, Somaiya Vidya Vihar University,  
Mumbai & Member of INO, IYA, DIYA, AWGP

## NSS

### Reports of Academic Year 2019-2020

Academic session 2019-20 has been very productive for the NSS unit of the college. NSS unit has been very active under the guidance of principal Dr Manoj Sinha and program officer Dr Pawan Kumar. The unit has successfully organised a number of events. The unit recorded highest enrolment this year and the volunteers were enthusiastic and active throughout the year. Some major events organised are: 'Run for self' marathon organised in August was attended by almost 200 volunteers. Ms Meenakshi Lekhi, honourable member of parliament was special guest. 'Daan Utsav' book donation drive was organised in September in which volunteers along with faculty donated books. Special Diwali celebration for labourers working in construction of college building. 'Clean campus green campus' event under the theme of Swachh Bharat mission of Government of India was organised in October. Voters' awareness rally was organised before Delhi Assembly elections near the JJ colony Satya Niketan.

Also, during the Covid 19 pandemic the unit was spreading awareness through online mediums and was instrumental in organising online competitions and events.

- ❖ NSS ARYABHATTA CONDUCTED A FUND-RAISING DRIVE FROM 21<sup>ST</sup> TO 24<sup>TH</sup> OCT 2019 FOR DEEPAWALI CELEBRATION WITH WORKERS.





- ❖ NSS ARYABHATTA CELEBRATED DEEPAWALI WITH WORKERS (WHO LIVES NEAR THE COLLEGE BUILDING) ON 25<sup>TH</sup> OCT 2019 BY GIVING THEM GIFTS AND ESSENTIAL ITEMS SUCH AS CLOTHES, SWEETS, FOOTWEAR, BOOKS ETC.



BOOKS ETC.





- ❖ NSS ARYABHATTA ORGANISED A DRIVE ON "BETI BACHAO BETI



PADHAO" IN COLLEGE PREMISES ON 24<sup>TH</sup> JAN 2020. IN THIS TEAM ORGANISED A WALKATHON AND DISTRIBUTED GIFTS AMONG CHILDRENS OF THE WORKERS WHO LIVES NEAR THE COLLEGE BUILDING.

- ❖ PARENTS POOJAN CEREMONY WAS ORGANISED IN COLLEGE ON 13<sup>th</sup> Feb 2020 BY SHRI YOGA VEDA SEVA SAMITI IN WHICH NSS-STUDENTS, TEACHERS AND PRINCIPAL PARTICIPATED. IN THIS PROGRAMME STUDENTS WORSHIPPED THEIR TEACHERS BY DOING POOJA AND PARIKRAMA. THIS PROGRAM IS BASED ON THE IMPORTANCE OF THE ROLE OF PARENTS AND GURUS IN EVERYONES LIFE.







- ❖ NSS ARYABHATTA CONDUCTED A CLOTH DONATION DRIVE ON PHYSICAL MODE BY TAKING C OF ALL PRECAUTIONS OF COVID-19. THE DRIVE WAS HELD FROM 1<sup>ST</sup> TO 5<sup>TH</sup> JAN 2020 AND FINALLY DISTRIBUTED THEM ON 15<sup>TH</sup> JAN AMONG POOR AND NEEDY.









- ❖ Celebration of National Girl Child Day: The NSS wing of Aryabhata college under the supervision of co-ordinator Dr Pawan Kumar organised a felicitation ceremony for the women achievers in the field of sports enrolled in the college. Our respected principal Dr Manoj Sinha distributed souvenirs to sports women who won medals in various intra University competition in current academic session. He also distributed stationary to underprivileged girl children of construction labourers present on campus. The students of NSS took the initiative distributed refreshment to children of construction labourer in general.
- ❖ NSS ARYABHATTA UNIT PARTICIPATED IN FLAG HOISTING CEREMONY



ON 72TH REPUBLIC DAY (26<sup>th</sup> Jan 2020). Aryabhata college celebrated Independence Day. The celebration started with our principal Dr Manoj Sinha's arrival accompanied by the NCC cadets. Dr Sinha hoisted the national flag which was followed by national anthem. The Independence Day celebration was joyously attended by teaching and administrative staff, a large number of students and other staffs. The spirit of Independence and value of freedom was explained by the principal in his speech, he highlighted the importance of responsibility that accompanies Independence of every individual. The programme concluded with distribution of sweets to the students, teachers, staff, and the labouring staff toiling on the construction of our new building. NSS Aryabhata Unit participated in Flag hosting ceremony on the occasion of Independence Day. The occasion was glorified by doing a Swachh Bharat activity and plantation drive in the college premises.



- ❖ NSS ARYABHATTA ORGANISED A CLEANLINESS DRIVE ON REPUBLIC DAY, 2020 IN AND AROUND THE COLLEGE CAMPUS. The NSS wing of Aryabhatta College organised a Swachhata Pakhwada in January 2020. Honourable MP Ms Meenakshi Lekhi was invited as the chief guest for the event. Ms Lekhi encouraged all students to take suitable steps towards conserving water and requested them to urge and convince others around into doing the same. Our Principal Dr Manoj Sinha updated Ms. Lekhi about our ongoing and functional rain water harvesting program. The day was stamped with a promise by students and teachers in presence of honourable MP to conserve water through a pledge. The college aims to further expand its water harvesting programme by building more underground and overhead tanks. We thank honourable MP for devoting her time for inspiring our students during the swachhata pakhwada.
- ❖ The NSS wing of Aryabhatta College organized a pledge taking event by the students on 20 January 2020. The students pledged to contribute their labor towards the maintenance of cleanliness of their surroundings, they also vowed carry forward the dream of Gandhi in their personal and public life. The pledge was led by our principal Dr. Manoj Sinha and coordinator NSS Dr. Pawan Kumar.





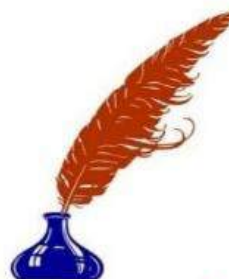




NATIONAL SERVICE SCHEME  
(ARYABHATTA COLLEGE)



# लिखो ON कोरोना



**Topic**  
On Awareness, Health workers  
Lockdown, Innovation  
word limit-250  
Medium- Hindi, English



*Poems  
Shayari  
Short Articles.....*

LAST DATE  
6TH MAY 2020

\* Top 3 writer's will be Acknowledged on our Social media handle

\* E- certificates will be provided to all the participants

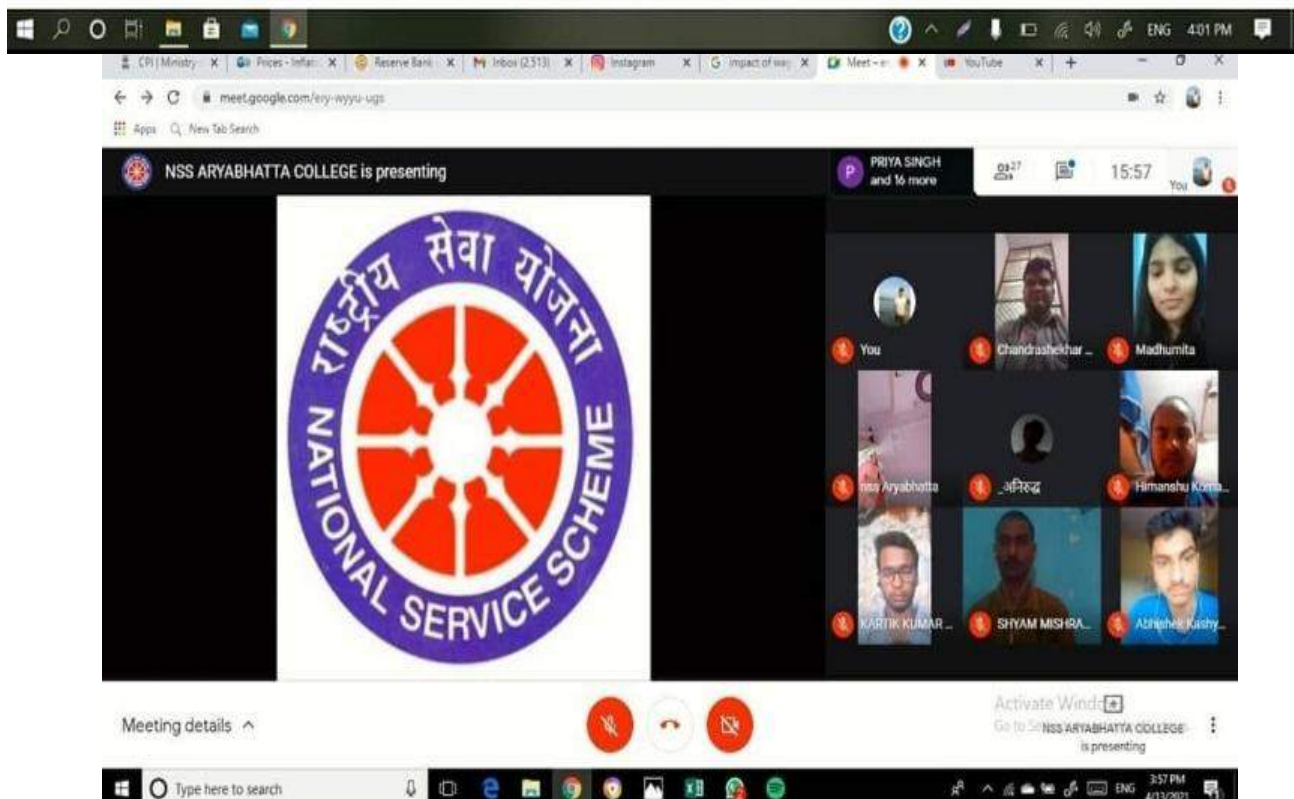
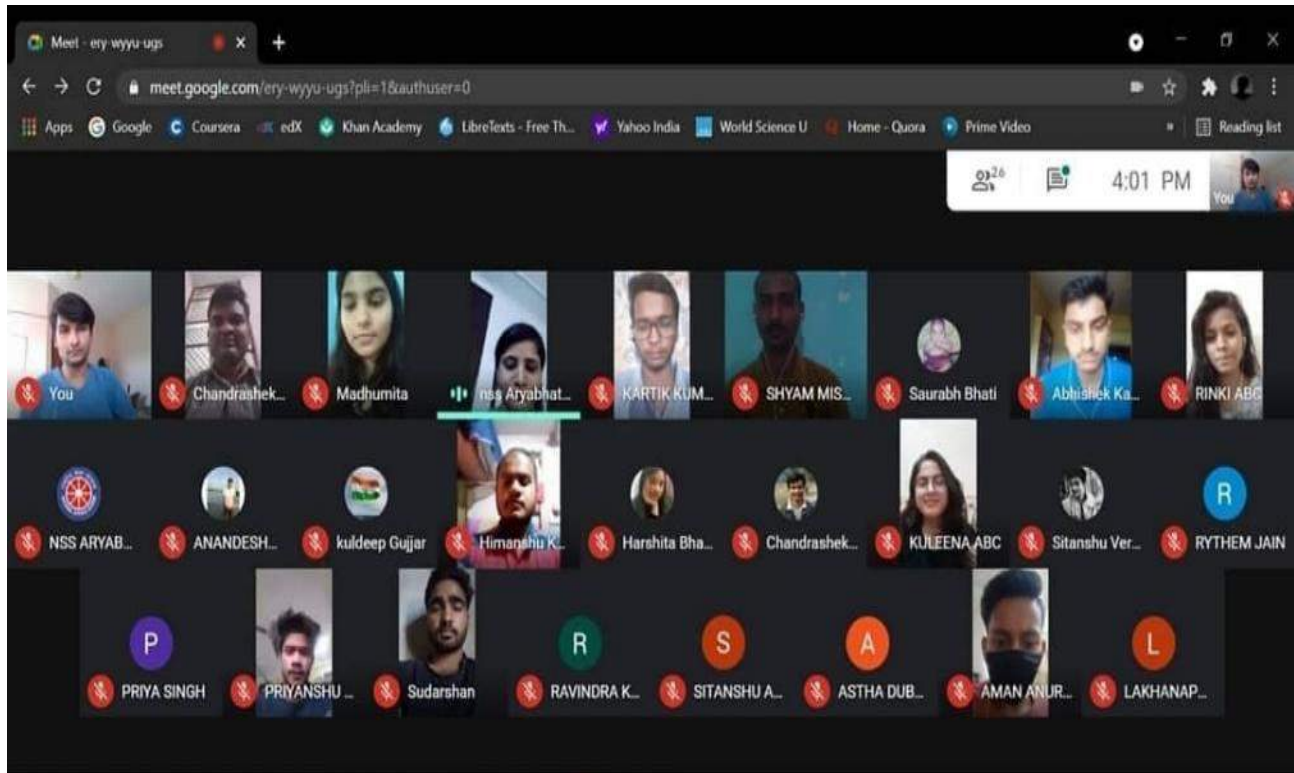


FOR QUERIES- 82855 14333

PROGRAMME OFFICER

Dr Pawan  
Kumar

Instagram: @walkcraft







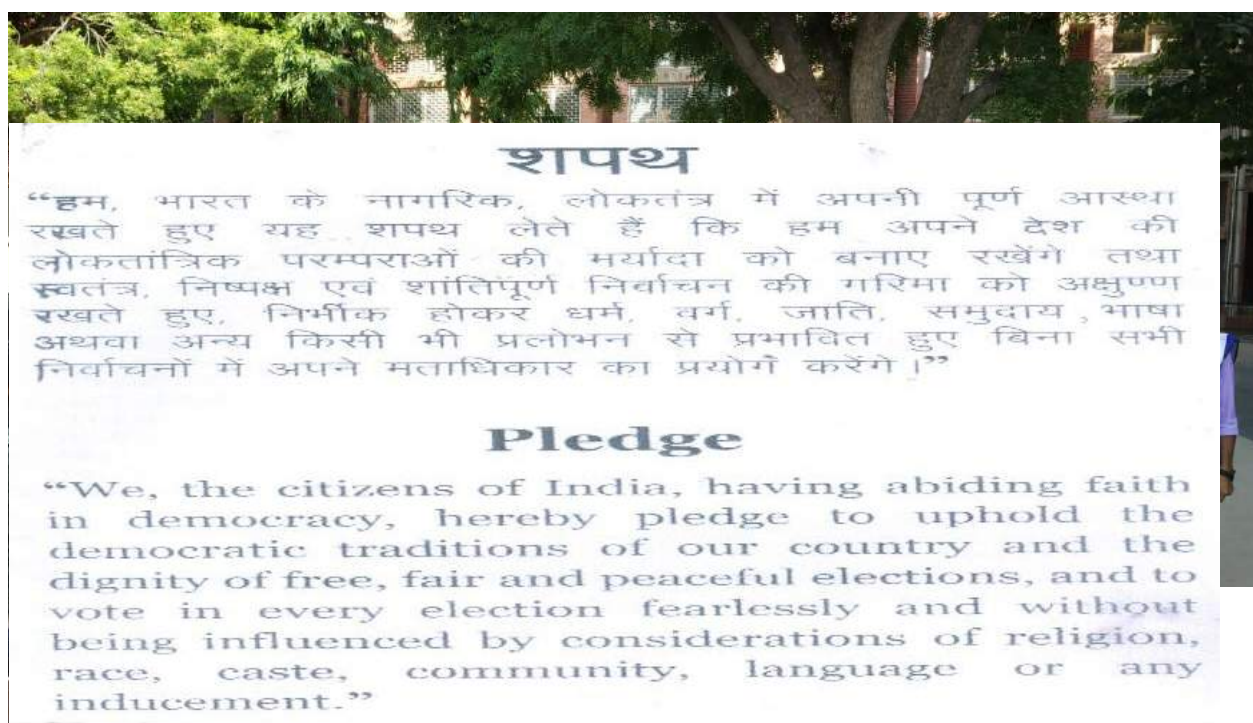
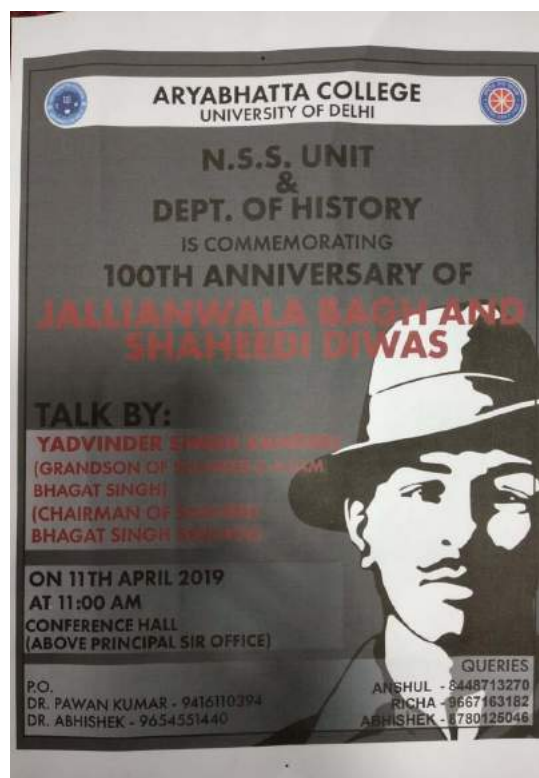
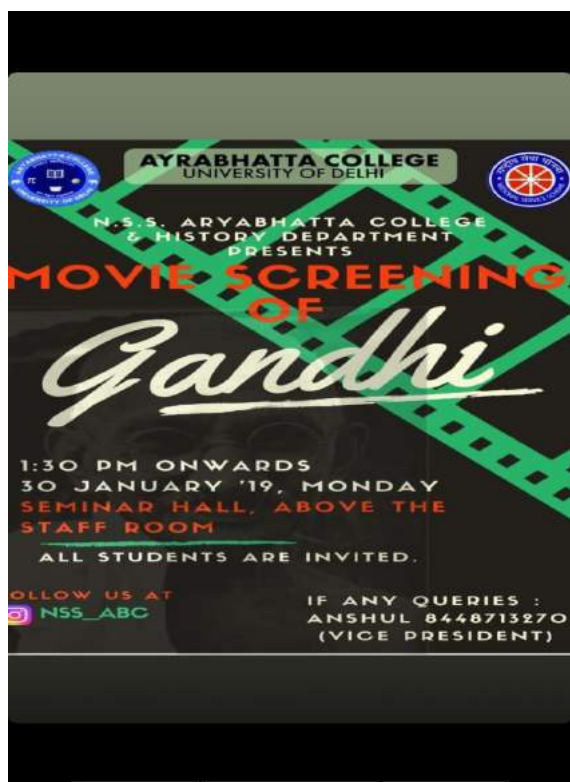


## **NSS**

### **Reports of Academic Year 2018-2019**

The National Service Scheme (NSS) unit of Aryabhata College has been part of an active and fruitful year under the coordination of Dr. Pawan Kumar and his team. A total of 25 events were organized by the unit in the session 2018-19. Along with these events, other minor activities like awareness regarding NSS, NSS orientation camp, NSS interviews etc have been organized continuously to train and inspire volunteers in the college. Celebration of International Yoga Day on 21<sup>st</sup>, June, 2018 was the first major event of the session 2018-19. NSS unit has been in forefront of creating awareness regarding Swachhata Abhiyan by organizing various activities like poster and placard making, street play, shramdaan etc during Swachhata Pakhwada in August-2018, Swachhata hi Seva day on 24<sup>th</sup>-Sept-2018, Cleanliness drive in college campus in Oct-2018 and Swachhata week in Jan-2019. NSS volunteers also visited the India Gate Lawns for the celebration of Parakram Parv in Sept-2018. Election Commission of India's voter awareness program titled Systematic Voters' Education and Electoral Participation Program (SVEEP) was also conducted in Sept-2018. Eye test camp, health checkup camp, blood donation camp, talks on breast cancer, depression and sensitizing students regarding elderly citizens are some of the events which saw huge participation both from students and college staff. NSS volunteers have also represented college in volunteer centric events at Dr. Ambedkar International Centre and NDMC Convention Centre. Other NSS events include observance of National Unity Day, National Voters' Day and World kindness day, organizing Diwali mela and sensitizing students by showcasing movies based on life of Mahatma Gandhi, importance of voting and ill effects of caste system. NSS Unit also commemorated the 100<sup>th</sup> anniversary of Jallianwala Bagh Massacre by organizing a special

talk by Sardar Yadvinder Singh Sandhu, grandson of Shaheed-e-azam Bhagat Singh on 11<sup>th</sup> April, 2019.



I will have also with me more two men organized  
 by self defense camp for women.  
 I am to inform you that with 4000 - 1000  
 women and also have organized a 5 day  
 camp for self defense of women in the village  
 in order to  
 I would also request you to please extend welcome  
 for the fulfillment of the great the dream of  
 the women to see  
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## **REPORT ON CLEANLINESS DRIVE FOR SWACHH BHARAT-SWACHHTA PAKHWADA ORGANISED AT ARYABHATTA COLLEGE, UNIVERSITY OF DELHI**

**(24<sup>th</sup> September, 2018 - 2<sup>nd</sup> October, 2018)**

**By**

**NSS UNIT, ARYABHATTA COLLEGE**

As part of the campaign for Swachh Bharat-Swachhta Pakhwada, various activities were conducted in our college, Aryabhata College (University of Delhi) to create awareness among the students regarding Cleanliness and the on-going cleanliness drive “Swachh Bharat” started by our respected Prime Minister, Shri Narendra Modi.

In the month of September, Swachhta Shapath was organised by the NSS unit on the first day of the Pakhwada, 24<sup>th</sup> September, 2018, wherein all the students and the staff of the college participated. English and Hindi debates, Essay Writing Competition, Painting and Poster making competition on 'Cleanliness and Hygiene Practices' were conducted by the College NSS unit, wherein the NSS volunteers realised the importance of cleanliness and sanitation, as the role of the college NSS unit has been instrumental in realizing the mission of Swachh Bharat. A rally and prabhat pheri by NSS volunteers were also organized inside the college campus to create awareness about the importance of “Cleanliness and Hygiene”. Swachhta Awareness messages were posted on the college website and photographs were displayed at various places inside the college premises.

The NSS volunteers also explained the benefits of keeping clean surroundings in and around the living and working areas to fight the menace of diseases spread through mosquito bite like Dengue, Malaria and Zika. The week-long events ended with a beautiful drama performed by the NSS volunteers focussing upon Dengue awareness and hygiene. A documentary on Mahatma Gandhi's life and his views regarding cleanliness was also shown to the volunteers in the college seminar room. The documentary motivated the NSS volunteers to work selflessly and untiringly for the greater cause of cleanliness and hygiene in our country.

Hence, all the above activities conducted by the college, enabled it to take the mission of cleanliness to the community, thereby creating mass awareness among college students. The college Principal congratulated the NSS volunteers for their enthusiasm towards spreading the message of cleanliness. Fifty NSS volunteers from NSS Unit of the college were involved in the various Swachhta activities during this week.





**REPORT ON PARTICIPATION OF NSS UNIT OF ARYABHATTA COLLEGE IN  
THE CELEBRATION OF PARAKRAM PARV IN COLLEGE PREMISES AND AT  
INDIA GATE LAWNS  
(28<sup>th</sup> - 30<sup>th</sup> September, 2018)**

Parakram Parv was celebrated to mark the second anniversary of the Indian Army's surgical strike on Pakistani occupied Kashmir based terror camps. The anniversary was celebrated from 28<sup>th</sup> September, 2018 (Friday) to 30<sup>th</sup> September, 2018 (Sunday) to showcase the courage, valour and sacrifice of Indian armed forces. The main event was planned at India Gate lawns, Rajpath in New Delhi.

Aryabhatta College, University of Delhi also celebrated Parakram Parv at its premises on 28<sup>th</sup> September, 2018 by organizing poster and card making competition dedicated to Indian soldier. The principal of the college highlighted the sacrifices made by the soldiers to safeguard our borders and freedom. The NSS unit of the college showcased various activities and events dedicated to our country's armed forces as a tribute to Parakram Parv. 18 NSS volunteers dressed in official NSS jackets also participated in the festivities at India Gate lawns on Rajpath on 28<sup>th</sup>, 29<sup>th</sup> and 30<sup>th</sup> September, 2018. The events at India Gate highlighted the valour of Indian armed forces in general and Indian army's special forces in particular. Raksha Mantri Smt. Nirmala Sitharaman also visited India Gate lawns on 28<sup>th</sup> September, 2018 to inaugurate the Parakram Parv and also to interact with the NSS volunteers and general public. The programme started with a bugle call at 6.30 PM on 28<sup>th</sup> September, 2018 and thereafter, movies and photographs depicting valour and courage of the Armed Forces were shown. The event was open from 11 AM to 10 PM on 29<sup>th</sup> and 30<sup>th</sup> September, 2018.



NSS volunteers of the college got the opportunity to see captured weapons used by terrorists and Pakistan army. Indian army also displayed its equipment like howitzers, artillery guns and small arms. On 30<sup>th</sup> September, 2018, noted singers like Kailash Kher and Sukhvinder Singh also performed at the venue apart from the various military bands. The volunteers from NSS Unit of the college also got a chance to personally interact with the soldiers and hear their valour stories. This was quite a learning experience for the NSS volunteers who were quite impressed by the humility and simplicity of the army jawans.

The general public was encouraged to take selfies at all venues and events, including India Gate and post them on the social networking sites with #ParakramParv to show their love and respect for Indian armed forces.



**"THE TYRANT DIES AND HIS RULE IS OVER, THE MARTYR DIES AND HIS RULE BEGINS."**



**मै तिरंगा लहराकर वापस आऊंगा या फिर  
तिरंगे में लिपटकर आऊंगा, लेकिन मैं वापस  
अवश्य आऊंगा।**

**#NSSARYABHATTA**





**REPORT ON CELEBRATION OF NSS DAY AND SWACHHATA HI SEVA  
DAY ON 24<sup>TH</sup> SEPTEMBER, 2018 AT ARYABHATTA COLLEGE,  
UNIVERSITY OF DELHI**

On the occasion of NSS Day, 24th September 2018, NSS Unit of Aryabhata College organized a series of social events for the NSS volunteers and enthusiastic students to come forward and contribute for a common cause- well-being of our society. There were three events including cleanliness drive, Dengue awareness rally and street play on the theme of cleanliness and hygiene awareness.

The celebration began with a cleanliness drive at 10:30 am. Around 50 NSS volunteers along with teaching, non-teaching staff from all the departments participated in cleaning and dusting of the college campus. In a very systematic manner, all the NSS volunteers got divided in different groups and were allotted a separate area (canteen, garden, corridors and classroom area) in college campus with brooms and bins. A neat and clean atmosphere was created within four hours.

A Dengue awareness rally began in the college campus at 01:30 am. With strong and appealing slogans and effective messages on Dengue and cleanliness, the rally took one complete round of the college campus waking up every mind and making them aware about the very necessary information regarding the disease. The last event was the main crowd puller of the day- street play. A very strong performance by NSS volunteers highlighting the importance of cleanliness was presented in front of students and teachers. The principal of the college also described the importance of the day and Swachhata Abhiyan. It was a successful celebration of NSS day at Aryabhata college and once again proved the dedication of NSS students and their inclination to support for a noble cause.

Swachhata Hi Sewa, the cleanliness campaign was announced to emphasize and enhance the importance of hygiene and proper sanitation among the public to pave the way for national



development. This campaign was initiated focusing the mobilization of people from all walks of life for achieving the targets of clean India and to ensure to make surroundings free from open defecation. It also targeted cleaning of public and tourist places too.

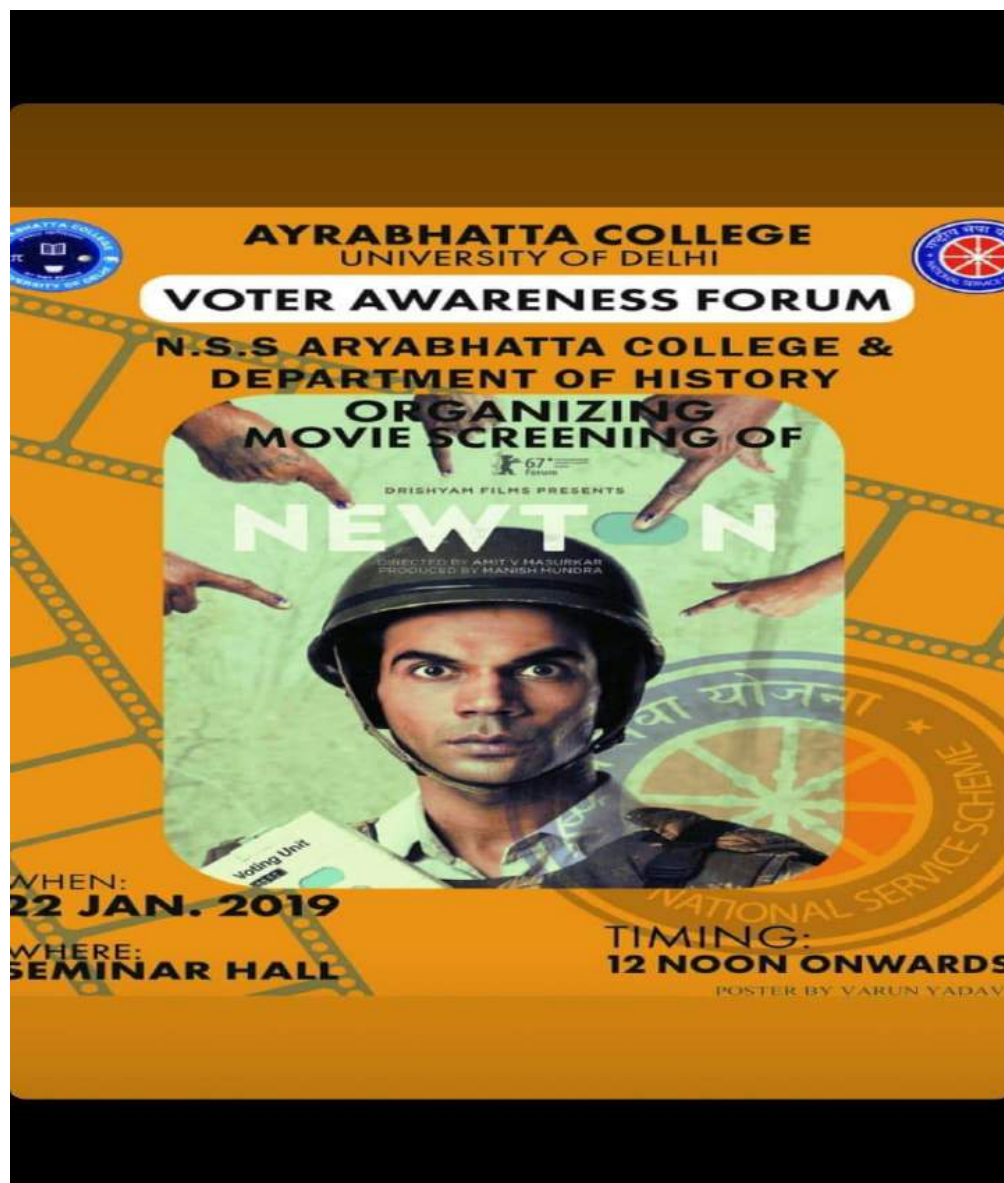






### **Screening of movie 'Newton' on National Voters' Day**

The NSS Unit and Dept. of History, Aryabhatta College organized screening of movie 'NEWTON' which is based on importance on right of voting on January 22, 2019 from 12 Noon onwards in the Seminar Room. There was a talk/ discussion after the movie screening on "Importance of Voting and Youth". Students, faculty members and non-teaching staff were all present in the screening and enjoyed the movie.



## **NSS**

### **Reports of Academic Year 2017-18**

#### **YOGA DAY**

**(21<sup>st</sup> June 2017)**

NSS Unit, Aryabhata College, University of Delhi conducted 'International Day of Yoga' on 21<sup>st</sup> June 2017, emphasizing the role of Yoga in everyday life.

NSS volunteers, teaching and non-teaching staff of the college participated in large number. The event was organized under the guidance of Mr. Mukesh Kohli, Retired Associate Professor, Physical Education and Dr. R. K. Dwivedi, Associate Professor, Department of English, Aryabhata College. The programme started with a session on importance of Yoga, followed by Yoga practice session i.e., different asanas: Namaskar Mudra, Setu Bandha Sarvangasana, Bharadvajasana, Marjaryasana, Bhujangasana, Gomukhasana, Uttana Shishosana, Ardha Matsyendrasana, Virasana, Uttanasana, Upavistha Konasana, neck & shoulder movements etc. The event ended with Meditation Session, a great opportunity to imbibe the value of discipline in life. Overall, it was fruitful and cheerful session emphasizing the importance of peace, harmony and happiness to every soul.

#### **75<sup>th</sup> year of "Quit India Movement" and 70<sup>th</sup> year of "India's Independence"**

**(9<sup>th</sup> August – 30<sup>th</sup> August 2017)**

NSS Unit, Aryabhata College observed 75<sup>th</sup> year of "Quit India Movement" and 70<sup>th</sup> year of "India's Independence" from 9<sup>th</sup> August to 30<sup>th</sup> August 2017. During this, several events were organized by NSS Volunteers, with an aim to sensitize the students towards the freedom struggle and Quit India Movement which led to securing of India's Independence.

Details are as follows:

##### **August 9, 2017**

Pledge taking ceremony was organized on 9<sup>th</sup> August 2017 by all NSS Functionaries and NSS Volunteers to make India a terrorism-free, caste-free, corruption-free, uncleanness-free and poverty-free society.

##### **August 15, 2017**

Aryabhata College celebrated "Independence Day" on 15<sup>th</sup> August 2017. On this occasion, Principal, Dr. Manoj Sinha addressed the students to encourage each citizen to expel problems like corruption, communalism, terrorism, casteism, poverty, as well as uncleanness from India. The college pay tribute and remember all the freedom fighters, who had contributed a lot and fought for the Independence of India.

##### **August 28, 2017**



NSS Unit in collaboration with Department of History organized a talk on “Quit India Movement” on 28<sup>th</sup> August 2017. Professor Rizwan Qaiser, Department of History and Culture, Jamia Milia Islamia delivered a lecture on the occasion of 75<sup>th</sup> anniversary of “Quit India Movement”.

Professor Qaiser, in his lecture highlighted the importance of public participation in the absence of political leadership, after the top brass of leaders from Congress party were arrested right before the Movement in 1942. He further stressed on importance of history by adding that “History is the act of looking back, to see the future”. He argued that the new generation needs to learn a lesson from Quit India movement and should understand how course of history can also be changed by motivated masses. The students

### **“SWACHHTA PAKHWADA”**

*(1 September – 15 September, 2017)*

#### **1-8 September 2017**

A play was organized on “Swachhta” by NSS Volunteers in Aryabhata College on 1 September 2017.

An Essay writing and Film Making competition was organized on 5 September 2017 under “Sankalp Se Siddhi”. Essay Writing Competition on “Mein Swachhta ke liye kya karunga/karungi / “What will I do for cleanliness?” and Film Making Competition on “Bharat ko Swachh banane mein mera yogdaan/ My contribution to make my country clean” (2-3 mins).

NSS Volunteers themselves cleaned the office areas such as premises, stairs etc. they remove the garbage in campus and help in disposing off of unusable furniture, electronics and electrical equipment in the college. The message was conveyed among students to keep our college clean and green and it’s a responsibility of each one of us.

#### **11-15 September 2017**

A Cleanness Awareness Campaign was organized college. NSS Volunteers cleaned the areas outside the College office including parking lots, pathways etc. They were carrying banners, placards and posters on cleanliness and greenness spreading the message:

- Green Campus, Clean Campus
- Safe Environment, Safe Yourself
- Go Green, Get Clean

## **VIGILANCE AWARENESS WEEK**

**(30 October – 04 November, 2017)**

**31 Oct. 2017**

On the occasion of Birth Anniversary of Sardar Vallabhbhai Patel, 'Rashtriya Ekta Diwas' (National Unity Day), Aryabhatta College organized **Pledge Ceremony and Unity Run** for college students and staff.

**4 Nov. 2017**

The NSS Unit of Aryabhatta College in collaboration with Union Bank of India (Anand Niketan Branch, New Delhi) organized a **Debate Competition** on the topic “**Who Should be more Vigilant: State or Citizen in a Democracy**” on 4<sup>th</sup> November 2017 in the Seminar Hall of the college.

The Bilingual debate got an overwhelming response with 12 participations. Students spoke for State and Citizen’s duties towards vigilance. Three winners were announced by judges.

Aditi Jaiswal of B. Com (Hons) I year was declared as winner. Second Prize went to Diksha Madan of B. Com (Hons) I year. S. K. Iftekhar Ali of Political Science (Hons) I Year won the third Prize. Excellence certificates and prizes were given to all the winners.

The event ended with Vote of thanks by Dr Birender Kumar, Programme Officer, NSS Unit.

## **CONSTITUTION DAY**

**(26 November, 2017)**

Aryabhatta College celebrated “Constitution Day” (also known as “Samvidhaan Diwas”) on 26<sup>th</sup> November 2017.

A special assembly was organised for the celebration of the day. Dr Rajiv Kumar Ranjan and Dr Shiv Poojan Prasad Pathak, Assistant Professor, Department of Political Science spoke to the students about the Constitution and its salient features. They lead the students in taking the pledge, by reciting the Preamble to the Constitution and the Fundamental Duties in the constitution. They also threw light on the significance of celebrating the Constitution Day.

## **NATIONAL YOUTH DAY**

**(JANUARY 12<sup>th</sup> 2018)**

NSS Unit, Aryabhata College celebrated National Youth Day, the birth anniversary of Swami Vivekanand on January 12<sup>th</sup> 2018.

This auspicious occasion began with a lamp lighting ceremony by esteemed guest Shri Ajay Ji and our principal, Dr. Manoj Sinha. The event started with the introductory remarks by our principal Sir, who elaborated the journey of Swami Vivekanand's life and his preaching. Then, our guest Shri Ajay was called upon. He started with Swami Vivekanand's life story and life

style. He told the students about various moments when Vivekanand had to struggle but still he never gave up. He was a man who had faith in the youth of the country and always motivated and praised them. His words of wisdom have always been a source of motivation and are remembered not only in India but abroad also.

Dr. R K Dwivedi, Associate Professor, Department of English also throw light on Swami's life struggles and shared certain incidents of his wisdom. He gave examples showing how Vivekanand used to face every situation boldly and never tried to escape. The event ended with a vote of thanks by Mr. Vikash. The students were also given *bundi ladoo* as *Prasad*.

## **NATIONAL VOTERS DAY**

***(25<sup>th</sup> January 2018)***

NSS Unit celebrated National Voters Day on 25<sup>th</sup> January 2018. Principal, Dr. Manoj Sinha addressed college students about the relevance and importance of celebrating this day and encourage them to participate in the electoral process. All college staff members and students had taken Voters Pledge, to uphold the democratic traditions of our country and the dignity of free, fair and peaceful elections.



## **Matribhasha Diwas**

*(21<sup>st</sup> February, 2018)*

NSS Unit, Aryabhata College observed Matribhasha Diwas on 21<sup>st</sup> February, 2018, a day to promote and disseminate mother tongue and the fuller awareness of the linguistic and cultural traditions throughout the world and to inspire solidarity based on understanding, tolerance and dialogue. An elocution competition was organized with the objective of sensitizing the people on the need for the greater use of mother tongues and other languages for development and progress of the nation, to impart communicative skills and proficiency, to encourage translation from other languages to mother tongues, to encourage adaptation of latest technologies also.































**Reports of Academic Year 2016-2017**

**“Azadi 70- Yaad Karo Kurbani (Freedom Fortnight)”**

*(13 August – 24 August 2016)*

NSS Unit organized the following activities:

**13 August 2016**

A Flag March was organized in the college premises spreading the message of patriotism. Around 50 college students and faculty members participated in this rally; afterwards the programme was followed by National Anthem.

**16 August 2016**

A Flag Hoisting programme was held in college on 16 August 2016. The programme started with the Flag Hoisting by College Principal, Dr. Manoj Sinha. The principal addressed the students about the true relevance of independence and the programme ended with the singing of National Anthem.

**22 August 2016**

NSS Unit participated in “Tiranga March” at North Campus, University of Delhi on August 22, 2016. 45 students actively participated in the March spreading the message of patriotism through slogans and banners.

**23 August 2016**

A Mass singing of National Anthem was organized by the college.

**“SWACHHTA ABHIYAN”**

*(1 September – 15 September, 2016)*

NSS Unit organized the following activities:

**6 September 2016**

A play was organized based on “Swachhta” by NSS Volunteers in Aryabhata College. The message was conveyed among students to keep our surroundings clean and green and it's a responsibility of each one of us.

**14 September 2016**

A Cleanness Awareness Campaign was organized in an area, Nanakpura, Moti Bagh, South Delhi under the SWACHHTA ABHIYAN Campaign.

NSS Volunteers were carrying banners, placards and posters on cleanliness and greenness spreading the message:

- Green Delhi, Clean Delhi
- Safe Environment, Safe Yourself
- Go Green, Get Clean

### **NSS DAY**

*(24 September, 2016)*

NSS Unit organized the following activities:

#### **Street Plays:**

Two street plays were organized by NSS volunteers in college premises. They conveyed the message of importance to keep their surroundings clean and to preserve trees. They enacted very artistically and the plays were very well appreciated by everyone.

#### **Awareness Rally:**

A Drug-Free Awareness Rally was organized in the College. NSS Volunteers were carrying banners, placards and posters depicting the ill-effects of drugs. NSS team was interacting with students to stay away from tobacco and drugs and keep their living simple.

#### **Slogan Writing Competition:**

Slogan writing competition was also organized and around 35 students participated in competition. Praharsh, B.A. Hons. (Hindi) I yr. bagged the first position, followed by Ankit, B.A. Hons. (Hindi) 3 yr. as second prize winner and Balkrishna, B.A. Hons. (Hindi) 3 yr. as third winner.

#### **Special Electoral Camps**

*(6<sup>th</sup> and 20<sup>th</sup> October 2016)*

NSS Unit organized the following activities:

Special Electoral Camps were organized to sensitize youth about the right to vote, at the same time duty to vote. Aryabhatta College in collaboration with the district election officer set up a Voter ID Campaign for students who attained 18 years of age.

A Poster Making competition and Nukad Natak was also organized by the NSS volunteers to sensitize the students of the college. The winners of Poster Making Competition were awarded by Dr. Manoj Sinha, Principal, Aryabhatta College and Programme Officer, NSS.

### **Debate on “Public Participation in Promoting Integrity and Eradicating Corruption”**

*(5<sup>th</sup> November, 2016)*

The NSS Unit in collaboration with RailTel, Ministry of Railways organized a Debate Competition on the topic “Public Participation in Promoting Integrity and Eradicating Corruption” on 5<sup>th</sup> November 2016 in the Seminar Hall of the college.

The Bilingual debate got an overwhelming response with 15 participations. Students spoke for and against the topic. Three winners were announced by judges. Prizes sponsored by Railtel were given to the winners.

Meenakshi Dangal of B.Com.(Prog) I year was declared the winner. Second Prize went to Medha Bhardwaj of Political Science (Hons) II Year. Siddharth Khatri of Political Science (Hons) II Year won the third prize. Participation certificates will be given to all participants.

The event ended with Vote of thanks by Dr Birender Kumar, Programme Officer, NSS Unit.

### **Nibs & Brushes**

### **Reports of Academic Year 2018-2019**

#### **Creative Writing and Fine Arts Society of Aryabhata College**

(Annual Report)

Firstly, we would like to extend our thanks towards the college along with Binoy sir and Principal sir who always gave us the free hand to engage and explore ourselves. Following are the list of the events/ competitions which the society conducted/participated in:

**Name of the event: Mental Health Awareness Week. Date: 1- October** The psychology department of Aryabhata College organized the mental health awareness week in which our society conducted an open-mic session, and besides that, we displayed our art pieces in a form of gallery in the college.

**Name of the event: Rang Srijan Badlav ke**

**Date: 20th October**

Our society members, including the creative societies from all around the circuit of DU, visited the slums nearby Chanakyapuri under the initiative of cleanliness drive, to paint the walls of the slums and record the stories of the people living there.

Under the same initiative, some of our society members also went to Jaipur to paint the walls of the schools and slum areas.



**Name of the event: Wall painting competition.      Date: 26th October**

A wall painting competition held in North Campus, University of Delhi. The creative society of our college secured position in top ten amongst 35 different societies.

**Name of the event: Art Gallery.      Date: 30th October**

Our college society was invited to display our art pieces in Hindu college by its art society, Abstractions

### **A Report on Wall Painting Competition Celebrating the 150th Birth Anniversary of Mahatma Gandhi**

On 26th October 2018, Delhi University organized an open inter-collegiate/ interdepartmental competition of Wall paintings on the diverse themes inspired from the life of Mahatma Gandhi to celebrate the 150th birth anniversary of Mahatma Gandhi. The event was hosted by the Gandhi Bhawan, Delhi University, in the north campus.

The student members of Nibs and Brushes, the creative wing of the College, participated in the event with much enthusiasm. The note for their entry piece titled 'Making of India' said:

'Through our wall painting 'Making of India' we explore the theme of 'India after Mahatma' which echoes his continued presence in the 21st century. In this collage, we explore the much less represented aspect of what Gandhi called 'Economy of Nature', -- a journey towards a holistic development keeping in mind peace and environment for a sustainable development. The Making of India is conceptualized as a walk with Gandhi's thoughts inspiring us. Thus we seek to link the past heritage with the present and the future wherein technological advancement is sought to be synergized with the natural built ecology in a harmonious balance that Gandhiji struggled for and promoted.

The painting was much appreciated by the onlookers and students. Of a total of 28 teams that participated ours made it to the shortlist with a consolation prize which is quite an achievement for a nascent society that is just beginning to grow its wings.

### **Report on Dr Bonnie Zare's Special Lecture and Workshop**

On 15th January 2019 the department of English hosted a special lecture on Toni Morrison, the much acclaimed American novelist whose powerful writings on slavery, gender and race have been a source of hope and courage for many across the world. The event was jointly held by the English department and the Gender Sensitizing Committee of Aryabhatta College in collaboration with Virginia Tech (USA).

The special lecture and 'Bringing in the Bystander' workshop- a program for prevention of sexual and gender violence was conducted by Dr Bonnie Zare and her excellent team of students from Virginia Tech who graciously accepted the invitation extended by Binoy Bhushan Agarwal to visit Aryabhatta College for an international collaboration. A first of its kind, this initiative is conceived of as special lecture series by distinguished international faculty members from across the world to engage and collaborate on interdisciplinary and inter-departmental levels to promote scholastic exchange and learn from the best academic practices. In his opening remarks, the Principal of the College, Dr Manoj Sinha, pointing to its rich potential said, 'special lectures like these would enrich our understanding by virtue of having multiple perspectives on issues concerned by academics from universities across the world'.

Dr Zare is an Associate Professor of Women's and Gender Studies at Virginia Tech. Her research focuses on discourse of identity, feminism and activism in contemporary India and in South Asian women's fiction. Her articles have appeared in Women's Studies International Forum, International Journal of Cultural Studies and the Journal of Commonwealth Literature among others. In 2008, she founded the Keep Girls in School Project which helps support low-income girls in Telangana and Andhra Pradesh. Her lecture for the day was titled 'Bodies in *Beloved*: Eroding White Supremacy through Embodied Knowledge'. In this she was joined by Hayley Oliver who also presented a paper on 'Ownership, Personhood and Love: an Analysis of Toni Morrison's *Beloved*'.

Under Dr Zare's supervision, the team members namely Alana Calhoun, Eryn Peters, Hayley Oliver, Ashley Mattson, Payton Johnson, Jordan Faulkner, Kelsey McGregor and Rebecca Sutton conducted the workshop on bystander intervention program to prevent gender and sexual violence. The Aryabhatta student team led by Dr B. Mangalam also put up a striking performance that portrayed different shades of gender based violence both in domestic and public spaces which was much appreciated by the audience including the American guests.

Overall, the lecture and the workshop witnessed full participation and much appreciation from students and faculty alike. Taking cue from its remarkable success, effort is on to host more international guests for special lectures in the days to come.

Binoy Bhushan Agarwal

Assistant Professor (English), Special Lecture Coordinator



## A Report on a Creative Writing Workshop

Under the aegis of the Nibs & Brushes, the creative wing of Aryabhatta College, a Creative Writing Workshop was organized for the students with the twin aim of nurturing their creative talent as well for their academic benefit who incidentally also have a paper on Creative Writing as part of their Skill Enhancement Course. The workshop was conducted by an award winning author and a poet Janice Pariat, in the seminar room on 29th March 2019.

Janice Pariat is an alumnae of St. Stephen's College and School of Oriental and African Studies, London. She also teaches Creative Writing and History of Art at the Ashoka University.

Among other awards and recognition for her literary works, she has won the 2013 Sahitya Akademi Young Writer Award for a work in English and the 2013 Crossword Book Award for her book work Boats on Land. Her works have also been shortlisted and long listed for numerous other prestigious awards including The Hindu Literary Prize and the Shakti Bhatt First Book Prize and Tata Literature Live. Her other works include Sea Horse: a novel, The Nine-Chambered Heart, and collections of poetry namely The Yellow Nib Modern English Poetry and Kavi Kala: The Visual Poetry Project.

Attended by students from across disciplines, the workshop began with Pariat shedding light on the creative processes involved in fiction writing. As part of the workshop, students were exposed to reading and writing strategies focusing on how to read like a writer, and the importance of careful poetic choices and literary constructions and such. The aim being to allow them to explore their own imaginative potential and literary flair for creative writing. The students responded well by actively participating in the activities. The session also had discussions on other facets of writing, publishing and the future of creative writing in the present age of digital media and artificial intelligence- all of which made the whole experience an enriching one. The invigorating workshop continued with the author being trailed for more answers and deliberations even after the workshop had technically ended with inquisitive participants following her down the staircase and along the beautiful corridors painted in Madhubani style thus making it both a fulfilling and a rewarding day.



Convenor: Binoy Bhushan Agarwal



*Nibs & Brushes*, the creative writing & arts society had an unusual year, stymied as it felt, due to the pandemic. But like all arts, it managed to capture the enveloping ethos even in its brevity. While the society missed out on the excitement of collective projects as undertaken in the past which would be palpable in the frenzy that the team members carried with themselves in the physical environs of the College and which echoed through the corridors and across the halls and the classrooms, its artist members, nonetheless, continued to express themselves through their writings and art. Though the usual decking up of college during festivals was sorely missed, the artist members continued to meet in the virtual world where they held poetry and storytelling sessions to give shape to the new kind of emotions that they were experiencing in and around themselves in the wake of the COVID-19 pandemic and the consequent lockdown and the sobering effects of the virtual classroom experiences. As the painter and sketch artists continued with their solitary artistic pursuits within the confines of their home, the wordsmiths continued to forge in the imaginative and literary spaces like true wordsmiths are wont to even as the world around them was mutating like the much dreaded coronavirus.

## Picwic, the photography society

### Reports of Academic Year 2020-21



#### PicWic

(The Photography Society)

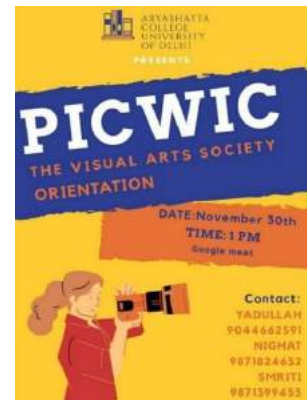
2020-2021

#### In-house activities

##### **Orientation + Training Session:**

PicWic hosted its pre-recruitment orientation on 30th November, as part of Roobaroo 20.

The event consisted of the team's introduction, a brief insight into society's functioning and its departments, and a word from our alumni. Followed by a Q&A session with the participants. The training session involved tech tips about the basics of Adobe Lightroom as well as focused on clearing certain myths about photography in general.



##### **Recruitment:**

The recruitment procedure started on 29th December 2020 and was extended till 11th January 2021. The team received 22 applications, out of which 10 candidates were selected as junior members.

##### **Photowalks 2020:**

Keeping in mind the safety of the team members and the rate at which the pandemic grew, it was unanimously decided by the core team to avoid hosting any photo walks for this academic year.

##### Competitions

##### - **Snapshots JMC (Camaraderie)**

The PicWic team participated in Camaraderie '21 hosted by Jesus and Mary's Photography society, Snapshots, on 26-28th Feb '21.

They had four events, two out of which the team took part in Memography and Cutback JPEG. In Memography, the participants had to replicate the images rendered by the hosts. In Cutback JPEG,





the participants were required to omit two colors (red and white in their case) from the photos they clicked.

**Other Achievements:**

Delhi University Photographer s Club (DUPC) Our president, Yadullah, was elected as the Technical and Business development Head at DUPC which includes the finest photographers from multiple colleges across the University of Delhi.

**Convener: Binoy Bhushan Agarwal**



**Picwic, the photography society**

**Reports of Academic Year 2018-2019**

**SPECTRUM 2019**

**20th-21st Feb 2019**

Picwic- The Photography Society of Aryabhata college, as a part of the Annual fest of the society, organized various events. A photo exhibition was displayed in the college on 20th February, 19. The members of the society displayed their mesmerizing work on the topic nature and perspective. This was followed by On the Spot Photography Competition conducted on 21st February, 19 on the topic of Architecture and Perspective covering within the college premises. Students from various colleges of Delhi University and IP University and even Amity University took part in the competition.

An Online photography competition on the topic Monochrome was also held. Many participants sent their entries for the competition.

## **Picwic, the photography society**

### **Reports of Academic Year 2017-18**

#### **Auditions for Picwic**

7th, 8th and 11th Sept

Students were two rounds to qualify

- Best shots submission online (no theme)
- On the spot photos (THEME: perspective and motion)

Covered event on **External Affairs conducted by English Dept** in seminar room dated 17 Sept 2018

Orientation for new picwic members on 14 Sept 2018 in new building

Picwic Organised a **street photography Photowalk** at Lodhi Garden on 21 Sept 2018. Many photographers from different college participated in photowalk along with new recruits of aryabhata . Photographers ever told to capture photos on the theme : Perspective, Bokeh and shadow.

Picwic photographers participated in **photowalk conducted by DUPC** on 22 sept 2018 at Chittaranjan Park on the them :ART

Meeting on 24 sept 2018 for **teaching photography** to new recruits and for coordinating the sports event

Covered **sports event** on 25 sept 2018 near old building

Coordination meeting on 26 sept for event of **CDF Aryabhata**

Covered **CDF event on SWACHH BHARAT** on 28 sept and 1 oct 2018

Collabarated **with Hansraj college** for photo session on 5 th october 2018

Attended **photography workshop by NIMIT NIGAM** at Miranda House on 6th oct 2018

Participated in the online photography competition of ENGIFES by DTU college  
Students submitted the pictures online on the Topic: SADDI DILLI on 7 oct 2018

Volunteered at Pearl Academy on the theme : WATER BLUES on 11 oct 2018

Picwic Organised Photowalk at Zoo on 13 oct 2018.

Photographers from DUPC participated in photowalk along with PICWIC PHOTOGRAPHERS THEME: motion, still, composition and shutter speed.

#### PICWIC: 1st Annual Photography Festival

Picwic, the Photography Society of Aryabhata College hosted its 1st Annual Photography Festival coinciding with the College festival on 29-30 March 2017. The theme for the inaugural photo fest was SPECTRUM keeping in mind the celebration of diversity of thoughts, images and living patterns spread across the country and beyond that our young aspiring photographers forever attempt to capture on their camera lens.

As part of the festival, it hosted a variety of events, competitions and a large exhibition of photographs taken by student members of the college. The exhibition titled *Abhivyakt*, a first of its kind garnered much appreciation from students and teachers alike from both within and outside college. In so far other activities are concerned the festival witnessed a huge turnout of student participants from various colleges across Delhi.



Briefly put, the overall response toward the photography fest has been overwhelmingly encouraging given its tentative beginnings and recent restructuring.